Departmental Annual Report - 3

Departmental Activities: Curriculum and Beyond

Department: Sociology

Academic Year: 2022-2023 (1 July 2022 - 30 June 2023)

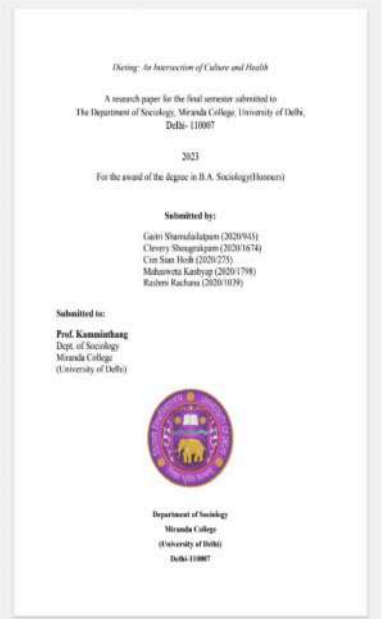
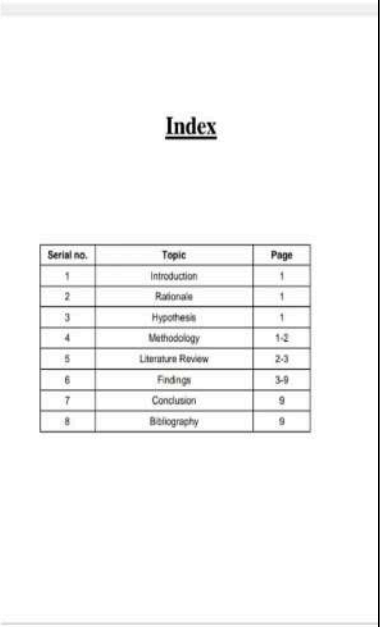
Part A.1

Students undertaking project work/ field work/ internship as part of experiential learning component of coursework

Programme: B. A. (Hons.) Sociology
Semester: V and VI
Course: (1) Environmental Sociology (UPC: 12307903), Semester V, July-November 2022
(2) Sociology of Health and Medicine (UPC: 12307905), Semester VI, January-May 2023
Course Code: 530

S. No	Name of the Student	Project Title	Supervised by	Relevant Documentation
1	1) Kamalkoli Majumdar (2020/445) 2) Shraddha Sadana (2020/1045) 3) Taarini Manchanda (2020/900)	Analyzing the Impact of Water Pollution on Women's Access to Clean Water on the Banks of Yamuna, Delhi	Dr. M. Kamminthang	B. A (Hons.) Sociology, Environmental Sociology Analyzing the Impact of Water Pollution on Women's Access to Clean Water on the Banks of Yamuna, Delhi Kamalkoli Majumdar, Shraddha Sadana, and Taarini Manchanda Department of Sociology, Miranda House College, at the University of Delhi Environmental Sociology November 14, 2022 Abstract Contents

2	1) Ankita Kumari (2020/856) 2) Aparna S. Rajiv (2020/1772) 3) Sakshi Singh (2020/994) 4) Sunfiya Mol (2020/223)	Impact of Social Media on Female Body Image	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine **Impact of Social Media on Female Body Image** ***Project Report*** By **Ankita Kumari (2020/856)** **Aparna S. Rajiv(2020/1772)** **Sakshi Singh(2020/994)** **Sunfiya Mol(2020/223)** **1. Introduction** In the 21st century , where the world has become one- dimensional according to Herbert Marcuse there is a suspension of all other alternatives. Technology has emerged as the main dominant force. However, the impact of technology is not the same on all the genders. New forms of control are becoming visible in the form of social media that people use. As pointed by various researchers and scholars that the social media impacted female body image in a big way unlike all other genders. Technology has become a new normal that is further creating social divisions in the form of social media. We referred to two most important theorist's work, George Herbert Mead and Charles Horton Cooley. According to Mead's work of *Self, Mind and Society*, Self is always constructed in relation to others. The concept of "Generalised Others" when we act on the basis of what others will think about us. Its so true in the context of social media. Charles Horton Cooley's theory is very much related in the context of social media. According to sociologist Charles Horton Cooley, individuals develop their concept of self by observing how they are perceived by others, a concept Cooley coined as the "looking-glass self." The looking-glass self describes the process where individuals base their sense of self on how they believe others view them by Using social interaction as a type of "mirror". His theory is notable because it suggests that self-concept is built not in solitude, but rather within social settings. In this way, society and individuals are not separate, but rather two complementary aspects of the same phenomenon., the process of discovering the looking-glass self occurs in three steps: 1.An individual in a social situation imagines how they appear to others. 2.That individual imagines others' judgement of their appearance. 3.The individual develops feelings about and responds to those perceived judgments. Social Media has brought with it the concept of the "cyber" self, Mary Aiken explains. The Cyber Self is the version of themselves a person chooses to present on a digital platform. A person can possess many versions of the cyber self for example; he or she may present a professional self on Linked In, a casual self on Twitter, or an artistic self on pinterest. The cyber self also continues to exist in social spaces even when people are not interacting within those environments in real time. In this way social media users are never fully removed from exposure to judgement and criticism. And unlike the actual self, the cyber self is more malleable when it comes to being shaped, updated and perfected. This compelled youngsters to spend more time on social media and it also compels them to internalise the many aspects of what others think about their body image. We look forward to represent and identify this in the research. **2.Rationale** 21st century is the era of social media dominance; the lives of netizens have witnessed enormous influence of social media that is endlessly growing. Considering this, we are focusing on the impact it leaves on female bodies. In the history of Sexuality, Foucault stated that the body has become a tool of controlling our movements, communication and bodily search. In this context we ing to navigate how social media impose the image of "ideal" be 1. **3.Hypothesis** media alters the self-perception on bodily image of women. media affects women's beauty standards. media affects women's self esteem.

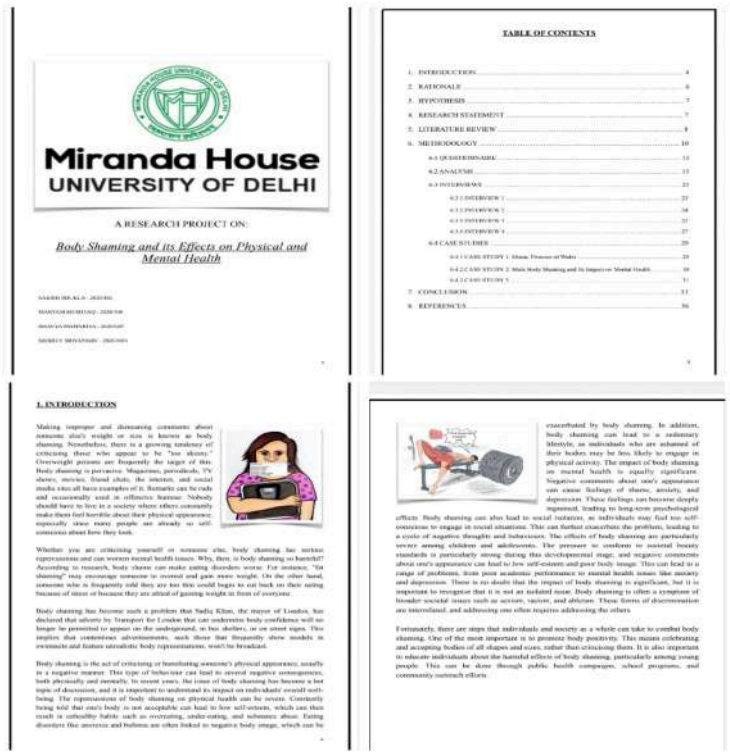
3	1) Gaitri Shamulailatpam (2020/945) 2) Clevery Shougrakpam (2020/1674) 3) Ciin Sian Hoih (2020/275) 4) Mahasweta Kashyap (2020/1798) 5) Rashmi Rachana (2020/1039)	Dieting: An Intersection of Culture and Health	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine  *Dieting: An Intersection of Culture and Health* A research paper for the final semester submitted to The Department of Sociology, Miranda College, University of Delhi, Delhi- 110007 2023 For the award of the degree in B.A. Sociology(Honours) **Submitted by:** Gaitri Shamulailatpam (2020/945) Clevery Shougrakpam (2020/1674) Ciin Sian Hoih (2020/275) Mahasweta Kashyap (2020/1798) Rashmi Rachana (2020/1039) **Submitted to:** **Prof. Kammiinthang** Dept. of Sociology Miranda College (University of Delhi) **Department of Sociology** **Miranda College** **(University of Delhi)** **Delhi-110007**  **Index** Serial no. | Topic | Page 1 | Introduction | 1 2 | Rationale | 1 3 | Hypothesis | 1 4 | Methodology | 1-2 5 | Literature Review | 2-3 6 | Findings | 3-9 7 | Conclusion | 9 8 | Bibliography | 9 **Introduction:** Diet culture refers to a system of beliefs which controls the body by limiting what and how much you eat without considering physical, psychological and general well-being. It is the purpose of this research to set out to understand the intersection between cultural norms and health. Past research done on eating disorders is mainly conducted among demographics unrelated to the Indian context. It is the objective of this study to show the relevance of such research in India. Here, cultural norms refer to commonly accepted practices promoting thinness as the ideal. Our hypothesis forms through this foundation which then builds on the increase in eating disorders among Indian youth. We tested our hypothesis based on qualitative and quantitative data in which interviews and questionnaires were conducted along with a literature review. Through the evaluation of collected data, we establish that perceptions regarding the intersection between culture and health widely differed. This does not discount the number of participants who agreed that societal standards are ever present in influencing our body image. **Rationale:** Diet culture is a belief system in which thinness is accepted as the ideal body form, and dietary practices are actively encouraged to achieve this ideal body form. This commonly results in harmful practices known as eating disorders. Eating disorders, particularly bulimia nervosa and binge eating disorder, have seen an increase among Indian youth. Due to the lack of research in this area, the need for this research is to explore the reasons which influence the rise in eating disorders. Figuring out the common perceptions regarding diet culture would implement knowledge to provide a solution to this increasing trend and possibly improve health among the Indians. **Hypothesis/Statement of the problem:** Diet culture is deeply embedded in Indian society and subsequently causes eating disorders. Eating disorders pose a significant threat to public health. The rate of eating disorders increases due to the accepted cultural norms regarding thinness. **Methodology:** 1 Thesis statement: Diet culture is deeply embedded within Indian society. This subsequently causes eating disorders. Methodological approach: This research uses a blended qualitative and quantitative approach to collect data. The qualitative approach was chosen since the thesis required an evaluation of respondents' views and shared understanding of the particular issue. Here, data collection is conducted through interviews and questionnaires. Interviews were recorded among twenty respondents chosen within Delhi University North Campus, primarily in Vijay Nagar and also through phone interviews. A Questionnaire consisting of sixteen questions was circulated in google forms. A total of seventy responses have been recorded and evaluated. The quantitative approach included a literature review titled 'Eating Disorders: An Overview of Indian Research' by Swapnya Vaishanathan, Pooja Patnaik Koppili and Vikas Menon, published by the Indian Journal of Psychological Medicine in 2019. This was accessed through the National Center for Biotechnology Information website. A total of seventy respondents filled in the questionnaire posted on the 21st of March 2023, which was closed on the 24th of March 2023. The responses were closed after a day since seventy was the target necessary to evaluate variables. The questions were chosen based on qualities, excluding identifiable keywords about 'diet culture' such as diet, BMI, and eating disorders. We considered generally understood questions as it is seen that questionnaires with loaded questions lead to the participant quitting the questionnaire mid-way. We saw that seventy responses produced a clear-cut view of the accepted understanding of people. Twenty interviews, ten men and ten women are a relatively adequate number by qualitative research experts. The process of finding participants was to include ten random men and ten random women. Accordingly, two men were interviewed in Children's Park, Vijay Nagar and four women at a PG near the park. Two women in a pg in Kamla Nagar were also interviewed along with two other women in a pg situated in G.T.B. Data was also collected from two women via phone interview recorded in writing. Additionally, eight men were interviewed over the phone and recorded in writing. **Literature Review :** 2

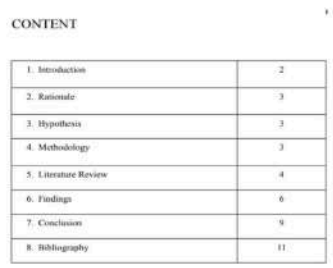
4	1) Akansha Kumari (2020/1072) 2) Ananya Shree (2020/765) 3) Pooja Gireesh (2020/1730) 4) Lakshita Saini (2020/277) 5) Chandni Kumari (2020/1480)	Health Related Challenges Faced by Garbage Collectors in Delhi	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine HEALTH RELATED CHALLENGES FACED BY GARBAGE COLLECTORS IN DELHI CONTENTS 1. INTRODUCTION 2. RATIONALE 3. STATEMENT OF THE PROBLEM 4. METHODOLOGY 5. LITERATURE REVIEW 6. FINDINGS 7. DATA ANALYSIS 8. RECOMMENDATIONS 9. LIMITATION OF THE RESEARCH STUDY 10. CONCLUSION 11. BIBLIOGRAPHY ACKNOWLEDGEMENT INTRODUCTION
5	1) Gopika (2020/1215) 2) Hrishita Chatterjee (2020/1058) 3) Geethanjali (2020/12) 4) Ritika (2020/1211) 5) Gowri Gokul (2020/136)	Developmental Impacts of PTSD and Depression in School Children During the COVID-19 Pandemic	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine DEVELOPMENTAL IMPACTS OF PTSD & DEPRESSION IN SCHOOL CHILDREN DURING THE COVID-19 PANDEMIC Introduction Rationale Hypothesis Methodology Literature Review Findings

