



DR. VAISHALI GAHLYAN

📍 Miranda House (Assistant Professor),
Philosophy, Delhi University-110007

📍 Southern New Hampshire University,
Manchester (Adjunct Faculty,
Philosophy)

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PROFESSIONAL SUMMARY

Dedicated philosophy scholar with more than a decade of academic experience, currently serving as Assistant Professor at Miranda House, University of Delhi, India. Serving as Philosophy Professor, Adjunct Faculty in Southern New Hampshire University, Manchester. Previously taught at Jesus & Mary College, NCWEB-DU, IGNOU (various regional centers), with a strong academic record as a Delhi University topper, multiple gold medals, and prestigious scholarships. Represented India in Shanghai summit 2025 on Digitalization amongst 17 countries through Ministry of external affairs on 26th September 2025. She is also an invited key speaker and Indian delegate at the World People Summit (World Assembly, BRICS Russia, March 2026) to represent Indian philosophy, and was invited as chief guest at the DU Startup and Innovation Summit 2026 organized in collaboration with the Government of India. Published multiple times in Scopus and UGC-CARE listed journals and contributed as editor and reviewer to Book chapters and Edited volumes. A sought-after speaker at national and international conferences, invited as chief guest in various educational institutions like in Universities, schools and art and cultural institutions IGNCA, to speak on various philosophical dimensions like art, IKS, meditation and mental health sessions across India and worldwide. Recipient of the 2024 Women Empowerment Award and the 2025 Education Excellence Award from IIT-M University. As Faculty Coordinator and Convenor, she organized a Philosophical Counselling Course at Miranda House (Feb-April 2026) in collaboration with the Philosophical Practitioners Association of India, along with multiple international lectures, seminars, and conferences. Founder of *Sukoon*, a platform empowering over 500 young women through mental health and resilience initiatives. A licensed Mental Health Professional Counselor with the International Psychological Association (APPA-PPAI), certified NLP advanced practitioner, EFT coach, Trauma advanced healer, she passionately bridges philosophical inquiry with real-world impact. Did different Teacher training courses like RC-MMTTC from Ramanujan College on NEP 2020 orientation and Sensitization programme, MH-MMTTC-FDP-07 from Hansraj College, Philosophy for Children, Indian Knowledge System from CPDHE, Aligned with NEP-2020's interdisciplinary vision, she has taught courses on Emotional Intelligence, Care Ethics, Applied Ethics, and the Art of Being Happy—fostering ethical reasoning, empathy, and human connection. Balancing academic, pedagogical, and administrative roles, her work aims to cultivate critical minds attuned to justice, wisdom, and transformative understanding.

EXPERIENCE

Assistant Professor

Miranda House College, 28/01/2025

B.A (Hons.) Philosophy, University of Delhi

Subject Taught – Epistemology, Logic, Western Philosophy, Care Ethics, Emotional Intelligence, Art of Being Happy, Critical thinking

- Delivered engaging lectures and tutorials.

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- **Represented India in Shanghai Cooperation Summit 2025** - amongst 17 Countries through **Ministry of External affairs** and NBT, represented Indian Philosophy, arts and Culture on 25th and 26th September 2025.

Assistant Professor (Guests Faculty), 24/08/2024

NCWEB, post-graduate M.A Philosophy

University of Delhi

Subject Taught - Ethics- (Phil-104)

- Delivered engaging lectures, seminars and tutorials, increasing class productivity.

Assistant Professor, (Guests Faculty), 05/2022 - 12/2023

Jesus and Mary College, Ignou-0713

B.A (Hons.) Philosophy

Subjects Taught - History of western Philosophy, Applied Ethics, Epistemology, Indian Philosophy.

-Assisted in planning and development of teaching materials & workbooks.

RC-MMTC-FDP, Ramanujan College, 20th August – 29th August 2025

Teacher Training Course

NEP 2020 Orientation and sensitization Prograame

A+ Grade – First Division

MH-MMTC-FDP-07, Hansraj College, 7th July-12th July 2025

Teacher Training Course

Vedic Sciences and Philosophy.

