

Name: Dr. Binu Sundas

Department: Sociology

Current Designation: Assistant Professor

Email id: binu.sundas@mirandahouse.ac.in

Academic Qualifications Ph.D 2010, JNU

M.Phil, 2004, JNU

M.A., 2002, JNU

Research Degree(s) (reverse chronological order):

Field of Specialization under the Subject/Discipline: Sociology of Health and Medicine, Sociological Research Methods, Sociology of Sports. Socio-Political Issues of Darjeeling Hills

Total Teaching Experience: 14 years

Teaching at Miranda House since: Jan 2016

List of Publications



Sundas, B. (2023). Language and Traditional Healing Practice: A Study of Limbu Community. In S. Reddy, N. Guite & B. Subedi, (Eds), Ethnomedicine and Tribal Healing Practices in India: Challenges and Possibilities of Recognition and Integration, Singapore, Springer.

Sundas, B. (2022). Women's Agency and Political Participation in Darjeeling, Buana Gender, Jurnal Studi Genderdan Anak, Vol 7 (2). July-Dec. pp 99-112

- Sundas, B.(2022). Role of Women during Covid Crisis in Darjeeling: A Study of Gorkha Janmukti Nari Morcha. In, M.K. Jena (Eds), Sociology of COVID-19 Pandemic in India, New Delhi, Har-Anand Publication.
- Bhatia, R & Sundas, B, (2021), Gender and violence. in Bhatia, R., Gender: A sociological understanding, Pearson, New Delhi.
- Sundas, B. (2020), Identity, fans and football: A case of United Kurseong Football Club, Senhri Journal of Multidisciplinary Studies, Vol. 5 (1), Jan-Jun, pp 45-50.
- Sundas, B. & Maharjan, K.L., (2019), Fruits and vegetables markets in India: Policies, commission agents and farmers. In Maharjan, K.L. & Kawai, A. (Eds), Marketing of agricultural produce in Indian subcontinent and prospective of trade with Japan, The Open University of Japan.
- Fujishima, H. & Sundas, B. (2019), Characteristics of the distribution system through wholesale markets in India: Comparison of apple distribution systems in India and Japan. In Maharjan, K.L. & Kawai, A. (Eds), Marketing of agricultural produce in Indian subcontinent and prospective of trade with Japan, The Open University of Japan.
- Sundas, B. & Maharjan, K.L., (2018), Understanding the fruits and vegetables markets and price in Siliguri. In Maharjan, K.L. (Ed), Development of Food Marketing System in Indian Subcontinent and its Possibilities of Trade Links with Japan. The Open University of Japan.
- Sundas, B. (2017). The state and the autochthons: Development induced conflict. In A. Bhattacharyya & S. Basu, (Eds), Marginalities in India: Themes and Perspectives, Singapore, Springer.
- Sundas, B. (2016). Mother's Group: Changing Lives of Domestic Workers. Labour & Development, 23(2) 116-128. Rai, A and Sundas B. (2015). Gorkhaland Movement: A Migrant's Perspective, New Delhi, ISARA.
- Sundas, B. (2013). Alcohol Consumption and Health Consequences: A Study in Darjeeling Hills. In S. S. Acharya & H Lhungdim (Eds) Public Health: Dimensions of Development in North East India. New Delhi: Academic Publications.
- Sundas, B. (2013). HIV/AIDS spread and care mechanism for PLWHA in Darjeeling: Historical context



and recent scenario," In S. S. Acharya & H Lhungdim (Eds) Public Health: Dimensions of Development in North East India. New Delhi: Academic Publications.

- Sundas, B. (2013). Human rights concern of people living with HIV/AIDS in Darjeeling. In P.K. Burman & A Rajak (Eds) Human rights in India: Problems and prospects, New Delhi: New Academic Publishers, pp74-86.
- Verma, S. Sachdeva, S. & Sundas, B (2013). Culture, social process and suicide: A qualitative enquiry. In U. N. Vishwash (Eds)Social psychology of health. New Delhi: Concept Publishing Company.
- Sundas, Binu. "Globalisation and Health: A Study of Alcohol consumption in Darjeeling Hills," in Globalisation and Cultural Practices in the Mountain Areas: Dynamics, Dimensions and Implications. ed. Mahendra P Lama, Binu Sundas et al, New Delhi: Sikkim University Press, 2012.
- Sundas, B. (2012). HIV/AIDS in Darjeeling: Historical context and the recent scenario. In S. Somayaji & V. Khawas (Eds) Environment development and social change in himalayan region. New Delhi: Akansha Publishing House, Sundas, B. (2011).
- HIV and AIDS in Darjeeling: Emerging socio-political challenge. New Delhi: Concept Publishing Company.
- Sundas, B. (2011). A heady mixture: Culture, economics, health and alcohol in Darjeeling. Germany: Lambert Academic Publishing.