6	1) Jyoti Patel (2020/1416)	Popular Perceptions of Informal Allopathic Practitioners in Rural India	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine
7	1) Kalsang Wangmo (2020/1558)	Impact of Social Media Trends on the Behaviour Pattern of Youths	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine

8	1) Gaytri Rai (2020/1838) 2) Kamalkoli Majumdar (2020/445) 3) Shraddha Sadana (2020/1045) 4) Taarini Manchanda (2020/900) 5) Taitreyi Biswas (2020/524)	Role of Community Health Workers in Transforming Healthcare Services in Low-Resource Areas: A Case Study of Dhaka Village, Delhi	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine
9	1) Kumari Shweta Shankar (2020/1565) 2) Saji Dutta Sharma (2020/511) 3) Saloni Kumari (2020/738) 4) Shilpika Sharma (2020/1295) 5) Varsha Shrivastav (2020/151)	Albinism and Mental Well Being: Investigating the Impact of Social Stigma Through a Case Study Analysis	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine

10	1) Medhanipeta Sowmya (2020/971)	Public Health	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine
11	1) Rinjini Majumder (2020/1010)	(Legal) Battles of Terminologies and Diagnostic Categories: A Case of Trans Medicalisation and Clinical Management of Gender Dysphoria and its Implications for Legal Control Over Gender-Nonconforming Bodies in India	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine

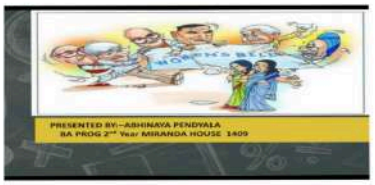
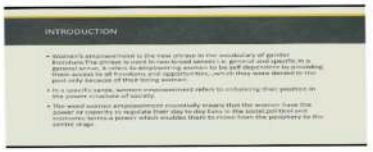
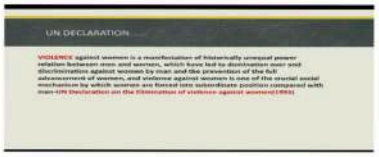
12	1) Sakshi Shukla (2020/462) 2) Maryam Mushtaq (2020/408) 3) Bhavya Pathariya (2020/620) 4) Shrishty Sriyanshu (2020/1691)	Body Shaming and Its Effects on Physical and Mental Health	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine  Miranda House UNIVERSITY OF DELHI A RESEARCH PROJECT ON: Body Shaming and its Effects on Physical and Mental Health TABLE OF CONTENTS 1. INTRODUCTION
13	1) Sanjana Lakandri (2020/1693) 2) Yangchen Tamang (2020/564)	Relationship Between Mental Health and Physical Health	Dr. M. Kammi nthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine Mental health and physical health are closely interconnected and have a significant impact on an individual's overall well-being. Mental health is defined as a state of well-being in which an individual can cope with the normal stresses of life, work productively, and contribute to their community. On the other hand, physical health refers to the state of an individual's body and the absence of disease or injury. Research has shown that mental and physical health are closely intertwined, and each can have a significant impact on the other. Poor mental health can lead to physical health problems, and conversely, physical health problems can contribute to poor mental health. It is important to understand the relationship between mental and physical health, as this can inform interventions and treatments that can improve an individual's overall well-being. The relationship between mental and physical health is a complex one, with multiple factors at play. One major factor is stress, which can have negative effects on both mental and physical health. Chronic stress can lead to increased levels of cortisol, a hormone that can contribute to a range of health problems, including cardiovascular disease and immune dysfunction. Additionally, stress can exacerbate mental health conditions, such as anxiety and depression, and can contribute to the development of other mental health disorders. Another factor that contributes to the relationship between mental and physical health is lifestyle behaviors. Poor lifestyle choices, such as lack of exercise, poor diet, and substance abuse, can contribute to both physical and mental health problems. For example, a lack of physical activity can increase the risk of obesity, diabetes, and cardiovascular disease, which can also have negative effects on mental health. Substance abuse can also have a negative impact on both physical and mental health, leading to addiction, organ damage, and mental health disorders such as depression and anxiety. Furthermore, certain physical health conditions can contribute to poor mental health. Chronic pain, for example, can be debilitating and can lead to depression and anxiety. Similarly, chronic illnesses such as cancer or autoimmune diseases can be emotionally and mentally taxing, leading to decreased quality of life and increased risk of mental health problems. Conversely, mental health problems can also contribute to physical health problems. Depression, for example, has been linked to increased risk of cardiovascular disease, diabetes, and stroke. This is thought to be due in part to the physiological changes that occur in the body when someone is depressed, including increased inflammation and altered immune function. It is also important to note that the relationship between mental and physical health can be bidirectional. For example, a physical health condition such as cancer can lead to significant emotional distress, which can then exacerbate physical symptoms and impair overall functioning. Additionally, mental health conditions such as anxiety and depression can lead to behaviors that negatively impact physical health, such as avoiding exercise or engaging in substance abuse. The interconnectedness of mental and physical health has important implications for interventions and treatments aimed at improving overall well-being. Addressing mental health concerns can lead to improvements in physical health outcomes, and vice versa. For example, exercise has been shown to have positive effects on both physical and mental health, and cognitive behavioral therapy has been shown to be effective in treating both anxiety and physical health conditions such as chronic pain. Overall, the relationship between mental and physical health is complex and multifaceted, with multiple factors contributing to the link between the two. Understanding this relationship is crucial for developing effective interventions and treatments that can improve overall well-being and quality of life. Limitations of this study include the use of convenience sampling, which may limit the generalizability of the findings, and the reliance on self-reported data, which may be subject to response bias. The proposed methodology provides a framework for investigating the relationship between mental health and physical health-related quality of life in adults. The study design, sample size, data collection method, and analysis techniques are appropriate for the research question and feasible within the limitations of available resources. The findings of this study could have important implications for understanding the relationship between mental and physical health and informing interventions to improve health outcomes in adults.

14	1) Sanjita Singha (2020/1724) 2) Shivani Grover (2020/1191) 3) Ankita Tekur (2020/1418) 4) Shambhavi Dwivedi (2020/474)	Healthcare Accessibility Among Street Vendors of Delhi	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine Miranda House University of Delhi Sociology of Health and Medicine Research Project Healthcare Accessibility among Street Vendors of Delhi Sanjita Singha (2020/1724) Shivani Grover (2020/1191) Ankita Tekur (2020/1418) Shambhavi Dwivedi (2020/474)  CONTENT 1. Introduction 2 2. Rationale 3 3. Hypothesis 3 4. Methodology 3 5. Literature Review 4 6. Findings 6 7. Conclusion 9 8. Bibliography 11 INTRODUCTION STATEMENT OF PURPOSE HYPOTHESIS METHODOLOGY
15	1) Sarika Gahlaut (2020/902)	Voluntary Childlessness	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine Sarika Gahlaut 2020/902 Professor M. Kamminthang Sociology of Health and Medicine 27 March 2023 VOLUNTARY CHILDLESSNESS INTRODUCTION LITERATURE REVIEW METHODOLOGY

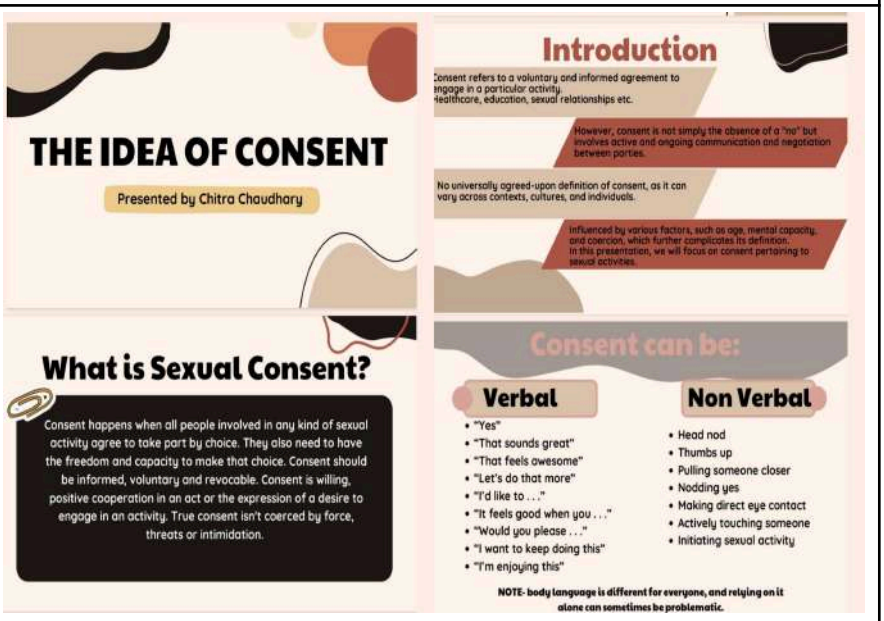
16	1) Enakshi Sen (2020/510) 2) Medha Himanshu (2020/1516) 3) Anchal Rani (2020/788) 4) Shreya Nag (2020/501) 5) Sneha Saikia (2020/1197)	Understanding Sick Role: Its Manifestations in the Social Role Sets of Individuals	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine **INDEX** **INTRODUCTION** **Criticism of sick role Theory** **The Sick Role's Rights and Responsibilities**
17	1) Tage Kadher (2020/109)	Post-partum Depression in Indian Women	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine Tage Kadher 109/2020 Semester VI B.A Sociology (Hons.), Miranda House Delhi University Sociology of Health and Medicine (DSE) Professor M. Kamminthang **Post-partum Depression in Indian women** **INTRODUCTION** Excitement, delight, dread, and other strong emotions can all be sparked by the birth of a child. Yet it may also lead to 'depression', which one would not expect. Post-natal depression (PPD) or also commonly known as post-partum depression is a type of mood disorder that is associated with child birth and which can affect both sexes. Although the precise origin of post-partum depression is unknown, it is thought that a mix of physical, emotional, genetic, and social factors are to blame. They may include elements like hormone adjustments and lack of sleep. Post-partum psychiatric disorder can be categorized into three different types – Postpartum blues; postpartum psychosis and postpartum depression. Post-partum blues, also commonly known as baby blues or maternity blues is a very common and mostly a short lived condition that begins right after the birth of a child and poses a lot of various symptoms such as irritability, mood swings anc tearfulness. After giving birth, most new mothers endure postpartum "baby blues," which frequently include mood changes, crying bouts, anxiety, and trouble sleeping. The first two to three days after delivery are when baby blues often start, and they can linger for up to two weeks. Postpartum depression, on the other hand, is a more severe and pervasive type of depression that some new mothers endure. Because it can begin during pregnancy and persist after childbirth, it is also referred to as peri partum depression. Postpartum psychosis is a severe mental illness that can occasionally appear after delivery. Mothers may feel tremendous delight interspersed with depressive symptoms of mood. Postpartum blues can impact up to 85% of new moms, with symptoms beginning a few days after giving birth and lasting up to two weeks or more. The added stress of childbirth on the body, fatigue and sleep deprivation can make you feel overwhelmed, helpless and on edge all the time. The treatment usually just requires reassurance, adequate sleep and emotional support. Postpartum psychosis, which has a global prevalence, is a severe disorder that begins within four weeks post partum and requires hospitalization. Postpartum depression can start soon after childbirth or as a continuation of antenatal depression and needs to be treated. The global prevalence of postpartum depression has been estimated as 100–150 per 1000 births. According to a recent World Health Organization research, postpartum depression (PPD) affects around 22% of Indian women, and the nation needs more funding to develop its capacity for providing maternal health care (WHO). While the 'baby blues,' a mild form of melancholy, are prevalent in new mothers, post-partum depression requires medical attention and, if untreated, has a negative impact on a woman's capacity to care for both the infant and herself. Researchers and physicians conducted the thorough meta-analysis from the clinical assessments as part of the post-partum depression report that was submitted to the World Health Organization (WHO). When compared to children of moms who are not depressed, children of mothers with postpartum depression have more cognitive, behavioral, and interpersonal issues. Children of mothers with postpartum depression are more likely to be underweight, according to a meta-analysis conducted in underdeveloped nations. Also, moms who are sad are more likely to stop breastfeeding their children and to receive inappropriate medical treatment. While postpartum depression is a considerable health issue for many women, the disorder often remains undiagnosed and hence untreated. Even though India had launched a national mental health program in 1982, it still did not make maternal mental health an important part of the program. Health care institutions usually lack specialized maternal mental health treatments, and medical staff lacks mental health expertise. At outlying healthcare institutions, there are few or no mental health professionals to be found. However, no screening tool is presently approved for use in clinical practice, and no statistics are routinely gathered on the percentage of perinatal women who experience postpartum depression. In India, where there is also very little knowledge about or care for persons with postnatal depression, there are no statistics on the prevalence of postpartum psychosis. Many women have been forced to cope with their mental health issues alone due to the stigma surrounding it and the lack of professional psychological care in the nation. **RATIONALE** Post-partum depression (PPD) or post-natal blues is a complex mix of physical, emotional and behavioral changes that happen in some women right after giving birth to a child. PDD is a cause of anxiety or concern because the mother can potentially harm herself or her own baby. Various studies have indicate that there is no single cause of PDD but many factors like genetics, physical and emotional environment and the changes in hormone balance right after giving birth might be one of the leading cause of PDD. The key aim of this research paper is to bring light into the reality of post-partum depression and how it is gravely affecting a lot of women in a place like India, where, perinatal mental health is still not considered to be prominent or a topic to discuss about. While there have been a lot of research papers or case studies about the negligence of post-partum depression still existing in today's world, more research integrating sociological perspectives or approaches is required to fully elucidate or understand the development of this disorder. **HYPOTHESIS** Perinatal or maternal mental health is a thing of concern in India with one out of every five mother suffering from the disorder. But in India, where mental health and going for a therapy session is still seen as a taboo, where there is also very little knowledge about or care for persons with postnatal depression, there are no statistics on the prevalence of postpartum psychosis. Many women have been forced to cope with their mental health issues alone due to the stigma surrounding it and the lack of professional psychological care in the nation. Many women still continue to suffer by themselves, when they should be getting a professional guidance, because of the stigma surrounding mental illness - "What will people think about me" or "What if people think I am a bad mother." **METHODOLOGY** Secondary sources have been used to research data on the common existence of Post-partum disorders in mothers in India. Secondary data is the research data that has previously been gathered and can be accessed by researchers. The term contrasts primary data, which is data collected directly from its source. The study was carried out by Ravi Prakash Upadhyay and colleagues from Vardhman Mahavir Medical College and Safdarjung Hospital in New Delhi, India, to evaluate the prevalence of postpartum depression in Indian women and to look into certain risk factors for the illness.