A+ Grade – First Division

FDP - Sridev Uttarakhand University, 1st September-13th September, 2025

Teacher Training Course

Integrating Artificial Intelligence in Research and pedagogy.

A+ Grade – First Division

EDUCATION

PhD In Philosophy

University of Delhi, Department of Philosophy, faculty of Arts, 2026

Distinction GPA: coursework finished with 77.66%

- Dissertation in "An Enquiry Concerning the role of Imagination In Transforming Experience".

M.phil in Philosophy

University of Delhi, Department of Philosophy, faculty of Arts, 2022

Distinction (Highest marks in Batch 2022)

78 % - First Division.

- Dissertation in "The Transcendental Synthesis of Imagination" in Kantian Philosophy.
- Coursework in Different Research Methodologies, Philosophy of Psychology, Feminists Epistemology and Debates between conceptualism and non-conceptualism.
- Topper in M.phil batch 2022, Academic Achievement Award

St. Stephens college, University of Delhi, 2019**M.A: Philosophy - Gold Medalists**

GPA: 68.56

Topper in St. Stephens College with Highest marks in 2017-2018 batch

B.A (hons) : Philosophy - University Topper

Daulat ram college, University of Delhi, 2017

GPA: 83.20

Academic Achievement Awards:

- Awarded with Certificate, **Gold Medal**, scholarship, Teacher's Memorial prize, and a gifted book for securing **first position in University in 2017**, in philosophy, B.A (hons.) Graduation, Delhi University.
- Awarded with certificate of appreciation for **securing Highest marks in philosophy Department, Daulatram college for consecutive 3 years, 2014-2017.**
- Awarded with Silver Jubilee Merit Scholarship prize for securing second position in Delhi University, 2014- 2015. In B.A (hons.) Philosophy, Daulatram college.

Professional Diploma: Counselling, Clinical and Positive Psychology

Ministry of corporate affairs India & Emotion and Behavior science co.

GRADE: A+

- Licensed by American Psychological Association
- **Licensed mental Health professional at MHI (Mental Health Inco.)- International Psychological Association**
- Licensed Philosophical Counsellor from American Philosophical Practitioners Association and Philosophical Practitioners Associations of India.

St. Mary's Convent Senior secondary School, Panipat, 2014

Certificate of Higher Education: Physics, Chemistry, Mathematics, Physical Education, Biology
GPA: 89.25

St. Mary's Convent Sr. sec. School, 2012
certificate of senior education - **Topper** GPA: 9.6

Professional Diploma: Sound Therapy, 20/08/2024
Shri School of Sound Therapy

GRADE: A+

- Nada Brahma, Chakras, Brain-waves, Neuroplasticity, Healing sound Frequency Therapies for Mental Health and Physical Health & instruments.

Professional Trauma Therapist

- Merkabah School of Consciousness

Under Madhvi Juneja.

A+

Professional NLP Advance Practitioner

Under Dr. YSR School of NLP training

July 2025

Trained Teacher at Art of Living Youth Happiness Program, 2025

Sudarshan kriya, Sahaj Samadhi, Advanced Meditation

PUBLICATIONS

- Published paper in **SCOPUS** by title "From Autonomy to Relationality: A Care Ethics Perspective on Global Justice" in International Journal of Environmental Sciences. ISSN: 2229-7359. Vol. 11 No. 14s, 2025. IF: 1.4, Q3
- Published paper in **SCOPUS** by title "Incorporating concepts of Classical Indian philosophy in visionviksitbharat@2027" in Library progress international journal, ISSN 0970 1052, vol. 44 no. 3, July 2024.
- "Kant's Faculty of Imagination and its Epistemic Function" 2024 in **SCOPUS** journal, Educational Administration: Theory and Practice, 30(50), 3617-3623, Doi: 10.53555/kuey.v3oi5.3499, ISSN: 2148-2403. IF:0.8
- "Decolonizing Justice and Care through Dharma: Draupadi's Dialogical agency in Mahabharata" with Prof. Bijayalaxmi Nanda, Book "Decolonizing Feminism" under Publication with Routledge.
- "The Genius of Imagination" in **UGC-CARE LISTED** Journal Humanities and

