



Miranda House

UNIVERSITY OF DELHI

Society Annual Report Society Activities

Society: Sports Department

Year: 2023-24

Student Office Bearers: Ms. Vaidehi Singh (President)

Ms. Anusta Yadav (Vice President)

Ms. Mariot Thankachan (Vice President)

Ms. Manya Janin (General Secretary)

Ms. Mahima Beniwal (Joint Secretary)

Ms. Darshi Saini (Treasurer)

Ms. Chahat Solanki (Creative Head)

Ms. Siddhi Gupta (Creative Head)

Staff Advisors: Dr. Amita Rana, Teacher-in-Charge

Dr. Neeru Yadav, Assistant Professor

Part A.1

Events/Seminars/conferences/workshops/Extension Activities organized

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved, with contact details (if any)
<i>Orientation of Fresher's: Yoga Session</i>	17th August, 2023	95	Yogacharya Shri Manish Kapoor, Fitness and Wellness Management Coach
<i>Fresher's Run</i>	29 th August, 2023	85	Department of Physical Education and Sports
<i>Teacher's Day Celebration</i>	5 th September, 2023	16	Department of Physical Education and Sports
<i>Inter-Department Chess Tournament</i>	23 rd September, 2023	18	Department of Physical Education and Sports
Fit India Week	28 th November to 2 nd December, 2023	300+	Department of Physical Education and Sports
Erobern 2024	15 th , 16 th & 17 th February, 2024	300+	Department of Physical Education and Sports
Sports Event for Non-teaching Staff	23 rd & 24 th April, 2024	32	Department of Physical Education and Sports



Miranda House

UNIVERSITY OF DELHI

International Yoga Day 2024	21 st June, 2024	50	Yogacharya Shri Manish Kapoor, Fitness and Wellness Management Coach
Workshop on Fit India: The Vision	26 th September, 2023	148	Dr. Bimla Pawar, Assistant Professor, Shaheed Rajguru College of Applied Sciences for Women
Expert Talk on Nutrition and Wellness	17 th October, 2023	170	Ms. Anju Bala, EPC Consultant
Expert Talk on Believe in Yourself	1 st April, 2024	133	Yogacharya Shri Manish Kapoor, Wellness and Lifestyle Management Coach



Miranda House UNIVERSITY OF DELHI

Supporting Documents for Orientation of Fresher's: Yoga Session

Dated: August 16, 2023

The Principal
Miranda House
University of Delhi
Delhi- 110 007

Subject: Orientation 2023: Yoga Session for Freshers

Dear Prof. Nanda,


We would like to bring to your kind notice that the Department of Physical Education and Sports is organizing a Yoga Session for Freshers as a part of Orientation Programme 2023 on 17th August, 2023.

The estimated expenditure is as follows:

1. Remuneration charges for the expert (Yoga Session)	: Rs. 1000/-
2. Refreshment for the Participants	: Rs. 20/- per head
3. Standee & poster	: Rs. 1,000/- incl.GST
4. Carpet	: Rs. 1,500/- incl.GST





Submitted for your kind information and necessary approval, please.

Warm Regards



Dr. Amita Rana
Teacher In Charge
Dept. of Phy. Edu. & Sports

Approved
Sanctioned
Bd
16/8/23



MIRANDA HOUSE

University of Delhi

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Presents

ORIENTATION : YOGA SESSION FOR FRESHERS



Yogacharya Sh. Manish Kapoor
(Wellness and Lifestyle
Management Coach)

DATE: 17 August 2023

TIME : 7:30 a.m. -8:30 a.m.