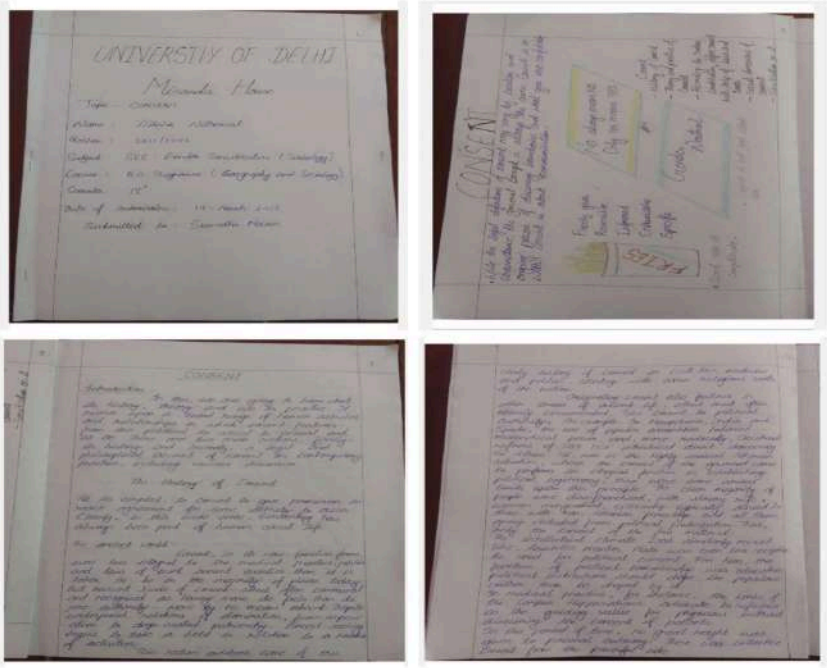
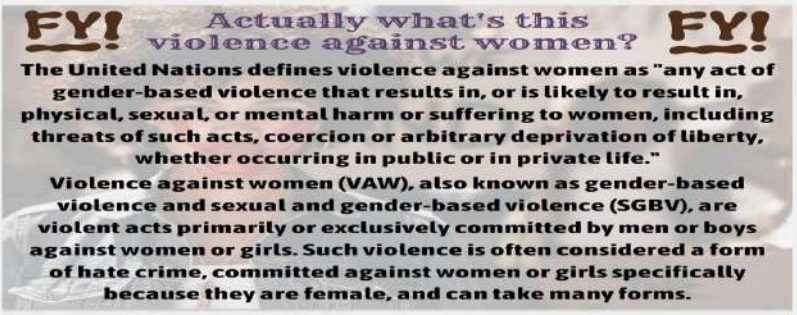
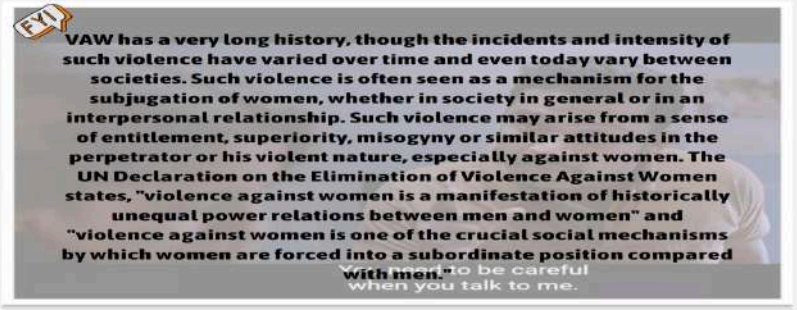
18	1) Khushi Yadav (2020/1610) 2) Latika Singh (2020/1617) 3) Prerna Singh (2020/1449) 4) Riya Burman (2020/1702) 5) Tannu (2020/1779)	Does Consciousness Towards One's Appearance Exponentially Increase the Use of Cosmetic Medicines	Dr. M. Kamminthang	B. A. (Hons.) Sociology, Sociology of Health and Medicine

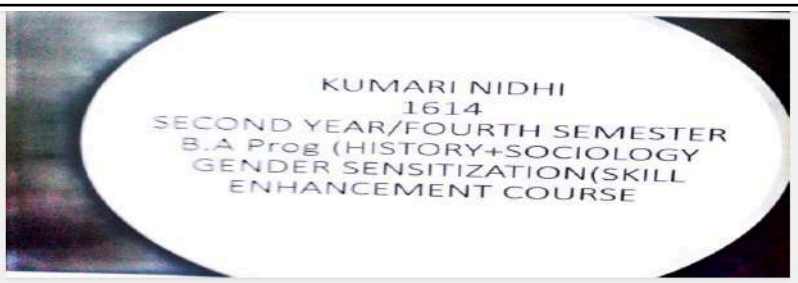
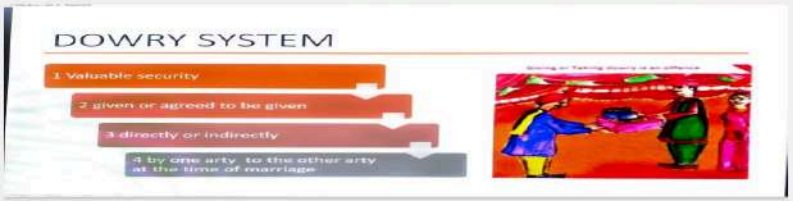
Programme: BA (Programme) Sociology
Semester: IV
Course: Gender Sensitization (UPC: 62303401), Semester IV, January-May 2023
Course Code: 501

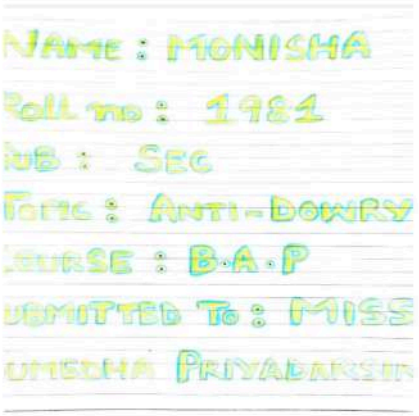
S.No	Name of the student	Title of the Project	Supervised by	Link
1	Abhinaya Pendayala (2021/1409)	Women's Bill	Ms.Sumedha Priyadarshini	   B. A. (Programme) Sociology

2	Ananya Srivastava (2021/1985)	Barbie v/s Superman	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

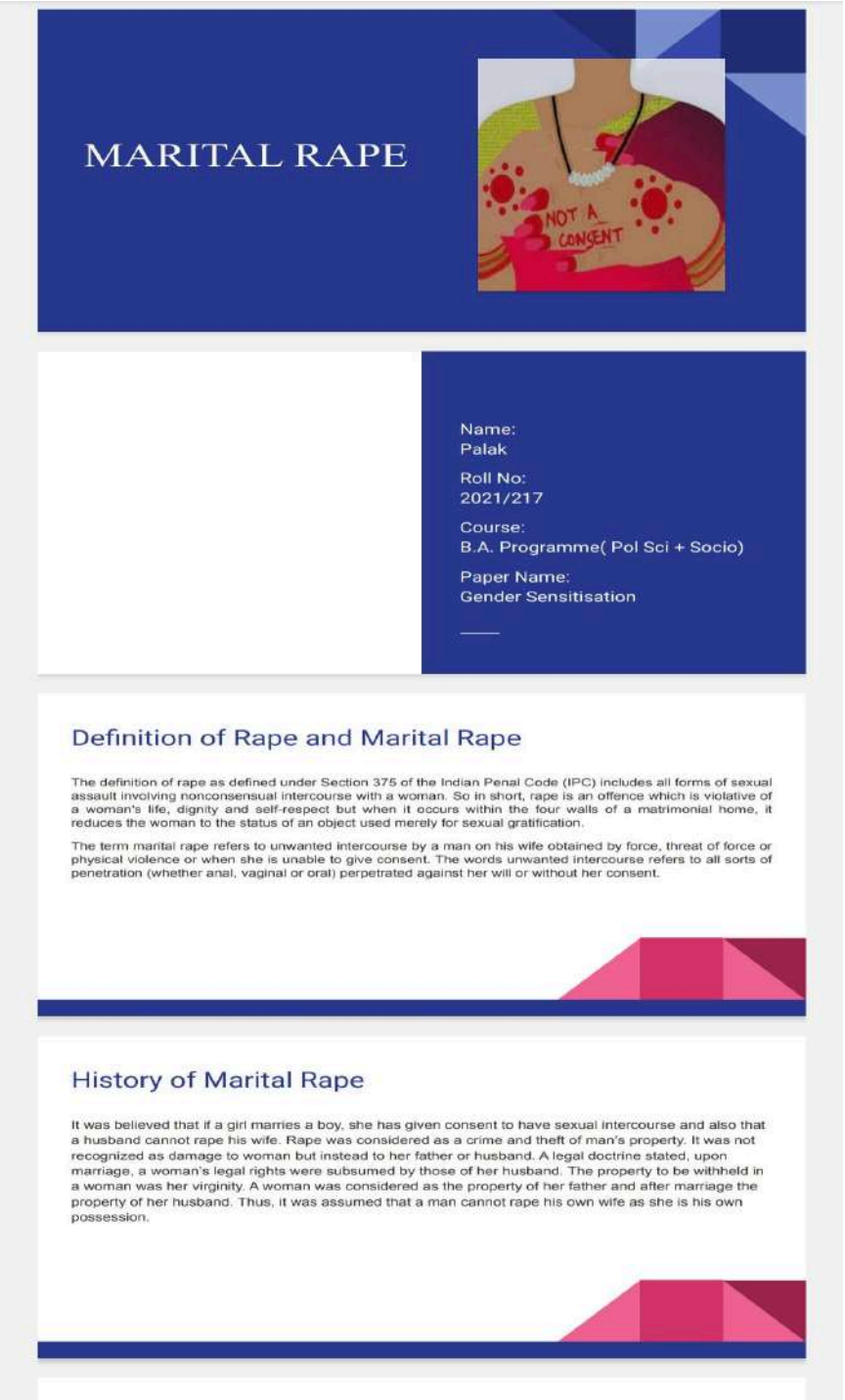
3	Anushree Oswal (2021/1391)	Violence against women	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology
4	Chitra Chaudhary (2021/444)	The idea of consent	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

5	Diksha (2021/1747)	“Consent”	Ms.Sumedha Priyadarshini	B. A. (Programme) Sociology 
6	E.G. Parvathy Antharjanam (2021/1137)	Violence against women	Ms.Sumedha Priyadarshini	   B. A. (Programme) Sociology