Educational Resource Material Developed

- Sundas, B. (2021). Research in social sciences. In Dasgupta, A. (Eds) Methods of sociological enquiry. New Delhi, Indira Gandhi National Open University.
- Sundas, B. (2021). Theory and research. In Dasgupta, A. (Eds) Methods of sociological enquiry. New Delhi, Indira Gandhi National Open University.
- Sundas, B. (2021). Reflexivity. In Dasgupta, A. (Eds) Methods of sociological enquiry. New Delhi, Indira Gandhi National Open University.
- Sundas, B. (2021). Objectivity in social sciences. In Dasgupta, A. (Eds) Methods of sociological enquiry. New Delhi, Indira Gandhi National Open University.

Sundas, B. (2021). Production of Masculinity and Feminity, in Shruti, T,. (ed) Sociology of Gender, Indira Gandhi National Open University, New Delhi.

Sundas, B. (2021). Embodiment of Gender, in Shruti, T,. (ed) Sociology of Gender, Indira Gandhi National Open University, New Delhi.

Sundas, B. and Rahee. (2021). Gender, Sex and Sexuality, in Shruti, T,. (ed) Sociology of Gender, Indira Gandhi National Open University, New Delhi.



- Member, Curriculum Development Committee for M.A. in Nepali in Sikkim University, 2011.
- Member, Curriculum Development Committee for M.Sc. in Ethno-Botany and Social Medicine in Sikkim University, 2010.
- Member, Curriculum Development Committee for M.A. & M.Phil. in Sociology in Sikkim University, 2008 & 2010.

Research Guidance

- Suditya Sapcotta, Caste Narratives in Everyday Life: A Sociological Study in Sikkim. M.Phil dissertation Submitted to the Department of Social Systems & Anthropology, Sikkim University, 2014
- Ridhima Sundas, Changing Dynamics of Inter-caste Relation: A Study of Damai Community. M.Phil dissertation Submitted to the Department of Social Systems & Anthropology, Sikkim University, 2014
- Amit Mangar. Understanding Modernisation in Sikkim: A Sociological Analysis of Folk Music. M.Phil dissertation Submitted to the Department of Social Systems & Anthropology, Sikkim University, 2014
- Maria N Lepcha, A Sociological Study of the Traditional Health Practices Among the Lepcha Community of Kalimpong. M.Phil dissertation Submitted to the Department of Social Systems & Anthropology, Sikkim University, 2013
- Peter Rai, An Exploratory Study Of The Correlation Between Substance Abuse and Social Change in Sikkim. M.Phil dissertation Submitted to the Department of Social Systems & Anthropology, Sikkim University, 2013
- 6. Animesh A. L. Rai, An Exploratory Study on the Relation Between Out Migration and Social Movement with Reference to Gorkhaland Movement', submitted to the Department of Social Systems & Anthropology, Sikkim University. 2013
- 7. Uttam Gurung, Language, Identity and Social Transformation: A Study of the Gurung Community in Sikkim, submitted to the Department of Social Systems & Anthropology, Sikkim University. 2012.

External Examiner

Keya Bardalai, *Ethnicity, Migration and Conflict: Locating the Case of Assam's 'Illegal Immigrants'* M.Phil dissertation submitted to the Department of Sociology, Delhi School of Economics, University of Delhi, 2014



Samuel Rai, Sikkim: A Study of the Political Development from the early twentieth Century to the Present, M.Phil dissertation submitted to the Himalayan Studies Center, North Bengal University, 2011

Research Projects

Principal investigator for India for the project on Agriculture and Food Value Chain in the Indian Subcontinent funded by Hiroshima University and The Open University, Japan

Membership Of Professional Bodies (reverse chronological order):