- Published **Review for Philosophy Book**, "A Quick and Concise Introduction to Philosophy by Dr. Shamik Chakravarty with Indian Philosophy Network on 24th July 2025.
- "An Enquiry on Laws of nature and circularity problem" published in sarcouncil research **journal of arts humanities and social sciences** volume 3 january, 2024, UGC approved and **peer reviewed**, ISSN-2945-3488.
- Published **Chapter titled "The Trauma Within: Mapping Personality Formation and the art of Healing" in edited Book: Trauma Management: An Integrative Approach. Chapter 6, Pg. 81, ISBN-978-93-5879-038.**
- Published **chapter titled "Gender Analysis in Higher Education" Pg - 88 to 96 in Book "Higher education in India: current scenario, challenges, opportunities and reforms"**.
- "Knowing the Knower who knows how to Know", pg. 199-202. Shodh Drishti, september 2023, UGC approved journal no. 49321, **peer reviewed**.
- "Objectification: An Act of Dehumanisation", pg. 237-241. **Interdisciplinary Journal of Contemporary Research**, June 2023, UGC approved journal no. 48416, **Peer-reviewed**.
- "Mental Health and Mindfulness", pg. 210-214. Shodh Drishti, october 2023, UGC approved journal no. 49321, **peer-reviewed**

PRESENTATION IN CONFERENCES

- Invited as a Guest and Speaker in JNU Kant Conference, Celebrating 300 years of Kant, 12-14 Feb 2026, on the topic " A Comparative Understanding of Imagination in Kant's Philosophy and Indian Aesthetics"
- Invited as a Key speaker and presented a paper titled, "Philosophy of Nature and Human Responsibility: Reclaiming the other through Care" in a 2 day international conference in Hindu College, Amritsar Punjab, on Sustanaibility and Environmental well being through IKS" on 19th-20th September 2025.
- Invited as a key speaker in an International conference in India International centre and Presented a paper on "Dying in the age of Disconnection: Thanatopolitics and the Ethics of Care in the Indian Context" in "cultural and Mainstream posthumanist forum on 14th September 2025.
- Invited as Chief Guest to give a Presentation lecture on "Antaryatra: Kalpana, Kala aur Dhyana" at Sanskar Bharati, Kala Sankul, Central Delhi, Govt. of India on 27th July, 2025.

- Invited as a guest of honour and presented a research paper in the National seminar in Daulatram College on “NEP 2020 and the pedagogy of Dialogue:Reimagining the teachers role in Classroom” on 31st August 2025.
- Invited as a Key speaker in the ICPR Sponsored 2 day Multidisciplinary International Conference at Lilabati Mahavidyala West Bengal on “Exploring Philosophy of Yoga”, where the title of presentation was “Integrative Insights: Investigating the Influence of Yoga on Emotional Regulation and Intelligence” on 22nd and 23rd July, 2025.
- Invited as a speaker to Present a Research paper titled “Understanding Attraction, Male Gaze and Objectification in Indian society” in International seminar on Gaze organized by Department of Philosophy Delhi University in collaboration with Minorities and philosophy on 29th February 2024.
- Presented a Research paper titled 'The Role of Imagination in Modal Logic' in Graduate seminar on “Arguments and Philosophy” organized by Department of Philosophy, University of Delhi on 30th March,2022.
- Presented a Research paper titled “A philosophical meeting with grief” in a National seminar on Contemporary Research in philosophy organized by Department of philosophy, University of Delhi on 14th December, 2023.
- Presented a Research Paper titled "Reunderstanding Ancient Indian Materialism, Carvaka" in International conference on Reflections on Hundred Years of Philosophy in the Department of Philosophy, Delhi University
- Presented a Research paper titled 'Philosophical and Linguistic analysis of Garo language' in International conference on “North East India: Exploring philosophy, culture & Environmental Sustainability” organized by Daulat ram college in collaboration with ICPR and P.A Sangma Foundation on 11th January, 2019
- **Reviewed for Sophia (Parkville) journal Sophia:** Springer Nature Reviewed “The parallels between Kantian Aesthetics and the presence of Tibetan art in the Yuan-Ming Era (1279-1644)”
- **Reviewed for Journal of Dharma Studies,** Reviewed “Religious or Spiritual Ecology in Hinduism and its Belief in India: A special reference to Haryana State.”
- **Content and Language Editor of Book “cognition, Truth and Reality: Insights from Indian Philosophical Texts” by Srilekha Datta for D.K Printworld P Ltd**
- Presented a Research paper titled “The conceptual schema of women” in Presentations on Perspectives in Feminists Philosophy, department of

Philosophy, University of Delhi, Under Mentorship of Dr Reetu Jaiswal.