VENUE : Front Lawns

Prof. Bijayalaxmi Nanda
(Principal)

Dr. Amita Rana
(Teacher In Charge)

Dr. Neeru Yadav
(Assistant professor)

For queries contact:-

Vaidehi Singh: +91 9501969164
(President)

Anusta : +91 7344610514
(Vice-President)

Mariot Thankachan: +91 7065562958
(Vice-President)



Miranda House UNIVERSITY OF DELHI

Miranda House
University of Delhi
Department of Physical Education & Sports

S.No	Name of Students	Course	Signature
74	TANVI PRASAD	BA (H) POL.	<i>[Signature]</i>
75	DEVANANDA S	BA (Eco. Maths)	<i>[Signature]</i>
76	UJASWINI UPMANYU	BSc Physics (H)	<i>[Signature]</i>
77	DISHA BANERJEE	BA (Hon) History	<i>[Signature]</i>
78	Aaradhya Raman	B.E.L.E.D	<i>[Signature]</i>
79	Atharva M	BA Eco (Hons)	<i>[Signature]</i>
80	Kushalika Choudhary	BA Hb (Hons)	<i>[Signature]</i>
81	Rasparajna Sen	B.A. (Borg + Pol Sci)	<i>[Signature]</i>
82	Ananya	B.Sc Ed	<i>[Signature]</i>
83	Sonia Das	BSc Physics	<i>[Signature]</i>
84	Shruti Singh	BSc Physics	<i>[Signature]</i>
85	Saanvika Hans Tiwari	BA Program (Hons)	<i>[Signature]</i>
86	SUREYA SINGH	BSc Life Science	<i>[Signature]</i>
87	Aishwarya Singh Swarnika	BA (H) History	<i>[Signature]</i>
88	Pranavi	BA (H)	<i>[Signature]</i>
89	Luvishi Lantia	BA (Hons) Pol Sci	<i>[Signature]</i>
90	Rashmi Pruthi	B.Sc. Physical Sci	<i>[Signature]</i>
91	Shruti	B.Sc. Physical Sci	<i>[Signature]</i>
92	Pranavi Rawat	B.Sc. Physical Sci	<i>[Signature]</i>
93	Kritika	B.Sc. Physical Sci	<i>[Signature]</i>
94	Gayatri Munjal	BA Hons Geography	<i>[Signature]</i>
95	Rhushi Jaiswal	BA Hons Hindi	<i>[Signature]</i>





