



Miranda House

UNIVERSITY OF DELHI

Society Annual Report

Society Activities

Society: National Service Scheme

Year: 2021-22

Student Office Bearers:

Name	Post	Course	Year
Ms. Rakshita Singh	President	B. A.(Prog)	2
Ms. Apoorva Singh	Vice President	B. A.(Prog)	2
Ms. Aditi Sharma	Gen. Secretary	B.A.(Hons.)Economics	2
Ms. Shruti Sharma	Treasurer	B.A.(Prog)	2

Staff Advisors:

Name	Department
Dr. Malti Sharma, Programme Officer	Chemistry
Dr. Anshika Lumb	Chemistry
Dr. Deepti Rawat	Chemistry
Dr. Shivani	Chemistry
Dr. Neetu Chaudhary	Botany
Dr. Suday Narayan Prasad	Elementary Education

PART A.1

Events/Seminars/conferences/workshops/Extension Activities organized:

National Service Scheme (NSS) is a central sector scheme of the Government of India, Ministry of Youth Affairs and Sports. Miranda House NSS unit works to bridge the gulf between the educated and uneducated sections of the community. The aims and objectives of NSS are to work among and with people, to develop a desire to serve the weaker section of the community, and to gain skills in democratic leadership.



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NSS Miranda House comprises of five different projects. Project Aagaaz, Sakaar, Saksham, Sadbhavana and Project Sahyog. Each project volunteers with their Project Heads work with same zeal even in Covid-19 Pandemic adding several new feathers and caps in its accomplishments.

Van Mahotsav also known as Forest Festival is an annual celebration of the plantation of trees in India. Van Mahotsav week was celebrated with 57 participants from 19-25 July 2021 with some activities such as Grow Green (planted trees), Green Guardians made rakhi from tree or a plant), Voice for the Voiceless (slogan on the importance of saving trees), Grooming Greens (groomed plants and trees in their house and neighbourhood) and Learn from the Past (made reels and videos on various environmental movements conducted for saving trees).



International Plastic Bag Free Day was celebrated online on 04 July 2021. It was celebrated with 34 participants and they organised short video making, awareness among neighbours the harmful effects of plastic etc.

Five NSS volunteers participated in 'Clean Yamuna Campaign' was organised by the district administration of South Delhi on 7 October 2021 under 'Clean Yamuna Project' at Yamuna Bank, Near Shamshan Ghat, Sarai Kale Khan Bus stand with collaboration of MTA, RWA, NSS, Civil Defence and NYKS.





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Under the Nadi-ko-Jano Abhiyan to know our rivers, organised by Research for Resurgence Foundation (RFRF), three hundred and fifteen individual registrations were done from Miranda House including teaching, non-teaching and students.

NSS Miranda House, in collaboration with NCC Miranda House and Miranda House Union, conducted a one-day self-defense workshop-Ojasvi on 24 March 2022, under the guidance of Ms. Prabhsharan Kaur, the chief instructor of Nirbhau Naari Suraksha Foundation. The workshop which was conducted with 150 participants on the day after international women's day aimed at empowering women physically, psychologically and legally in self-defense. Students got demonstrations of various methods of defense, as well as an opportunity to practice them. The workshop left the participants empowered and was certainly a positive step towards ensuring women's safety.



Five volunteers participated in the All-India Youth Leadership Summit organized by Global Challenges Forum on Sustainable Development Goals, focusing on 'Hunger to Health' and 'Education to Employment' conducted online on 01 October 2021. Team Miranda House represented by Diksha Bhagat, Niharika Jhankar, Gauranshi Garg, Sruti Singh Mahapatra, Sunidhi Verma, and Taniksa Visen showcased the contributions made by NSS and made it to the list of Top 6 projects followed all across the country. It was an enriching and insightful session held in the noble presence of GCF Chairperson Mr. John Samuel and GCF Chairperson, Delhi Dr. Sanaya Nariman. All the top six project submissions got the certificate of appreciation.



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Mega Health Camp was organised on 22 April 2022 in association with Rotary Club of Delhi in the Seminar Hall, Miranda House. Around 320 students, non-teaching and faculty members get their health check-ups.



Swachhta Pakhwada and Poshan Pakhwada were conducted from September 1-15, 2021 and 28th March - 5th April 2022 respectively. Activities like 'Swastha Balak-Balika Spardha', 'Poshan Monitors' 'Poshan Ke Paanch Sutras', 'Plog Run', 'Plantation Drive', 'Waste Segregation' and 'Composting' were conducted under these programmes.



'Beti Bachao Beti Padhao' is a campaign of the Government of India. Regular activities to spread awareness and promote the campaign are conducted under our unit for this initiative.



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A 'Yamuna Ghat Cleanliness Drive' was conducted on April 1, 2022 at the Yamuna Ghat in New Delhi with the participation of over 40 volunteers with the aim of a cleaner and healthier India. Precautions like wearing hand gloves, masks and use of sanitisers were taken to maintain sanitation and hygiene.



The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. The essence of yoga is balance - not just balance within the body or that between the mind and the body, but also balance in the human relationship with the world. Yoga emphasizes the values of mindfulness, moderation, discipline and perseverance. When applied to communities and societies, Yoga offers a path for sustainable living. Continuing with the celebrations of Azadi ka Amrut Mahotsav, Department of Physical Education and Sport Sciences,



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National Service Scheme and National Cadet Corps, Miranda House organised the YOGA WEEK from 16 June 2022- 21 June 2022 from 7:00 a.m. - 8:00 a.m. in the Front Lawns of Miranda House with Yogacharya Sh. Manish Kapoor. The opportunity was open to all students, faculty and non-teaching members of Miranda House. Around 60 participants including students, faculty members and non-teaching staff have enjoyed the sessions.





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A few other important days celebrated under our unit are mentioned below:

International Plastic Bag Free Day (July 4th, 2021)	Kargil Vijay Diwas (July 25th - 26th, 2021)	World Therapy Day (September 4th, 2021)
World Suicide Prevention Day (September 9th, 2021)	World First Aid Day (September 11th, 2021)	Hindi Diwas (September 15th, 2021)
World Heart Day (September 22nd, 2021)	Gandhi Jayanti (October 2nd, 2021)	Breast Cancer Awareness Month (October 2021)
Global Handwashing Day (October 14th, 2021)	Vigilance Awareness Week (October 27th- November 2nd, 2021)	National Unity Day (October 31st, 2021)
National Girl Child Day (January 25th, 2022)	Netaji Subhash Chandra Bose Jayanti (January 23rd, 2022)	Republic Day (January 26th, 2022)
National Voters Day (January 23rd, 2022)	World Cancer Day (February 4th, 2022)	World Sparrow Day (March 26th, 2022)
Martyr's Day (March 26th, 2022)	World Book Day (April 23rd, 2022)	Ayushman Bharat Diwas (April 30th, 2022)
World Malaria Day (April 25th, 2022)	World Earth Day (April 22nd, 2022)	Labour Day (May 1st, 2022)
World Press Freedom Day (May 3rd, 2022)	International Day of Families (May 15th, 2022)	International Day of Biodiversity (May 19th, 2022)
World Hypertension Day (May 31st, 2022)	World NO Tobacco Day (May 31st, 2022)	National Endangered Species Day



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17th, 2022)	2022)	(May 19th, 2022)
World AIDS Vaccine Day (May 18th, 2022)	World Environment Day (June 4th, 2022)	World Day Against Child Labour (June 12th, 2022)
World Elder Abuse Awareness Day (June 17th, 2022)	World Food Safety Day (June 7th, 2022)	World Blood Donor Day (June 15th, 2022)