Member, Advisor Board for Nepali Language, National Book Trust

Member, Editorial Board, Senhri Journal of Multidisciplinary Studies,

Administrative Responsibilities

Admission Committee, Miranda House

Member, Equal Opportunity Cell, Sikkim University, 2012-2014

Member, Medical Committee, Sikkim University, 20011-12

Member, Recruitment Committee, Sikkim University, 2011-12

Member, Admission Committee, Sikkim University, 2009-12

Member, Hostel Committee, Sikkim University, 2009-11 Member, Sports Committee, Sikkim University, 2009-2014

Member, Library Committee, Sikkim University, 2008-2014

Invited talks/Session chair/Resource person

Delivered a Lecture on Migrant Women Workers from North East: Issues of Social Protectionfor the Course on Training Programme onGender, Work and Social Protection in the North Eastern Region (3-7 July 2023), 6th July 2023, V.V. Giri National Labour Institute, Noida.



- Delivered a Lecture on Gendered Migration: Agents or Victims for the Course on Training Programme on Gender Issues in Labour, (April 17-21, 2023), 18th April 2023, V.V. Giri National Labour Institute, Noida.
- Delivered a Lecture on Social Change and Women's Agency in Darjeeling HIlls on 6th October 2021, St. Joseph's College, Darjeeling.
- Delivered a Lecture on Migrant Women and Social Security During the Pandemic on 9th June 2021, V.V. Giri National Labour Institute, Noida.
- Delivered a Lecture on "Team Sports and Soft Skills: A Case Study of United Kurseong Football Club" on 27th March 2021, Hindu College, New Delhi.
- Delivered a Lecture on People, Politics and Protest: Understanding Through Goffman's Dramaturgy, National Webinar on Nationalism, People and Protest: A Perspective from Himalayan Region, Organised by Department of Political Science and Sociology, Kalimpong College, 25th August 2020.
- Delivered a Lecture on Ethnographic Research for the Course on Research Methods on Gender, Poverty and the Informal Economy, 26th August- 6 th September 2019, V.V. Giri National Labour Institute, Noida.
- Delivered a Lecture on Migrant Women Workers from North East: Issues of Social Protection, 6 th June 2019, V.V. Giri National Labour Institute, Noida 5
- Delivered a Lecture on Getting High on the Highway: Understanding Drug Abuse in Sikkim, during the two days workshop on Understanding the Drug Abuse Situation in Sikkim: Problems and Solutions, 26th and 27th May 2017, Organised by Sikkim University in collaboration with National Institute of Social Defence, Ministry of Social Justice and Empowerment, Government of India, Gangtok.
- Concerns of Migrant Labours of North East" VV Giri National Labour Institute, Noida, 14th January 2016.
 "Globalisation and Labour Migration to and from North East India" VV Giri National Labour Institute, Noida, 4th February 2015.
- "Ethics of Research" in a research methodology workshop organised by Sikkim University in collaboration with ICSSR (North East) 2nd to the 11th of March 2013
 "Case Study as a method of Data Collection" in a research methodology workshop organised by Sikkim University in collaboration with ICSSR (North East) 2nd to the 11th of March 2013
- "Focus Group Discussion" in a research methodology workshop organised by Sikkim University in collaboration with ICSSR (North East) 2nd to the 11th of March 2013
- "Methods of Data Collection" at the Ayurveda Research Institute, Tadong Gangtok on 15th Dec 2011
 "Social Harmony, Human Rights and National Integration", Training of Trainers for NSS Programme Officers on Social Harmony and Human Rights at Gangtok (Sikkim) Organized by – Rajiv Gangdhi National Institute of Youth Development (RGNIYD), Sriperumbudar, Tami Naidu.



Gangtok, 14th July 2011

- Resource Person for the Research Methodology Workshop, organized by Indian Council of Social Sciences North East Branch, Sikkim University, Gangtok 20th to 23rd August 2010
- "On M.N.Srinivas" at the National Workshop on Translation. National Translation Mission. Dibrugarh, Dec 2009.
 Sub-Regionalism Approach to Regional Integration in South Asia: Prospects and Opportunities. Sikkim University, Gangtok. December, 2008.