7	Kumari Nidhi (2021/1614)	The Dowry system: a Social Evil	Ms.Sumedha Priyadarshini	  B. A. (Programme) Sociology

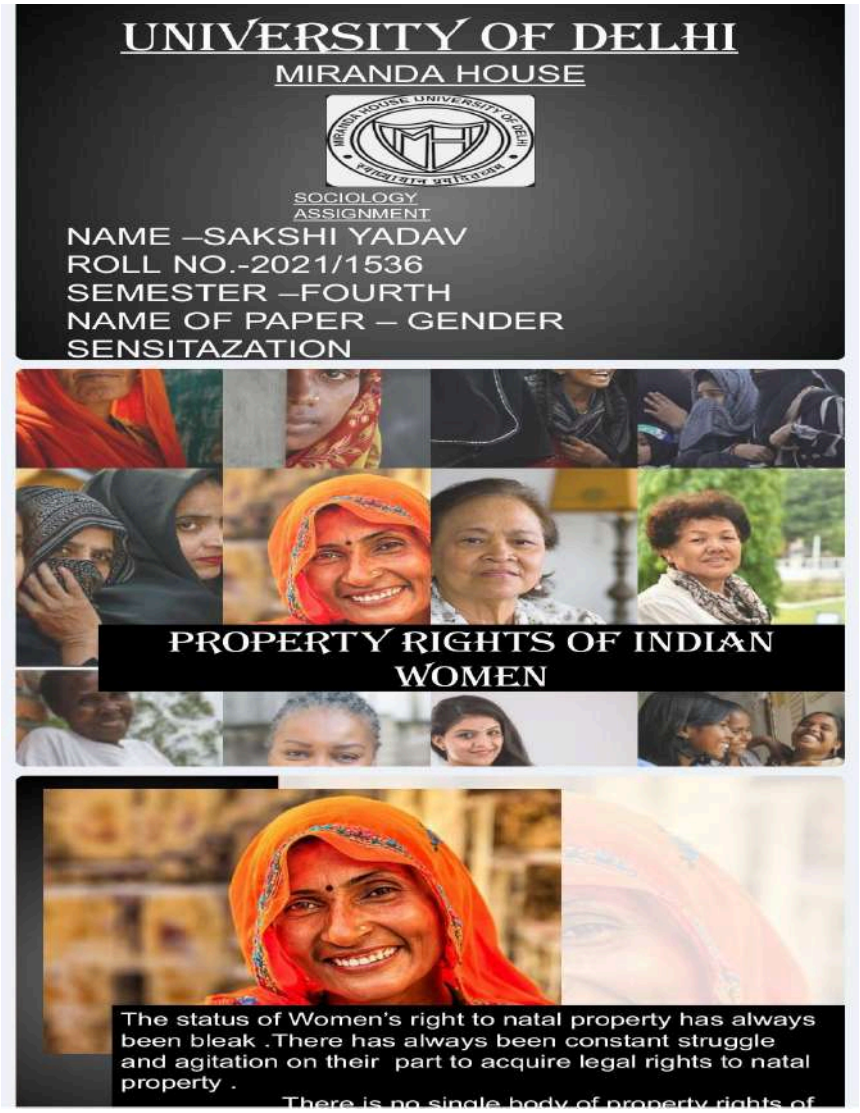
8	Monisha (2021/1981)	Anti Dowry	Ms.Sumedha Priyadarshini	 NAME : MONISHA Roll no : 1981 SUB : SEC TOPIC : ANTI-DOWRY COURSE : B.A.P SUBMITTED TO : MISS SUMEDHA PRIYADARSHI ANTI DOWRY Dowry system is prevalent in India since a very long time. Our ancestors started this system for valid reasons but now it is leading to issues and problems in society. Dowry system started even before the British period. In those days, society does not see to unlisted dowry as a "Money" or "Fee" you have to pay to the bride parents. The idea behind the dowry system was to make sure the bride will be financially stable after getting married. The intentions were very clear. Bride's parents used to give money, land, assets to the bride as a "gift" to make sure their daughter will be happy and independent after marriage. But when "British rule" came into the picture they restricted women to own any property. Women were not allowed to buy any property, land or assets. Hence, men started owning all "Gifts" given to the brides by her parents. This rule changed pure dowry system into a mess; now parents of the bride were looking at their brides as a source of income. parents started hating their daughter and wanted only sons. They started demanding money as a dowry. Women were suppressed since they did not have equal rights as men. And since men, grooms parents follow the rule to their advantage. In India everyone speaks and propagates for women's right and says 'Beti' Bachao Beti' padhao' but a girl even after achieving everything in her life; where stands taking care of her family but even then she can't escape the shackles of dowry. Sometimes because of dowry which is mostly prevalent among the below poverty line people. they kill their daughters after they are born or before their birth in the mother's womb itself. So that they can escape dowry. Since they know after growing up and educating her, they still need to give dowry in order to get her married. However one fails to understand that it is not a daughter's fault for which she is being wrongfully punished but the fault of the Society that allows such practices even after so many years of independence. [B. A. (Programme) Sociology](#)

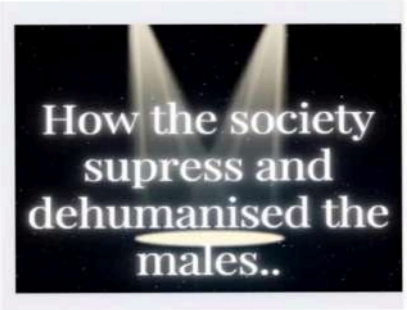
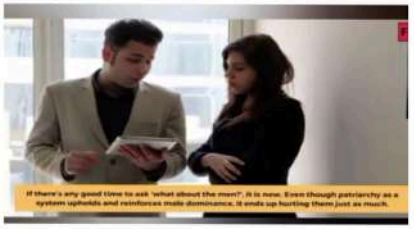
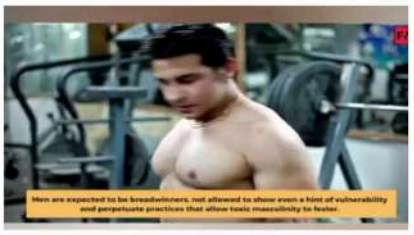
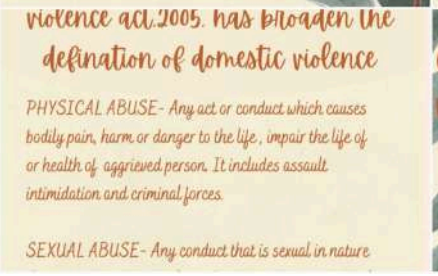
9	Nishtha Kaushik (2021/1388)	The SCARF: MOVIE	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

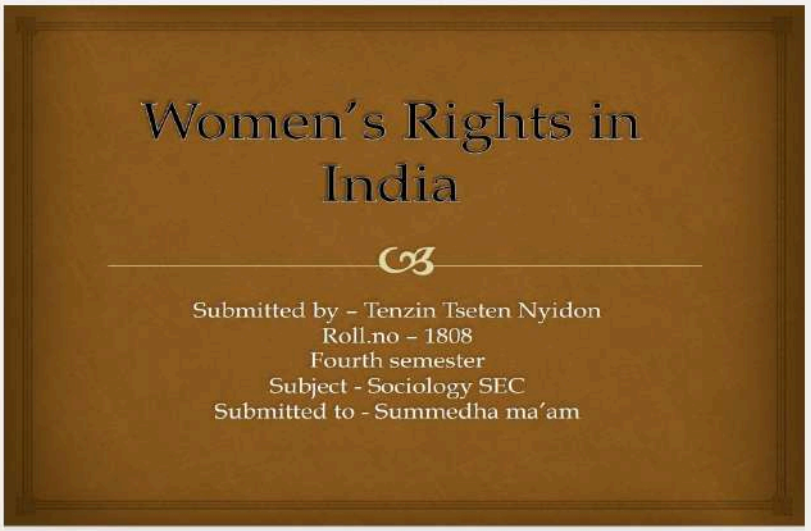
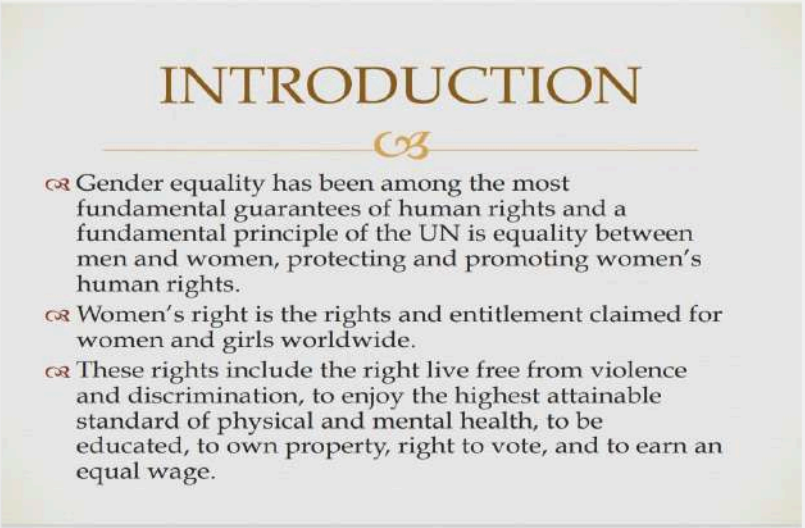
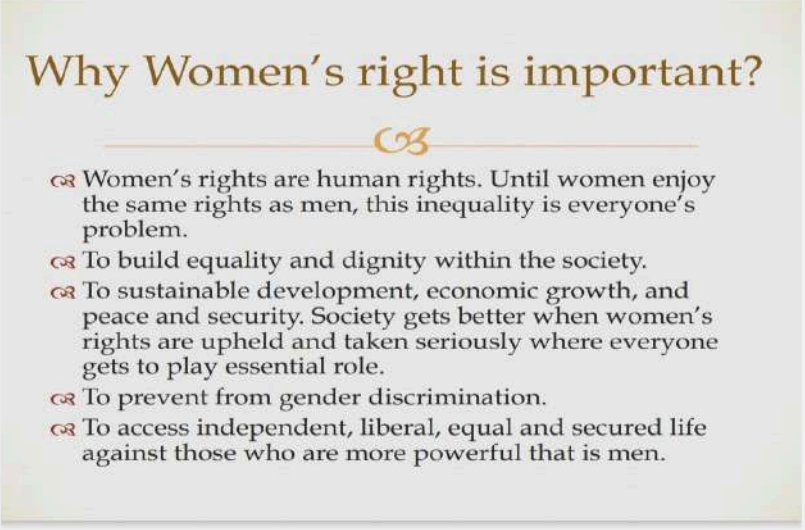
10	Palak (2021/217)	Marital Rape	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

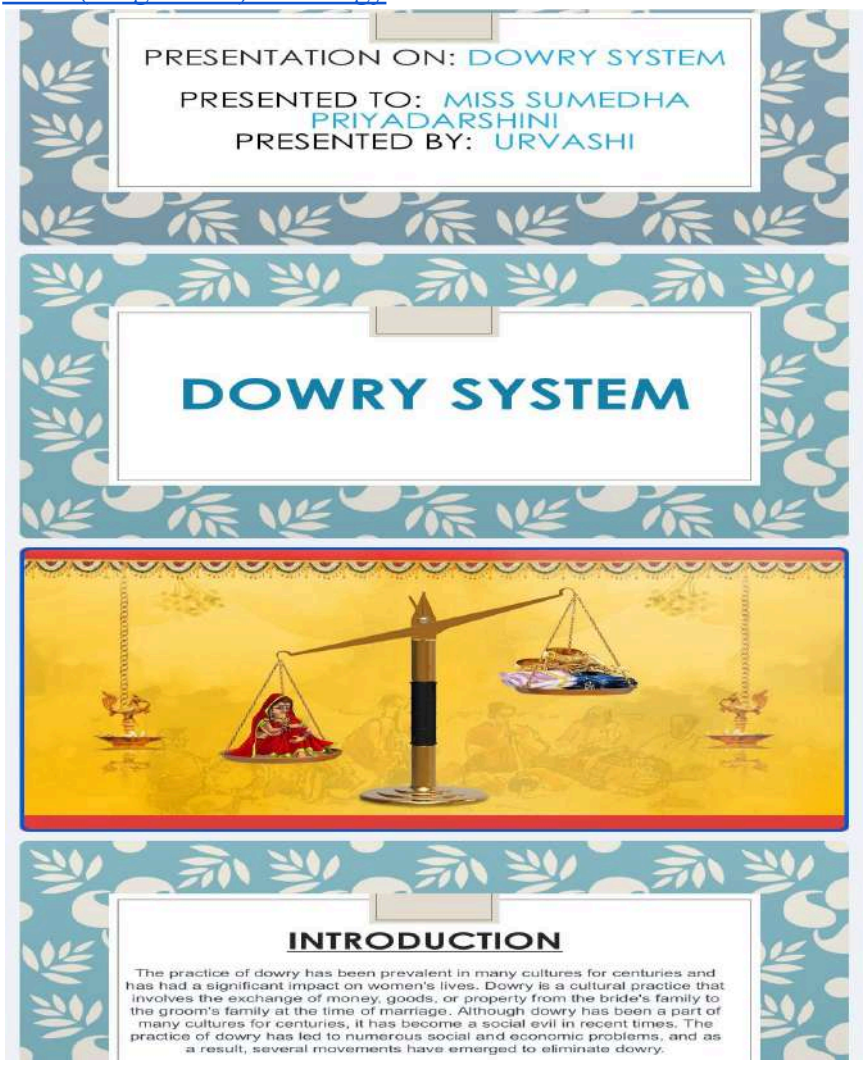
11	Pema Choedon (2021/1809)	Abortion Laws	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