Miranda House


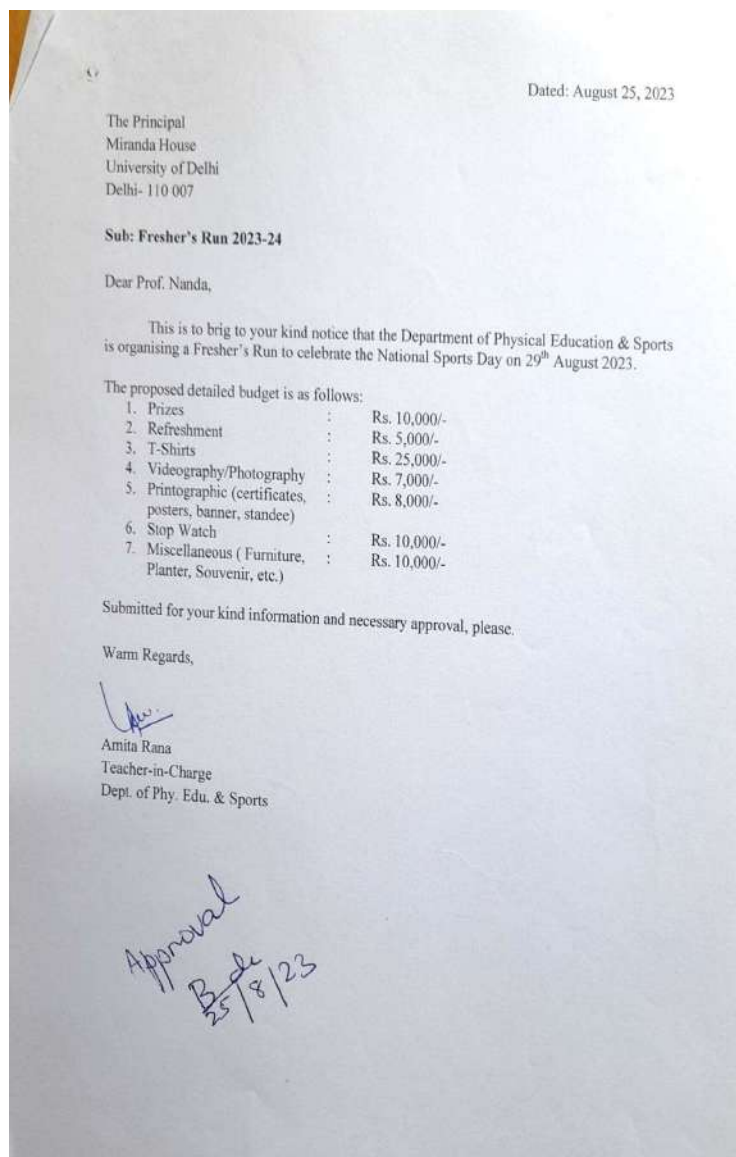
UNIVERSITY OF DELHI





Miranda House UNIVERSITY OF DELHI

Supporting Documents for Freshers Run 2024



MIRANDA HOUSE University of Delhi

Department of Physical Education and Sports

In collaboration with
DELHI UNIVERSITY SPORTS COUNCIL
University of Delhi

Presents
FRESHERS RUN

ON THE OCCASION OF
NATIONAL SPORTS DAY

 **29 AUGUST 2023**  **3:30 - 6:00 P.M.**  **POLO GROUND**

Prof. Ajay Kumar Singh
(Chairman, DUSC)

Dr. Anil Kumar Kalkal
(Director, DUSC)

Prof. Bijayalaxmi Nanda
(Principal)

Dr. Amita Rana
(Teacher In Charge)

Dr. Neeru Yadav
(Assistant Professor)

FOR QUERIES CONTACT:-

VAIDEHI SINGH: +91 9501969164
(PRESIDENT, SPORTS UNION)



Miranda House UNIVERSITY OF DELHI

Miranda House University of Delhi Department of Physical Education & Sports

S. No.	Name	Course	
1	Aadya Agarwal	B.Sc (Hons.) Mathematics	564
2	Aaradhy Raman	Beled	544
3	Aashna Jha	BA Programme	568
4	Aastha	BA program (ESB + NHE)	
5	Aayushi Chaudhary	BA Prog	553
6	Aditi Bansal	Bsc. Hons. Mathematics	
7	Aditi Tripathy	Geography honours	
8	Aditi Yadav	BA Programme	
9	Aishwarya Lodha	B.A. Hons English	
10	Akshita	Bac Phy. science	576
11	Akshita Bisht	BA program (English + Pol. Sci)	501
12	Akshita Chaturvedi	BA Mul. Disc.	585
13	Aj Shifa	BA Mul. Disc. (Geo+Eng)	
14	Ananta Singh	Bac hons. Botany	
15	Ananya Maheshwari	B.A. Hons Economics	514
16	Anisha Bhatia	BL ED	546
17	Anjali	Bac chemistry Hons	
18	Anjali Yadav	Ba programme	
19	Ankita Gang	Ba hons geography	
20	Ankita Raina	Ba Mul. Disc.	
21	Anshika	BA prog	
22	Anshu Akanksha	Bsc.(Hons) Zoology	507
23	Anushka Tyagi	Bac Life Sciences (Prog)	
24	Archita Awasthi	B.Sc (prog) Phy. sci with chemistry	
25	Asma Gul	BIAM (Pol. Sci. economics)	555
26	Asmita Tiwari	Philosophy honours	572
27	Asmita Tiwari	Philosophy honours	
28	Avika Sahu	Economics honours	
29	Ayushi Chauhan	BA program (Eco + history)	
30	Ayushi Pal	BA Mul. Disc.	508
31	Baishali Deb	B.A. (Hons) Geography	582
32	Brahmi Patel	BSc (H) mathematics	557
33	Charvi Rathor	B.El.Ed	
34	Deepika Mahour	Bachelors of elementary Edu.	545
35	Diha Chauhan	Philosophy hons	574
36	Disha Thakur	B.El.Ed	
37	Divyani	BA Mul. Disc.	
38	Esha Gambhir	BA Philosophy Honours	
39	Gunjan Lamba	BE-ED	546
40	Gunjan Singh	Ba Mul. Disc.	230
41	Hansika Sharma	Ba geography honours	570
42	Harshika Prakash	BA programme (Pol sci + P.E.)	531
43	Harshita	B.A Geography Honours	