- Participated in 'Indian council of Philosophical Research' organized by Darshan Gyan Sangam in 2018
- Participated in 'Climate change conclave' organized by University of Delhi in 2018.

CERTIFICATION

- Invited as a key speaker and **Indian Delegate in World People summit**, India in The World Assembly, BRICS **Russia** on March 23-26th 2026 to represent Indian Philosophy.
- Invited as a chief guest in **DU startup and innovation summit, 2026** organized in collaboration with Govt. of India on 10th March 2026.
- Organized a '**Philosophical counselling Course**' in Miranda House as the course coordinator and **Convenor** in collaboration with Philosophical Practitioners Association of India from 15th Feb 2026 to 4th April 2026.
- Organized an **International Lecture as Faculty Coordinator** in Miranda House by Prof. Peter Mclaughlin on "**Can Doubt Lead to something Indubitable: Descarte Cogito Revisited**" on 16th Feb 2026.
- Organized an **International seminar as Faculty coordinator** in Miranda House on "Beyond Individual Personal identity: relational Self and Panenpsychic theory of Mind" on 16th January 2026.
- Invited as a **chief guest** and **Honored with the Excellence award in Education** and Certification in IIT-M University on 13th May, 2025.
- Organized a 3 Day workshop on Public policy and Governance in Miranda House College with Dr. Tarang Kapoor and principal Prof. Bijayalaxmi Nanda.
- Invited as a **chief guest and Honored with the Women Empowerment award** in Prayaas International School, and certification of Exceptional work, there delivered lecture to the faculty on students training and resilience building, on 8th march, 2024.
- **Certified Philosophical Counsellor** from Philosophical Practitioners association of India in association with American Philosophical Practitioners Association in 2022.
- Certificate of Organizing **Mind Lab Inaugural Event in Miranda House** on April 3, 2025 to advance Science of Happiness, Emotional Intelligence and to provide psychological support to Students to make them mentally resilient.
- Invited and Awarded by National Service Scheme in collaboration with the

Miranda House to give Meditation session on 30th March 2026.

- Invited as a Chief Guest in Hansraj College and awarded with the award to felicitate UPSC-CAPF 2024 selected candidates.
- Actively Conducting add on Course in **Miranda House College by Rekhi Foundation on Science of Happiness.**
- Certified in One Month course on **VEDANTA & LIFE** with Grade A from Bhartiya Vidya Bhavan (from september-october,2016), Centre of Indology, Kasturba Gandhi Marg, Delhi-110001
- Certificate of Organizing team Member in **The International conference on Reflections** on 100 years of Philosophy in Delhi University on 17th-19th February 2023.
- **Certified Neuro-linguistic-programing (NLP) Trainer** from Dr. YSR School Of NLP on 16th July 2025.
- Certified **Emotional Freedom Technique** in psychology **EFT Practitioner** from Akash Garg institute of EFT healing, March 2025.
- Invited as a **Distinguished Judge** in a Debate Competition in Miranda House cut to the argument at Gnosis 2025 and appreciated for exceptional judging skills by the Principal of Miranda House College.
- Invited as a chief Guests by District Education Officer of Panipat in Sanskriti Model School to give a meditation session and mental health awareness lecture.
- Awarded certification in Philosophical Counselling course done in Hansraj College, Delhi University, 2022.
- Invited to give a Meditation and Mindfulness session in Himalayan Department of Delhi University, 1st May, 2025.
- Certificate of Participation in Cambridge University Press seminar on "Managing Peer Review, Rejection & Resubmission" on 19th May 2025, trainer Christine penney.
- Certificate of Organizing Team member of **Bhartiya Darshanik Diwas** in Department of Philosophy December 15th 2022.
- Certificate of YUVA Vimarsh 2023 organizing team member.
- Certificate for being the Organizing team member of "नारी शक्ति संगमः महिला कल, आज और कल" 2023