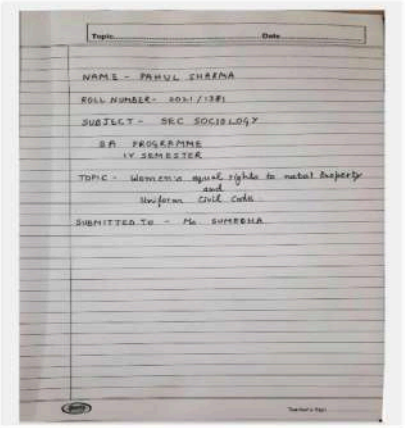
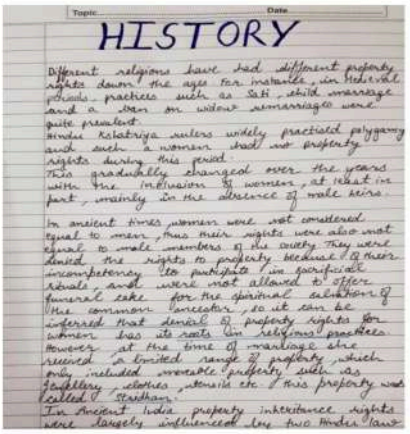
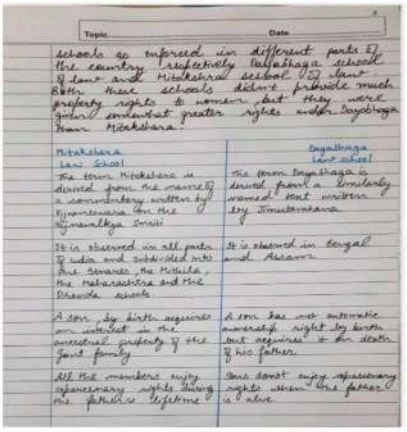
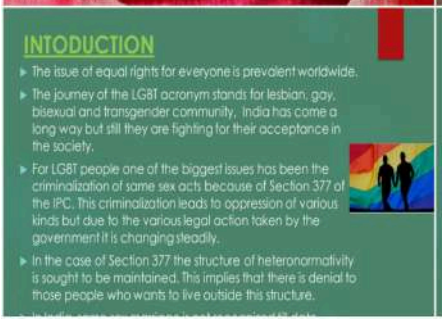
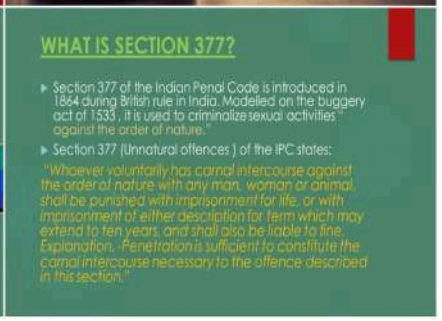
12	Rishika Shukla (2021/107)	The Dowry System	Ms.Sumedha Priyadarshini	 DOWRY SYSTEM MADE AND PRESENTED BY: RISHIKA SHUKLA 2021/107 BA PROGRAMME WHAT DOES DOWRY MEAN? As defined by law, dowry means any property or valuable security given or agreed to be given either directly or indirectly: (a) by one party of marriage to the other party of marriage; or (b) by the parents of either party to a marriage or by any other person, to either party to the marriage or to any other person; at or before or any time after the marriage in connection with the marriage of said parties but does not include dower or Mahr in the case of persons to whom the Muslim Personal Law (Shariat) applies. In simpler terms, dowry refers to the the money, goods, or estate that a woman brings to her husband or his family in marriage. Most common in cultures that are strongly patrilineal and that expect women to reside with or near their husband's family (patrilocality), dowries have a long history in Europe, South Asia, Africa, and other parts of the world. In arabic, dowry is referred to as dahez (most common name of dowry in the present times), in Urdu, as jahez and in eastern part of India as Aaunnpot. HISTORICAL DEVELOPMENT OF DOWRY SYSTEM Since vedic period,the concept of dowry was very prevalent in the Indian society,often known as streedhan. From the code of Manu to the practices seen in the society, dowry was originally considered a safety net for women in case of husband's death or divorce to support herself and her children. However, during the colonial period, this practise of giving gifts to women changed into a social evil leading to atrocities being inflicted upon women. The Britishers made dowry a legal and mandatory practice in the society forcing the Bride's family into giving goods and gifts mandatorily for marrying their daughter. Not only this, Britishers took away women's right to property thus the dowry which was originally supposed to protect women now went into the hands of their husbands, leaving women more powerless in the marriage set-up. India is the epicenter of dowry culture, even though the government banned the practice in 1961, and the effects of the system are everywhere corroding efforts toward greater gender and economic equality. PRESENT TIMES SITUATION IN THE SOCIETY The fundamental problem that was identified as the root of the dowry problem was *the denial of property rights for girls*. Because of this, not only many working women slave to save for their dowry but also pressurize their parents into giving them dowry since they are aware they would have no access to property as soon as they left their parental home. In a modern mutation of the exploitative tradition, instead of being confined to gifts and cash exchanged at the time of the wedding, an employed bride's salary formed a kind of "continuous dowry" in cases where women had no control over their earnings. Greed of the groom's family has reached so great heights that domestic violence, death, suicide and harrassments against young girls and women over dowry is a common phenomenon these days. It is not just limited to upper hindu castes but has transcended down to both the lower castes and the other cultures and religions. B. A. (Programme) Sociology

13	Sakshi Yadav (2021/1536)	Property Rights of Indian Women	Ms.Sumedha Priyadarshini	 B. A. (Programme) Sociology

14	Shikha (2021/754)	How the society suppresses and dehumanizes males	Ms.Sumedha Priyadarshini	   B. A. (Programme) Sociology
15	Siddhi Sahu (2021/1948)	Domestic Violence	Ms.Sumedha Priyadarshini	  B. A. (Programme) Sociology

16	Tenzin Tseten Nyidon (2021/1808)	Women's Rights in India: A historical study	Ms.Sumedha Priyadarshini	   B. A. (Programme) Sociology

17	Urvashi (2021/1405)	Dowry system	Ms.Sumedha Priyadarshini	B. A. (Programme) Sociology 

18	Pahul Sharma (2021/1381)	Women's Equal Rights to Natal Property and Uniform Civil Code	Ms.Sumedha Priyadarshini	 NAME - PAHUL SHARMA ROLL NUMBER - 2021/1381 SUBJECT - SEC SOCIOLOGY BA PROGRAMME IV SEMESTER TOPIC - Women's equal rights to natal property and Uniform Civil Code SUBMITTED TO - Ms. SUMEDHA  HISTORY Different religions have had different property rights down the ages for instance, in Medieval Hindu practices such as Sati, child marriage and a ban on widow remarriage were quite prevalent. Hindu Kshatriya rulers widely practised polygamy and such a women had no property rights during this period. This gradually changed over the years with the influx of women, at least in part, mainly in the absence of male heirs. In ancient times women were not considered equal to men, thus their rights were also not equal to male members of the society. They were denied the rights to property because of their incompetency to participate in sacrificial rituals, and were not allowed to offer funeral cake for the spiritual salvation of the common ancestor, so it can be inferred that denial of property rights for women has its roots in religious practices. However, at the time of marriage she received a limited range of property, which only included movable property such as jewellery, clothes, utensils etc. This property was called Stridhan. In Ancient India property inheritance rights were largely influenced by two Hindu laws  schools as emerged in different parts of the country respectively Dayabhaga school of law and Mitakshara school of law. Both these schools didn't provide much property rights to women, but they were given somewhat greater rights under Dayabhaga than Mitakshara. Mitakshara Law School: The term Mitakshara is derived from the name of a commentary written by Vijaneswara on the Yajnavalkya Smriti. It is observed in all parts of India and subdivided into the Benares, the Mithila, the Maharashtra and the Dravida schools. A son by birth acquires an interest in the ancestral property of the joint family. All the members enjoy inheritance rights during the father's lifetime. Dayabhaga Law school: The term Dayabhaga is derived from a similarly named text written by Jimutavahana. It is observed in Bengal and Assam. A son has no automatic ownership right by birth but requires it on death of his father. Sons donot enjoy inheritance rights when the father is alive. B. A. (Programme) Sociology
19	Vaishnavi Yadav (2021/1862)	Section 377	Ms.Sumedha Priyadarshini	https://drive.google.com/drive/folders/1DNDqYszf5rTkGyuJiVQEQOxU-bvYJjE0  
20	Tanvi Bhati	Women's Reservat	Ms.Sumedha	B. A. (Programme) Sociology

	(2021/1943)	ion in Parliament- A clear Gender Imbalance	Priyadarshini	
21	Varshita V (2021/1953)	Voice against dowry	Ms.Sumedha Priyadarshini	B. A. (Programme) Sociology

Part A.2

Students undertaking project work/field work/internship (beyond the requirements of coursework)

Program Name: BA (Hons) Sociology

S.no.	List of Students undertaking project work	Proofs of their internships
1.	Anagha Ratheesh (2021/666)	a)

b)

PLEDGE A SMILE
FOUNDATION

PLEDGE A SMILE
FOUNDATION

REF NO:INT/FND/6903 DATE: 25/08/2023

CERTIFICATE OF INTERNSHIP

This is to certify that **Anagha Ratheesh** has worked as a volunteer/ intern for a period of 1 Month starting from 24/07/2023 to 24/08/2023 with our organisation. Her primary work included Fundraising, Social Media Marketing, and Developing Project. She has provided us with extensive hours of volunteer service and going past quick obligations to give assistance to the individuals who need the most help in our world. Her services have been extremely useful for the foundation in giving assistance to the network.

During her service, She was found punctual, hardworking and inquisitive.

We wish her a bright future ahead.

MANU RAO
(DIRECTOR)

ISO 9001 2015 CERTIFIED

Rosewood Appartments, Sector-13, Dwarka • 9153999399
contact@pledgeasmile.com • www.pledgeasmile.com
CIN: U85300DL2020NPL366994

c)

Gmail Anagha Ratheesh <anagharatheesh324@gmail.com>

NETRI Volunteering: Welcome to the Team
4 messages

NETRI Foundation <netrifoundation@gmail.com> 3 April 2023 at 17:14
To: anagharatheesh324@gmail.com

Dear Anagha Ratheesh,

Welcome to the NETRI Family :)
We are so happy to have you here in the team as a volunteer. Volunteers are a very important, collaborative component of an organization. We are thankful that you have chosen us to give of your time and talent. You most assuredly will help us make a difference!

As discussed in the previous meeting, we will be going forward with the upcoming projects with which each volunteer will be associated with 1-2 projects in different roles as per their preferred area of work and skills. All the volunteers will be working flexibly at their convenience but within a set deadline and a progress tracker along with a weekly **meeting every Saturday at 7 PM**.

In case you had missed the previous meeting, we will have another and final meeting which will be communicated. Meanwhile, please go through this mail.

The volunteering programme will be for a minimum 3-month period. We will be sharing an engagement agreement for our records shortly. Kindly share your Aadhar Card, Father's Name and Permanent Address for the same by tomorrow 8 PM.

To confirm your volunteering engagement, reply to this mail with a confirmation.

In case of any queries, you can reach out to us directly (via Mail/WhatsApp) at any point in time.

We welcome you once again to our organization and hope your contribution will help greatly in the success of our projects. We hope to provide you with a great experience during your engagement.