44	Harshita Arora	Eco hons	520
45	Hiranya Choudhary	BSc Maths Hons	510
46	Isha	BSc chemistry (hons.)	
47	Isha	Bac Phy. science with computer Sci	566
48	Isha Pushkar	Ba programme	552
49	Jahnvi Singh	philosophy honours	
50	Jarvis	Bled	
51	Jiya Mann	Chemistry honours	511
52	Jyoti	Beled	547
53	Jyotsna Godara	B.A Program (History+Philosophy)	
54	Kalpna Kumari	Ba hons geography	
55	Kalpna Pathak	BA program	
56	Kamna	Bachelor's in elementary Edu.	542
57	Kanishka	BA (Hons.) Economics	524
58	Kashish	BA program (Phy. Edu. + Pol. Sci)	505
59	Kashish Sharma	B.A. Mul. Disc.	588
60	Kashish Shekawat	Ba philosophy	
61	Khushi	B.El.ed	543
62	Khushi Goel	History + Phy. Edu.	526
63	Khushi Kumari Rajbhar	BA program	
64	Lauren	Philosophy honours	
65	Leeza Chaudhary	BA Mul. Disc.	541
66	Meenal Sharma	Ba Mul. Disc.	527
67	Mansi Gautam	B.Sc CHEMISTRY (hons)	
68	Mansi Rawat	Ba Eco (Hons)	523
69	Mansi Rawat	Ba Eco (hons)	
70	Mehak	B.A philosophy (hons.)	
71	Muskan Gupta	B.A (H) Economics	521
72	Nadika Lamba	BA hons. Geography	571
73	Naiyash Prakash	Ba programme	539
74	Nandini Kumari	B.El.ed	
75	Nikita Choudhary	B.A (Hons) Sociology	
76	Palak	BA program (Phys + Pol. Sci)	504
77	Palvi	Eco hons	
78	Prabhati Rao	BA (GEOGRAPHY HONS.)	512
79	Prachi Verma	Ba Program	517
80	Pragya Duggal	BSC(H) Mathematics	
81	Pranavi Rawat	B.sc Phy. science with cs	565
82	Pratishtha	B.A. Mul. Disc. (history+Pol. Sci)	589
83	Preeti	Phy. sci with computer sci	575
84	Pritya Bharti	Beled	
85	Pritya Kumari	Tamil + Pol. Sci	534
86	Pritya Mittal	Bac maths hons	559
87	Pritya Sharma	BA (H) Pol. Sci	577
88	Prityadarsini Meena	B.A. Economics (Hons.)	
89	Prityanka	B.A program (english + history)	502
90	Prityanka Rawat	Ba prog (History + Phy. Edu.)	567