- Currently working with Project “भारत में स्त्री शक्ति विमर्श” organized by **भारतीय विद्या अध्ययन संस्थान**, Delhi.
- Certificate for working in **7day workshop conducted by CPDHE on 'Indian Knowledge system'** in Delhi University, October 2023.
- Worked as a councillor in NGO "We Avec You" under the guidance of Dr. Toshender Dwivedi. Associate professor of Psychology.
- Certification for Participating in Workshop conducted by Gandhi Bhavan in learning Charkha and Gandhian philosophy of Ahimsa, Satyagraha and Swaraj, In October 2016.
- Awarded certification for Pursuing six month course in **Teaching primary students**, conducted by Paremshwari shiksha sudhar samiti in April 2016.
- Awarded Certification for being **Organizing team member of The Panel Discussion conducted on Bhagavad Gita** and Krishna in Delhi university, Gandhi Bhavan, 2023.

AWARD AND ACHIEVEMENT

- Excellence Award by **Ministry of External Affairs** for Representing India among 17 countries in SCO Young authors conference shanghai summit 2025.
- Awarded with Certificate, **Gold Medal**, scholarship, Teacher's Memorial prize, and a gifted book for securing **first position in University in 2017**, in philosophy, B.A (hons.) Graduation, Delhi University.
- Awarded with certificate of appreciation for **securing Highest marks in philosophy Department in Daulatram college for consecutive 3 years, 2014-2017**.
- Awarded with Silver Jubilee Merit Scholarship prize for securing second position in Delhi University, 2014- 2015. In B.A (hons.) Philosophy, Daulatram college.
- Awarded with the Certificate of Appreciation and prize for securing **first position and highest marks in Masters M.A Philosophy in St. Stephens College, 2018**, Delhi University.
- Awarded with the Certificate of Appreciation and prize for securing first position and highest marks in Masters M.A Philosophy in St. Stephens College, 2019, Delhi University.
- Cleared NET (National Eligibility Test) in Philosophy, 2019. Non-Net fellowship awarded from 2019-2021.

- Honored with the Women Empowerment Award in Prayaas international School 2025.
- Invited as a Chief Guest in Hansraj College and awarded with the award to felicitate UPSC-CAPF 2024 selected candidates.
- **Honored with the Excellence award in Education** and Certification in IIT-M University on 13th May, 2025.
- Honored with Jayghosh award for Excellence in organizing and managing the event of UPSC officers 2024.

ACADEMIC INTERESTS

Kant's Philosophy, Logic, History of Western philosophy, Care ethics, Indian Philosophy, Emotional Intelligence, Feminists philosophy, Applied Philosophy, Ethics, Epistemology.

Personal Interests: Sound therapy, Yoga, Meditation, Theatre, Gymnasium, Reading Philosophy and Non-Fiction books.

EXTRA-CURRICULAR CERTIFICATION

- Actively managing Happiness club committee in Miranda House
- Participating in Reikhi Foundation on Happiness, Miranda House.
- Certificate of appreciation as a Theatre artists, participated and won many competitions in stage and street plays in, working with Memesis: Theatre group
- Awarded certification as a senior First-Aider from Red cross Bhavan, Golf Links, New Delhi-110003
- Awarded certificate of appreciation for taking the initiative in Blood Donation Camp in March 2016, Holambi Kalan, Delhi
- Participated and volunteered in NGOs like Sankalp and Rahi for child education and women empowerment.

TECHNICAL SKILLS

- Research Support, Research procedures and Methodologies, Creative writing, Event organization,
- Excellent Work ethics, Good verbal and Written communication,
- Student engagement techniques,
- Content Development, Virtual classroom,
- Project Management,
- M.S Office,
- Proofreading, SMART Learning Suite,
- Creative classroom management,
- Google classroom.
- Tutoring and counselling, Proofreading and editing,

- Syllabus development, Student progress monitoring, Interactive teaching

LANGUAGES

First Language

English:

Advanced-2



Proficient