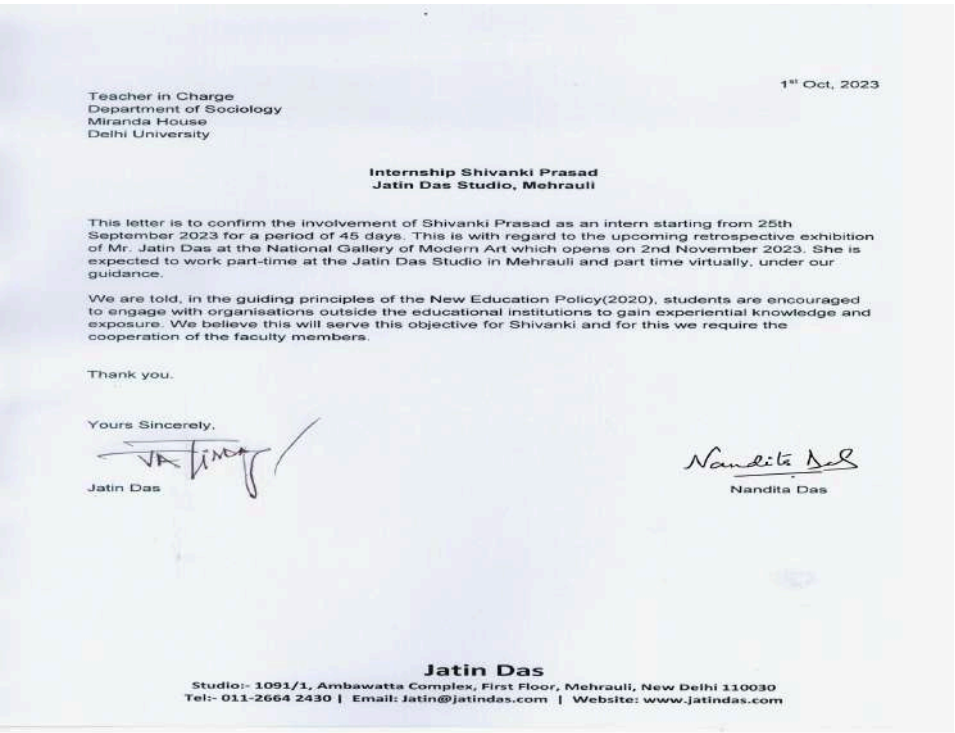
Looking forward to working with you!

Thanks & Regards,
Team NETRI

NETRI

Anagha Ratheesh <anagharatheesh324@gmail.com> 3 April 2023 at 17:36
To: NETRI Foundation <netrifoundation@gmail.com>

Confirmation
[Quoted text hidden]

2.	Shivanki Prasad (2022/ 1075)	 1st Oct, 2023 Teacher in Charge Department of Sociology Miranda House Delhi University **Internship Shivanki Prasad** **Jatin Das Studio, Mehrauli** This letter is to confirm the involvement of Shivanki Prasad as an intern starting from 25th September 2023 for a period of 45 days. This is with regard to the upcoming retrospective exhibition of Mr. Jatin Das at the National Gallery of Modern Art which opens on 2nd November 2023. She is expected to work part-time at the Jatin Das Studio in Mehrauli and part time virtually, under our guidance. We are told, in the guiding principles of the New Education Policy(2020), students are encouraged to engage with organisations outside the educational institutions to gain experiential knowledge and exposure. We believe this will serve this objective for Shivanki and for this we require the cooperation of the faculty members. Thank you. Yours Sincerely, Jatin Das Nandita Das **Jatin Das** Studio:- 1091/1, Ambawatta Complex, First Floor, Mehrauli, New Delhi 110030 Tel:- 011-2664 2430 | Email: Jatin@jatindas.com | Website: www.jatindas.com
3.	Fiona Olivero (2021/544)	a) She Can Foundatiion Registered Under the Indian Society Act, 1860 CERTIFICATE OF INTERNSHIP This certificate is proudly awarded to Fiona Olivero For successfully completing your 1-month Fundraising internship. During the course of internship, you have shown great amount of responsibility, sincerity and a genuine willingness to learn and zeal to take on new assignments & challenges. In particular, your coordination skills and communication skills are par excellence Reeta Mishra President, She Can Foundation 21st July, 2023 Date of Completion b) R W T Building a Brighter Tomorrow CERTIFICATE OF COMPLETION PROUDLY PRESENTED TO FIONA OLIVERO During His/her tenure, His/her, exhibited exceptional dedication, enthusiasm, and a strong commitment to our organization's fundraising efforts. His/her, contributions have been invaluable in supporting our mission and making a positive impact on the communities we serve. 17th June to 17thJuly DURATION Signature

4.	Vaishali Grewal (2021/41)	**Centre for United Nations Peacekeeping** **CERTIFICATE OF INTERNSHIP** This is to certify that **Ms Vaishali Grewal** has completed internship at the **Centre for United Nations Peacekeeping (CUNPK)** from 18/09/2023 to 29/09/2023. The Intern was exposed to interactive participation with foreign delegates of ASEAN Countries during the internship. She was actively involved in conduct of the event to include introduction of guest speaker, participating in the course of instruction, summing up of talks and other tasks allocated by the mentor for smooth conduct of the Event. The Intern was given adequate exposure by the Centre for UN Peacekeeping through interaction and talks by Subject Matter Experts and representatives of various UN Country Teams located in New Delhi. During the course of instruction, the interns were put through focussed training under Indian Army officers, Indian Foreign Service officers and various experts from academia as well as international organisations. The scope of the internship included the following:- (a) Nuances of UN Peace Making & Building process by internationally accredited Instructors of CUNPK. (b) Role of UNHCR in establishing Global Peace by UNHCR, India. (c) Gender, Women Peace & Security in UN Peacekeeping Operations by Scientist from Defence Institute for Psychological Research, DRDO. (d) Challenges in Conflict Zones by UN Women, India. (e) Mandate of OCHA and Humanitarian Response in Crisis. (f) Use of technology in making peacekeeping more effective. The Intern gained adequate knowledge on UN Peace Keeping Operations Core Mandates like Protection of Civilians, Conflict Related Sexual Violence, Sexual Exploitation and Abuse, Child Protection & Women, Peace & Security. The Intern was an active participant in the United Nations Military Officers Course for ASEAN countries conducted from **18/09/2023 to 29/09/2023** by CUNPK, a joint venture of Ministry of Defence, Ministry of External Affairs and Indian Army. The Centre for United Nations Peacekeeping has graded the Candidate's performance **"Outstanding"** during the internship. Dated: 29 Sep 2023 **Lt Gen Michael AJ Fernandez, AVSM, VSM** Director General of Staff Duties IHQ of MoD (Army) CERTIFICATE OF PARTICIPATION *This is to certify that* Ms Vaishali Grewal *has successfully completed the* **ASEAN MILITARY OFFICERS COURSE** *conducted from 18 September 2023 to 29 September 2023 by* **The Centre for United Nations Peacekeeping, New Delhi, India** **Col Kaustubh Kekre, SM** *Colonel CUNPK* *New Delhi, India* **Lt Gen Rakesh Kapoor, VSM** *DCOAS (IS&C)* *IHQ of MoD (Army), New Delhi, India*
5.	Gouri Singla (2021/76)	आज़ादी का अमृत महोत्सव सत्यमेव जयते एम. सेंथिल रथिनम M. SENTHIL RATHINAM जी20 शेरपा के प्रधान निजी सचिव PPS TO G20 SHERPA विदेश मंत्रालय, नई दिल्ली MINISTRY OF EXTERNAL AFFAIRS NEW DELHI **TO WHOM SO EVER IT MAY CONCERN** This is to certify that **Ms. Gouri Singla, B.A.(Honours) 2nd Year Graduate from Miranada House, Delhi University** has successfully completed her Internship with G20 Secretariat, Ministry of External Affairs from **14th March, 2023 to 12th May, 2023**. During the period of Internship, she worked on the project titled: Protection and Restitution of Cultural Property. Her performance in preparation of the report has been rated **Very Good**. **(M. Senthil Rathinam)** **15/05/2023** **Ph- 011-24156460** **Place- Sushma Swaraj Bhawan, New Delhi** **Dated- 15/05/2023** **Sushma Swaraj Bhawan, 15, Riazal Marg, Chankayapuri, New Delhi-110021** Scanned with CamScanner (a)

b)

लेफ्टिनेंट कर्नल उपदेश कुमार शर्मा
Lt Col Updesh Kumar Sharma
संयुक्त सलाहकार/Joint Adviser
Phone : +91-11-23096823
Mobile : +91-9329155555
E-mail : updeshsharma.668w@gov.in

सत्यमेव जयते

भारत सरकार
नीति आयोग, नीति भवन,
संसद मार्ग, नई दिल्ली - 110 001
NATIONAL INSTITUTION FOR TRANSFORMING INDIA
(NITI) Aayog, Parliament Street, New Delhi-110 001

Dated: 24th August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter certifies that Ms Gouri Singla, a Miranda House University of Delhi student, has completed her Internship with NITI Aayog, Government of India, from 3rd July 2023 to 14th August 2023.

During this period, she worked diligently in the **Governance and Research** vertical in the following areas.

I. She worked with the **Piramal Foundation** and got firsthand insights through a **field visit** to **Jhunjhunu District, Rajasthan**.
II. She has submitted researched write-ups on the **Importance of Janjatiya Khel Mahotsav, Menstrual Hygiene for Women, Artificial Intelligence and Search Engine Optimization, and Rainwater Conservation.**
III. She has attended conferences on **'Collaborative Forum on Digital Transformation and Open Public Stacks'** and **'SIAM Conference on Fuelling the Future towards Sustainability'**.

She has shown a unique flair for **Public Policy,** and her performance in the preparation for the final project report has been rated as **Excellent**.

During the period of her internship programme, she was punctual and hardworking.

I commend her valuable contributions to our organization and wish her the best in allher future pursuits.

लेफ्टिनेंट कर्नल उपदेश कुमार शर्मा
Lt Col Updesh Kumar Sharma
संयुक्त सलाहकार/Joint Adviser
नीति आयोग/National Institution for Transforming India (NITI)
भारत सरकार/Govt. of India
नई दिल्ली/New Delhi

Scanned with CamScanner

लेफ्टिनेंट कर्नल उपदेश कुमार शर्मा
Lt Col Updesh Kumar Sharma
संयुक्त सलाहकार/Joint Adviser
Phone : +91-11-23096823
Mobile : +91-9329155555
E-mail : updeshsharma.668w@gov.in

सत्यमेव जयते

भारत सरकार
नीति आयोग, नीति भवन,
संसद मार्ग, नई दिल्ली - 110 001
NATIONAL INSTITUTION FOR TRANSFORMING INDIA
(NITI) Aayog, Parliament Street, New Delhi-110 001

Dated: 24th August 2023

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Lt Col Updesh Kumar Sharma
संयुक्त सलाहकार/Joint Adviser
नीति आयोग/National Institution for Transforming India (NITI)
भारत सरकार/Govt. of India
नई दिल्ली/New Delhi

Scanned with CamScanner

		c)
6.	Pushpanjali Kumari (2021/1940)	(a) CERTIFICATE of Appreciation This is to certify that **Pushpanjali Kumari** is awarded this certificate in recognition of outstanding dedication and contributions as a core team member for the **Social Sciences Writing Competition 2023 by Sociology Group**. Your exceptional efforts and commitment significantly contributed to the success of the competition. Your passion and hard work have set a standard of excellence and greatly impacted the entire team. 29/11/2023. D RajaHanuman Founding Editor The Sociology Group. (b) Founder TUSHAR JAIN DU BUZZ Letter of Recommendation 22 December 2023 TO WHOMSOEVER IT MAY CONCERN Please let this serve as a proof of working experience for Ms. Pushpanjali who has shown exemplary performance as a Content writer Intern and later as a Content Head. Her zeal to take initiative and add a sense of responsibility to all the tasks bestowed upon her is commendable. She played a crucial role in organizing events for DU BUZZ. Pushpanjali is an all-rounder, she does not only help in ideating campaigns but also in executing them with her charm and creative thinking. She has portrayed exemplary leadership and team management skills during her tenure. It was wonderful working with Pushpanjali, if DU BUZZ needs any all rounder, she is the person that we contact. Pushpanjali is an amazing choice for any company that is looking for candidates good in execution, creativity, marketing, and external relations. I wish her luck in her future endeavors. Sincerely Tushar Jain Founder-Du Buzz dubuzz.db@gmail.com DU BUZZ/

7.	Abhipriti Sen (2022/30)	 acmegrade CHAOS IIM AHMEDABAD CERTIFICATE OF TRAINING COMPLETION This is to certify that Mr./Ms. ABHIPRITI SEN has successfully completed his / her term of Training in Human Resources from 12-Apr-2023 to 12-May-2023 and has proven his/her competency with utmost dedication and promise. Certificate number: AGC2023041921 For certificate authentication Scan QR code Challa Rohit Academic Head

8.

Tanushikha Chaudhary
(2022/1226)

a)

INTERNSHIP LETTER

TO WHOMSOEVER IT MAY CONCERN

DATE OF ISSUE: 17 April 2023

This is to certify that Miss. Tanushikha Chaudhary has completed her internship as a Market Research Trainee with HappiMynd starting from 2 March 2023 till 2 April 2023. She worked in the Market Research of the organization under the supervision of Mr. Ravi Kant Suman, where she demonstrated needed professional skills. She is a self-motivated person and focused on her approach. Her role was to gain insight into product development and enhancement.

We wish her all the best in her future endeavors.