Conferences Organised

- Member, Organising Committee, Online International Conference on Science and Society, organized by Miranda House, 23-25th February 2022, New Delhi.
- Convener of the 10th International Conference organised by Sikkim University in collaboration with Japan Foundation on the theme "Globalisation and Cultural Practices in the Mountain Areas: Dynamics, Dimensions and implications" on 13th and 14th December 2011, Gangtok.
- National Workshop on Personality Development. Sikkim University and National School of Drama, New Delhi. July 2009

Seminars/Workshops/Conferences attended

- Presented a paper titled **Football and Politics of Assertion and Repression in Darjeeling** Online international Seminar Playing With/As The Political: Sport As A Field For Politics, Power, Difference And Resistance, Hosted by, University of the Witwatersrand, 13th and 14th October 2022.
 - Presented a paper titled **Interrogating Research Methods: Instrument of Scientific Knowledge,** Online international Seminar, Hosted by Miranda House, University of Delhi, New Delhi, 23rd-25th February 2022.
- Presented a paper titled Dynamics of Agriculture and Market Relations in India, 2020 HINDAS 6 th Regular Seminar, Hosted by the Center for Contemporary India Studies, Hiroshima University, Hiroshima, 6th March 2021.
- Presented a paper titled Food Availability, Consumption Behaviour and Bringing Back "Value" to Food in India, 133rd TAOYAKA Program Seminar, Hiroshima University, Hiroshima, 29th October 2019
- Presented a paper titled Rhetoric of Development and the Gorkhaland Movement, International Conference on Rethinking the Obvious: The Rhetoric of Development, organized by Miranda House, University of Delhi, 8&9th January 2018.



- Presented a paper titled Language and Traditional Healing Practice: A Study of Limbo Community, National Seminar Organised by Centre of Social Medicine and Community Health, Jawaharlal Nehru University on the theme Indigenous Healing Practices among the Tribes: Challenges in Recognizing and Mainstreaming, 10-11th February, 2017
- Presented a paper titled Comtian Philosophy and Social Security for Women Living with HIV/AID at the National Seminar organised by Sikkim University in collaboration with Association of Indian Universities on the Theme 'Social Security for Women In India' on 30th and 31st March 2013 at Sikkim Retreat, Gangtok
- "The Vanishing Autochthones of Sikkim" at the international seminar organised by Presda Foundation, Japan on the Theme 'Conference on the Anthropological Sustainability in Asia' on 15th, 16th and 17th December 2012, Landmark Hotel, Bangkok, Thailand
- "Human Rights and the People Living with HIV/AIDS" at the national seminar organised by Kaliganj College, on the Theme 'Human rights in India: Problems and Prospects' on 16th and 17th March 2012, Kaliganj College, West Bengal
- "The Impact of Climatic Variables on Cardamum Cultivation in Sikkim" at the national Seminar organised by Centre for Himalayan Studies, North Bengal University, on the theme 'The Himalayas: Climate Change, Land Use Change and Social dynamics" on17th and 18th February 2012, NBU
- "Large Cardamom Cultivation in Sikkim: A Study to Access the Impact of Climate Variables" at the seminar organised by Hiroshima University during the Global Environmental Leaders Education Program, Hiroshima, 9th September 2011.
- "Globalisation And Health; Study of Alcohol Consumption in Darjeeling" at the International Conference on the theme 'Globalisation and Cultural Practices in the Mountain Areas: Dynamics, Dimensions and implications' Sikkim University, 13th and 14th December, 2011.
- "Gorkhaland Movement and Police Culture in Darjeeling Hills" at the International Seminar on 'Social Violence and Police Culture: Cross-National Experiences',organised by Sikkim University, Center for Public Affairs, Fondation Maison des Sciences de l'homme, Indian Council of Social Science Research, March 2010
- "NREGA in Sikkim" at the National Seminar on 'National Rural Employment Guarantee Act in the North East with Special Reference to Sikkim'. High Court of Sikkim. Nov. 2009
- "Gorkhas: The Forgotten Heroes of the Indian Freedom Struggle" at the National Seminar on 'India's Freedom Struggle: One Goal, Many Streams: Leadership and Mass participation' organised by IGNOU, New Delhi, 8-9 August 2008, New Delhi
- "The Health Practices among the Migrants Nepalis in Delhi" at the National Conference on 'Identity and Nationality of the Indian Nepalese: Issues and Perspectives', Gangtok, Sikkim. April 2006



Synergy	(work	with	other	organizations	outside	the	college):