Warm Regards,

Authorized Signatory
HappiMynd

HAPPIMYND PROFESSIONAL SERVICES PVT. LTD.
133, Floor 13, Jasmanium 2, Vatika City, Sec - 49, Sohna Road, Gurugram - 122018.
8860393400 info@happimynd.com www.happimynd.com CIN - U85300HR2020PTC090032
Gurgaon London

b)

PETLICIOUS SUPERFOODS INDIA PRIVATE LIMITED
A-601/1 GH 08 SECTOR, GURUGRAM-122 002 (HARYANA)
PH. NO. +91 99105 50888
CIN: U15400HR2021PTC097017

Tanushikha Chaudhary, 5th Feb, 2023

Miranda House,

Offer Letter – Internship with Petlicious Superfoods India Pvt. Ltd.

Dear Tanushikha,

Congratulations! We are pleased to confirm that you have been selected for the internship program with Petlicious Superfoods India Pvt. Ltd., Gurgaon.

This internship program will be for a duration of 45 days starting from 23rd January, 2023 to 08th March, 2023. As an intern you will be representing the organization & your primary responsibility will be to generate potential customers who are dog pet parents. You will be driving awareness about "Doglicious" products & services.

Upon satisfactory completion of the internship program & the responsibility assigned, you shall be awarded a "certificate of experience" from the company.

Sincerely

Sushant Mishra

Sushant Mishra

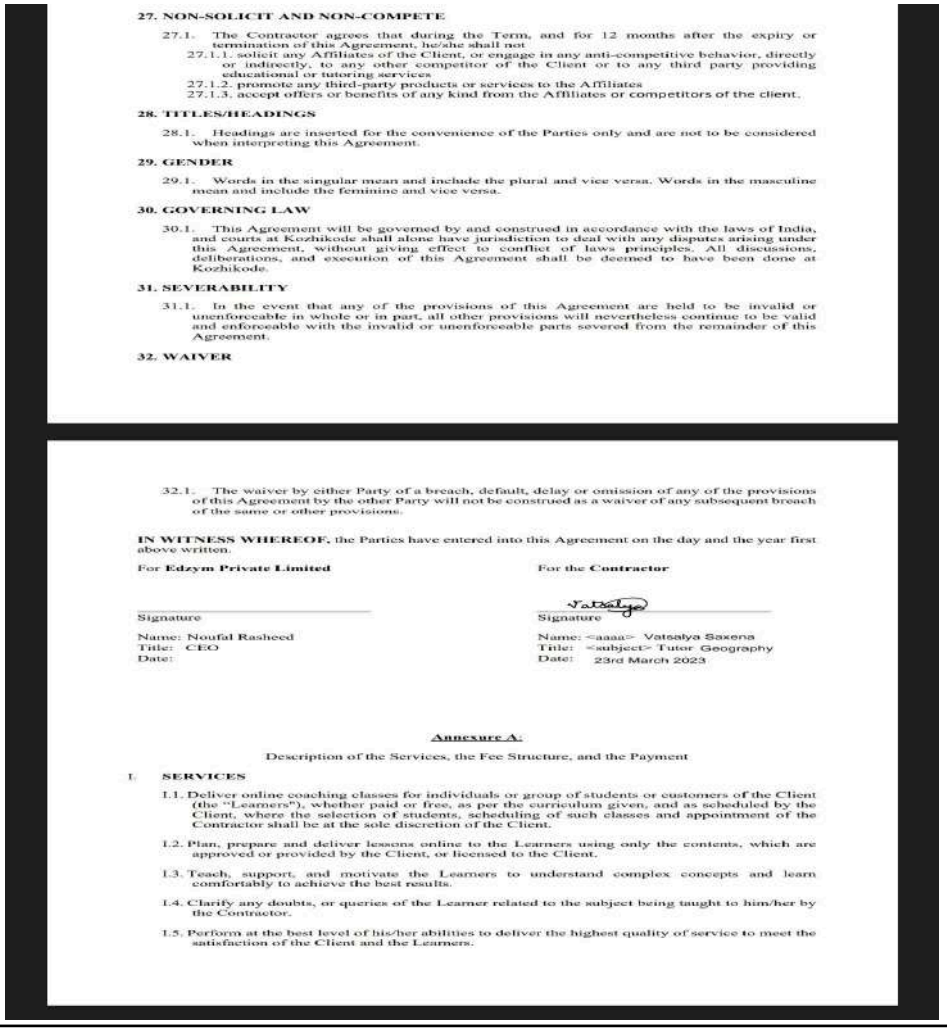
Director

Petlicious Superfoods India Pvt. Ltd.

9.	Garima Gautam (2022/353)	a) Offer Letter Internship Offer – Writing Intern External Inbox Sociology Group 8:28 am to me Dear Garima, We are delighted to offer you an internship position as a Writing Intern at The Sociology Group. Your passion for writing and expertise in the field make you an ideal candidate for this role. We appreciate your interest in joining our team and are excited about the contributions you will make. Position Details: Position: Content Writing Duration: 16-06-2023 to 15-08-2023 Location: Remote Department: Sociology Group Reports to: Rajahanuman
		b) PETLICIOUS SUPERFOODS INDIA PRIVATE LIMITED 601/1 GH 08 SECTOR, GURUGRAM-122 002 (HARYANA) PH. NO. +91 988 988 7980 To Whom It May Concern It is hear by certified that Ms. Garima Gautam worked as an intern from 04/02/2023 to 20/03/2023 in o organization. During this period of internship, Garima has performed his responsibility sincerely & efficiently. We wish success in her future endeavours. For PETLICIOUS SUPERFOODS (I) PRIVATE LIMITED Sushant Kumar Mishra Co-founder & COO GURGAON Scanned with OKEN Scanner

		c) INSPLORE WE INSPIRE, YOU EXPLORE INSPLORE TLS CONSULTANTS PVT. LTD **OFFER LETTER** Date: 22 Nov, 2023 Dear Garima Gautam Miranda We refer to recent interview for the below mentioned position and are pleased to offer you the position of **Intern** with **INSPLORE Consultants Pvt. Ltd.** All of us at Insplore Consultants are excited that you would be joining our team! Please find the following confirmation of the specifies of your internship: **Position Title: Intern** **Department: Marketing And Finance** **Date of Joining: 22 Nov, 2023** **Work location: Delhi/Work from Home** For any queries please feel free to write us at: **hr@insploreconsultants.com** **Best Wishes!!** **(Authorized Signatory)** **TEAM HR** **Insplore Consultants Pvt. Ltd.** RG Trade Tower, Netaji Subhash Palace, Pitampura, New Delhi, 110034 Email: hr@insploreconsultants.com www.insploreconsultants.com
		d) CERTIFICATE OF APPRECIATION THIS IS AWARDED TO GARIMA GAUTAM for successfully completing the Campus Ambassador Internship at Krayonnz from Mar 15, 2023 to Apr 25, 2023. Krayonnz Saurabh Saurabh Dixit FOUNDER, KRAYONNZ Gurudutt Gurudutt Upadhyay CO-FOUNDER, KRAYONNZ

10.	Richika Saikia (2022/915)	
11.	Ishana Barman (2022/430)	a)

		 EARTH5R takes pleasure in presenting this Certificate to Ishana Barman In appreciation of their valued services and contributions as a Content Writing Intern and recognises their completion of Internship From 8 September, 2023 to 2 November, 2023 EARTH5R Respect I Reduce I Reuse I Recycle I Restore www.earth5r.org Date of Issue: 27th November, 2023 SUSTAINABILITY ID ESR694Q5D53I923 Saurabh Gupta, Founder, EARTH5R b
12.	Vatsalya Saxena (2021/728)	 **27. NON-SOLICIT AND NON-COMPETE** 27.1. The Contractor agrees that during the Term, and for 12 months after the expiry or termination of this Agreement, he/she shall not 27.1.1. solicit any Affiliates of the Client, or engage in any anti-competitive behavior, directly or indirectly, to any other competitor of the Client or to any third party providing educational or tutoring services 27.1.2. promote any third-party products or services to the Affiliates 27.1.3. accept offers or benefits of any kind from the Affiliates or competitors of the client. **28. TITLES/HEADINGS** 28.1. Headings are inserted for the convenience of the Parties only and are not to be considered when interpreting this Agreement. **29. GENDER** 29.1. Words in the singular mean and include the plural and vice versa. Words in the masculine mean and include the feminine and vice versa. **30. GOVERNING LAW** 30.1. This Agreement will be governed by and construed in accordance with the laws of India, and courts at Kozhikode shall alone have jurisdiction to deal with any disputes arising under this Agreement, without giving effect to conflict of laws principles. All discussions, deliberations, and execution of this Agreement shall be deemed to have been done at Kozhikode. **31. SEVERABILITY** 31.1. In the event that any of the provisions of this Agreement are held to be invalid or unenforceable in whole or in part, all other provisions will nevertheless continue to be valid and enforceable with the invalid or unenforceable parts severed from the remainder of this Agreement. **32. WAIVER** 32.1. The waiver by either Party of a breach, default, delay or omission of any of the provisions of this Agreement by the other Party will not be construed as a waiver of any subsequent breach of the same or other provisions. **IN WITNESS WHEREOF**, the Parties have entered into this Agreement on the day and the year first above written. For **Edzym Private Limited** Signature Name: Noufal Rasheed Title: CEO Date: For the **Contractor** Signature Name: <aaaa> Vatsalya Saxena Title: <subject> Tutor Geography Date: 23rd March 2023 **Annexure A:** Description of the Services, the Fee Structure, and the Payment I. **SERVICES** 1.1. Deliver online coaching classes for individuals or group of students or customers of the Client (the "Learners"), whether paid or free, as per the curriculum given, and as scheduled by the Client, where the selection of students, scheduling of such classes and appointment of the Contractor shall be at the sole discretion of the Client. 1.2. Plan, prepare and deliver lessons online to the Learners using only the contents, which are approved or provided by the Client, or licensed to the Client. 1.3. Teach, support, and motivate the Learners to understand complex concepts and learn comfortably to achieve the best results. 1.4. Clarify any doubts, or queries of the Learner related to the subject being taught to him/her by the Contractor. 1.5. Perform at the best level of his/her abilities to deliver the highest quality of service to meet the satisfaction of the Client and the Learners.

13.	Shyambhavi (2021/1688)	

IIMAD
THE INTERNATIONAL INSTITUTE OF MIGRATION & DEVELOPMENT

Certificate of Internship Completion

This is to certify that Ms. Shyambhavi K, pursuing BA Sociology, Miranda House Delhi University, has successfully completed her internship at The International Institute of Migration and Development (IIMAD), Thiruvananthapuram, under my guidance from 19th June to 5th July, 2023.

During her tenure as a research intern here, she underwent training in different steps of research. She learnt how to conduct a literature review, formulate research questions, create a database, data entry for large scale surveys, basics of SPSS and Excel software. She has also displayed creativity and was involved in various social media and designing works here at IIMAD.

I found her inquisitive and hardworking. Her association with the institute was fruitful as she performed her responsibilities with diligence.

I wish her the best for all her future endeavors.

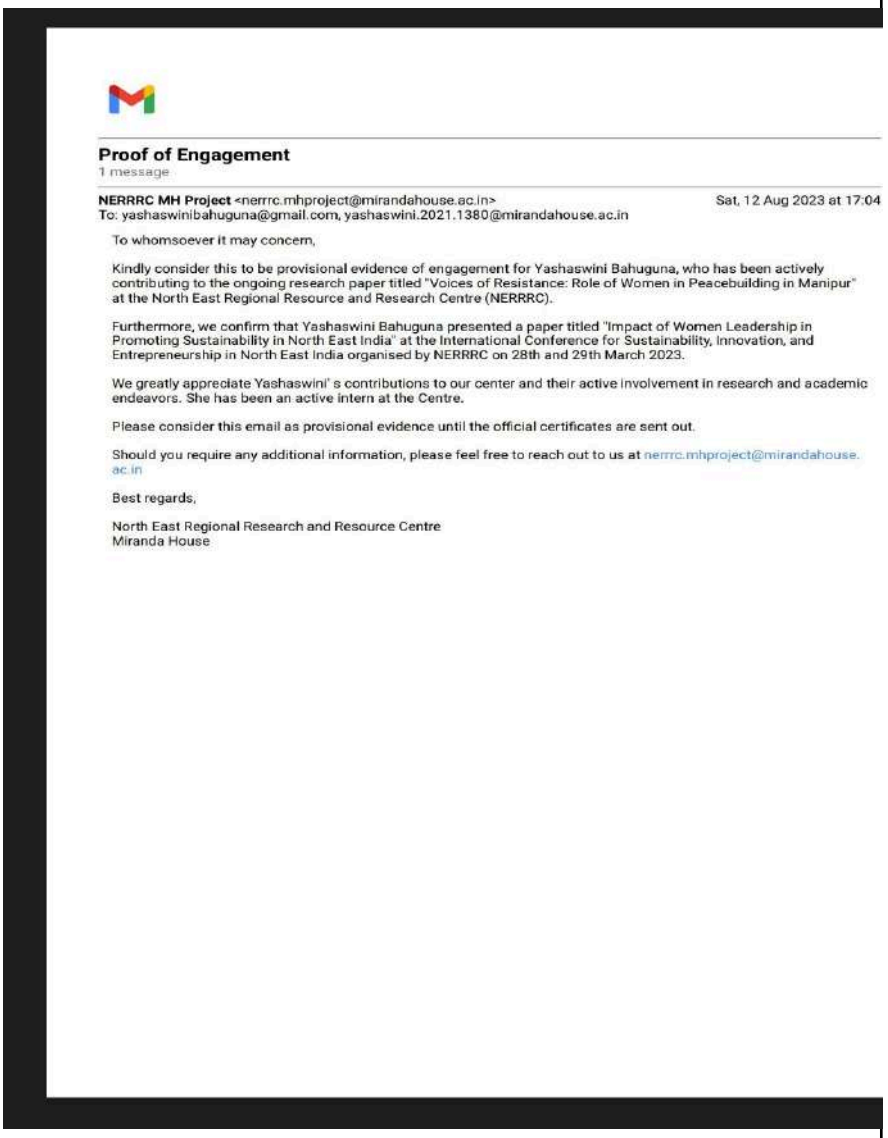
Yours sincerely,

S. Irudaya Rajan
Chairman
The International Institute of Migration and Development
Email: rajan@iimad.org

Thiruvananthapuram 695 003

Introduction

THE INTERNATIONAL INSTITUTE OF MIGRATION & DEVELOPMENT
+91 977 835 6560 | info@iimad.org
A1 | Thittel House | Kanaka Nagar | Kowdiar | Trivandrum | 695 003

14.	Yashaswini Bahuguna (2021/1380)	a) 

Proof of Engagement
1 message

NERRRC MH Project <nerrrc.mhproject@mirandahouse.ac.in> Sat, 12 Aug 2023 at 17:04
To: yashaswinibahuguna@gmail.com, yashaswini.2021.1380@mirandahouse.ac.in

To whomsoever it may concern,

Kindly consider this to be provisional evidence of engagement for Yashaswini Bahuguna, who has been actively contributing to the ongoing research paper titled "Voices of Resistance: Role of Women in Peacebuilding in Manipur" at the North East Regional Resource and Research Centre (NERRRC).

Furthermore, we confirm that Yashaswini Bahuguna presented a paper titled "Impact of Women Leadership in Promoting Sustainability in North East India" at the International Conference for Sustainability, Innovation, and Entrepreneurship in North East India organised by NERRRC on 28th and 29th March 2023.

We greatly appreciate Yashaswini' s contributions to our center and their active involvement in research and academic endeavors. She has been an active intern at the Centre.

Please consider this email as provisional evidence until the official certificates are sent out.

Should you require any additional information, please feel free to reach out to us at nerrrc.mhproject@mirandahouse.ac.in

Best regards,

North East Regional Research and Resource Centre
Miranda House

CERTIFICATE
OF APPRECIATION

from

THE LEGAL AID CENTRE MIRANDA HOUSE

IS HEREBY GRANTED TO

Yashaswini Bahuguna

for her outstanding completion of the internship program at The Legal Aid Centre, Miranda House from March 2023 till July 2023 during which she submitted a research article titled "Disability Rights and Reasonable Accommodation: Balancing Equality and Non Discrimination".

Dr. Namrata Singh
Convener
Legal Aid Cell,
Miranda House

b)

c)

Centre for CIVIL SOCIETY

FRIEDRICH NAUMANN FOUNDATION

CERTIFICATE

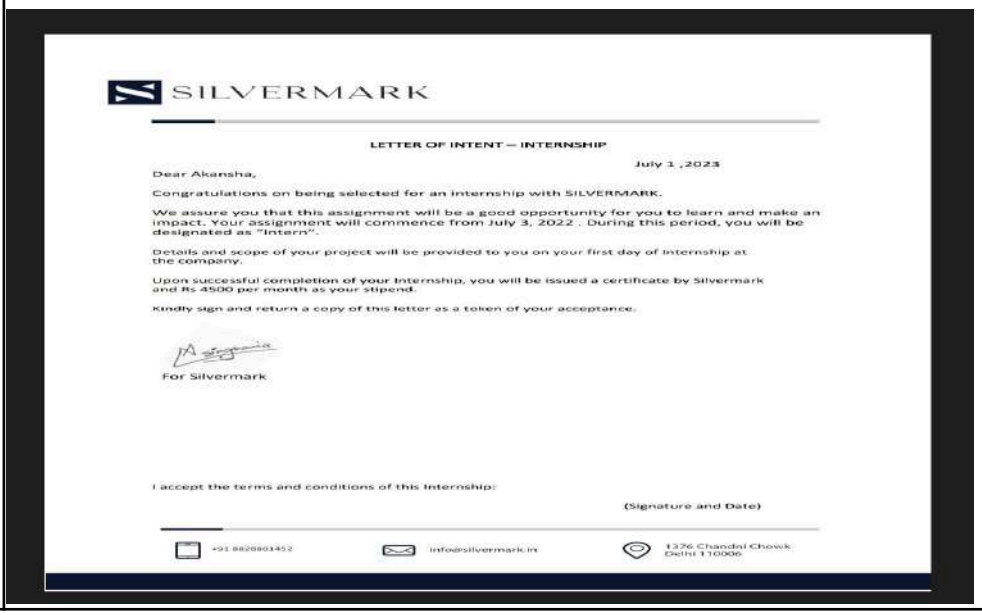
This Certificate is awarded to

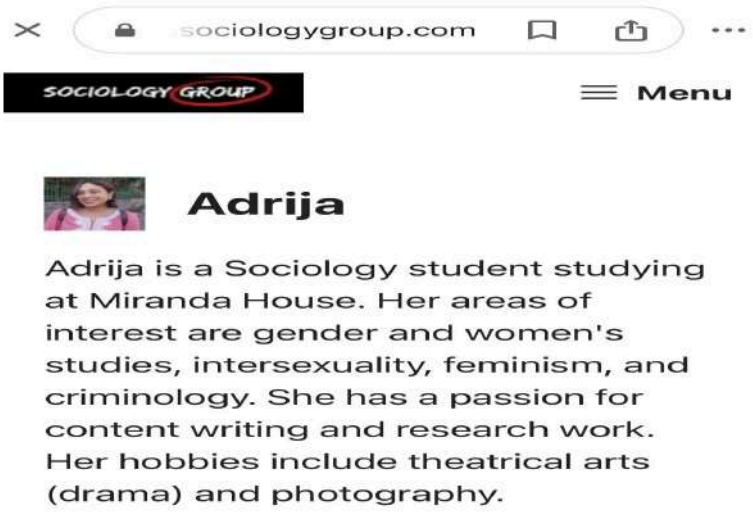
Yashaswini Bahuguna

for the successful completion of
Researching Reality Training Program 2023
on the topic
"Beyond Legalese: Aam Aadmi in Conversation with the Constitution"
for a full time duration of 8 weeks.

Dr. Amit Chandra
CEO, Centre for Civil Society

15.	A Rituparna (2021/98)	 muskurahat foundation CERTIFICATE OF COMPLETION Presented To A RITUPARNA for recognition of your performance in Fundraising Internship from **30th August to 30th September**, for the children catered by Muskurahat Foundation. AMOUNT RAISED: Rs 19500/- HIMANSHU GOENKA President & Founder 30th September, 2022 Date a)
		 muskurahat foundation CERTIFICATE OF COMPLETION Presented To A Rituparna For successfully completing Crowdfunding Course during their Internship at Muskurahat Foundation HIMANSHU GOENKA President & Founder 10th October, 2022 Date b)
		 CERTIFICATE OF INTERNSHIP This is to certify that Kumari.A.Rituparna student of the BA .Sociology (Hon Third Year of Miranda house College, Delhi University Studies has undergon an Internship programme for 25 Days from 12.06.2023 to 01.07.2023, 06.07.202 10.07.2023 to 15.07.2023, 02.08.2023, 04.08.2023, 09.082023 under the Distric Women and Child Development Office palakkad, Sakhi One Stop Centre Palakkad District Child Protection Office Palakkad, Attapadi Anganwadi , ICDS Attapadi MahilaMandiram & Childrens Home For Boys Muttikulangara , Palakkad, Famil counseling Centre Mercy College, Palakkad, Service providing Centre ICD Kadampazhipuram , DV Shelter Home Ottapalam , Women protection Office ,Palakka as part of the Compulsory internship . Place : Palakkad Date : 09.08.2023 Women Protection Officer Palakkad c)

16.	Akansha Goma (2021/1419)	 SILVERMARK LETTER OF INTENT – INTERNSHIP July 1 ,2023 Dear Akansha, Congratulations on being selected for an internship with SILVERMARK. We assure you that this assignment will be a good opportunity for you to learn and make an impact. Your assignment will commence from July 3, 2022 . During this period, you will be designated as "Intern". Details and scope of your project will be provided to you on your first day of internship at the company. Upon successful completion of your Internship, you will be issued a certificate by Silvermark and Rs 4500 per month as your stipend. Kindly sign and return a copy of this letter as a token of your acceptance. For Silvermark I accept the terms and conditions of this Internship: (Signature and Date) +91 8826803452 info@silvermark.in 1376 Chandni Chowk Delhi 110006

17.	Adrija Sen (2021/167)	a)  sociologygroup.com SOCIOLOGY GROUP Menu Adrija Adrija is a Sociology student studying at Miranda House. Her areas of interest are gender and women's studies, intersexuality, feminism, and criminology. She has a passion for content writing and research work. Her hobbies include theatrical arts (drama) and photography.

Gmail

Anagha Ratheesh <anagharatheesh324@gmail.com>

Fwd: NETRI Volunteering: Welcome to the Team

1 message

Adrija Sen <sen.adrija2002@gmail.com>
To: Anagha Ratheesh <anagharatheesh324@gmail.com>

22 December 2023 at 10:59

---------- Forwarded message ---------
From: **Adrija Sen** <sen.adrija2002@gmail.com>
Date: Tue, 4 Apr, 2023, 5:05 pm
Subject: Re: NETRI Volunteering: Welcome to the Team
To: NETRI Foundation <netrifoundation@gmail.com>

Yes, I confirm.
Attaching below required documentation and details.

On Mon, 3 Apr, 2023, 5:12 pm NETRI Foundation, <netrifoundation@gmail.com> wrote:

Hi Adrija,

Welcome to the NETRI Family :)
We are so happy to have you here in the team as a volunteer. Volunteers are a very important, collaborative component of an organization. We are thankful that you have chosen us to give of your time and talent. You most assuredly will help us make a difference!

As discussed in the previous meeting, we will be going forward with the upcoming projects with which each volunteer will be associated with 1-2 projects in different roles as per their preferred area of work and skills. All the volunteers will be working flexibly at their convenience but within a set deadline and a progress tracker along with a weekly **meeting every Saturday at 7 PM**.

In case you had missed the previous meeting, we will have another and final meeting which will be communicated. Meanwhile, please go through this mail.

The volunteering programme will be for a minimum 3-month period. We will be sharing an engagement agreement for our records shortly. Kindly share your Aadhar Card, Father's Name and Permanent Address for the same by tomorrow 8 PM.

To confirm your volunteering engagement, reply to this mail with a confirmation.

In case of any queries, you can reach out to us directly (via Mail/WhatsApp) at any point in time.

We welcome you once again to our organization and hope your contribution will help greatly in the success of our projects. We hope to provide you with a great experience during your engagement.

Looking forward to working with you!

Thanks & Regards,
Team NETRI

b)

c)

Gmail

Anagha Ratheesh <anagharatheesh324@gmail.com>

Fwd: Internship at CRY! Confirmation Mail.

1 message

Adrija Sen <sen.adrija2002@gmail.com>
To: Anagha Ratheesh <anagharatheesh324@gmail.com>

22 December 2023 at 11:00

---------- Forwarded message ---------
From: **Adrija Sen** <sen.adrija2002@gmail.com>
Date: Wed, 10 May, 2023, 12:14 am
Subject: Re: Internship at CRY! Confirmation Mail.
To: Rubina Haque <rubina.haque@crymail.org>

Yes, I confirm.

Will fill the form and revert back tomorrow. Thank you!

Regards,
Adrija Sen

On Tue, 9 May, 2023, 11:19 pm Rubina Haque, <rubina.haque@crymail.org> wrote:

Dear Adrija ,

We are pleased to let you know that you are being confirmed to do an internship with CRY!

During the period you are to work minimum 4 weeks at a stretch. Your internship will commence from 1st June 2023.

The assignment during the internship period will consist of the following:

- Assignment as entrusted during the time of joining .
- Organize and participate in awareness campaign and events.
- Mobilizing resources for CRY- Online crowd funding.
- The internship timing is from 10:00 am to 5:00 pm from Monday to Friday.

Please fill this form: https://volunteeraction.cry.in/Registration/RegisterIntern.aspx

Kindly revert with a confirmation mail in relation to the acceptance of internship. After successful completion of the internship you would be provided a certificate from CRY subject to completion of the task assigned within the internship tenure.

You are requested to go through and fill up the form that is attached with the mail .

Thank you.

Regards,

Rubina.