91	Rakhi Sanu	Philosophy Hons	551
92	Rasham	BA program (geography+history)	513
93	Rashika Gupta	BA Sociology Honours	
94	Ratika Bawa	Ba Mul. Disc. (Pol sci + phyed)	533
95	Rashmi Kumari	B.A English honours	525
96	Ruchika	Mathematics Honours	561
97	Ruchika Choudhary	BA (H) Pol. Sci	578
98	Rakshi Arora	B.El.ed	549
99	Saloni	Ba programme	
100	Sania Bhole	Bled	
101	Sanika Sevakar	BA (HONS) ECONOMICS	591
102	Sanakshi Chandel	BA (Program) Geography + Pol. Sci	
103	Shreya Singh	Bac. life sciences	
104	Shrisha Marwani	Ba Mul. Disc.	
105	Shruti Davedi	BA Program Pol. Sci and Sociology	
106	Shruti Gupta	Bac Phy. sciences with cs	577
107	Shruti Karthik	BSc(H) Chemistry	506
108	Shuchi Panwar	BA Hons. (Pol sci)	552
109	Shueza Shakeel	BA Program (History+Punjab)	537
110	Sindhuja Singh	BA Mul. Disc. (Pol. Sci and English)	550
111	Sonam	Ba Pol. Sci honours	
112	Sonam Yangchen Negi	Ba Pol. Sci honours	554
113	Sreeja Dutta	B.Sc Life Sciences	516
114	Srihithi	Bac life science	
115	Srihithi Verma	Economics+Mathematics	
116	Sugandh	B.A. English(Hons.)	556
117	Suhani Anya	Geography honours	569
118	Suhani Chauran	Ba hons Pol. Sci	
119	Sunidhi Rani	Re program	
120	Sunidhi Santra	B.A (hons) Pol. Sci	580
121	Susama Khan	Geography hons	
122	Swarnpriya Shah	B.A Mul. Disc.	528
123	Taniya Kaushik	BA Mul. Disc.	
124	Tanushree	Geography honours	
125	Tohshi Khandelwal	Ba Mul. Disc.	
126	Tranali Kashyap	BA Program (Pol. Sci + History)	584
127	Tejwari Nordin	BA Programme	532
128	Tejwari Choudon	B.A. Programme History + Pol. Sci	535
129	Urnati Verma	Ba hons. Geography	
130	Vaani Danda	Bac. Chem. hons	
131	Vaishnavi Dhar	BA Mul. Disc.	540
132	Vanshika Chandra	Bac Life Sciences	515
133	Vanya Khurana	Bsc(hons) mathematics	560
134	Vibhavi	B.A Economics Honours	587
135	Maitreyee Atrey	B.A Economics Honours	503
136	Ishita Patidar	BA (English + History)	519

SNO.	NAME	COURSE	CHEST NO.
127	AKHINTARA	BA(H)ECO	522
138	LEHAR SINGH TOMAR	BA(H)ECO.	536
139	GUNJAN SHARMA	BA(H)ENG.	538
140	SALONI CHAUDHARY	BA(H)ENG.	573
141	JANHV I SINGH	BA(H)HIS.	586



Miranda House UNIVERSITY OF DELHI

Miranda House
University of Delhi
Department of Physical Education
Results of Fresher's Run 2023-24

Position	Name	Course
1	PRABHITI (512)	B.A (H) GEOGRAPHY
2	LEHAR SINGH (536)	B.A (H) ECONOMICS
3	SHRUTI (506)	B.A (H) CHEMISTRY
4	NADIYA (571)	B.A (H) GEOGRAPHY
5	RUCHIKA (578)	B.A (H) POL. SCI.
6	HARSHITA ANORA (520)	B.A (H) ECONOMICS
7	ASMA (552) (555)	B.A (P)
8	AARADHYA RAMAN (544) (549)	B.A (P)
9	AASHNA (568)	B.A (P)
10	PREETI (575)	B.Sc. (P)





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Miranda House UNIVERSITY OF DELHI

Supporting Documents for Teacher's Day Celebration

Dated: 01 September, 2023

The Principal
Miranda House
University of Delhi
Delhi - 110007

Sub: Sports Event on Teacher's Day.

Dear Prof. Nanda,

This is to seek your kind permission to organize Sports events for Teaching Staff of the college to celebrate the Teacher's Day on 5th September, 2023. The details of the event are as follows:

Events:

1. Throw Ball Match
2. Football Match
3. 50M Race (M&W)

Date & Time: 5th September, 2023 (3:00 pm onwards)


Venue: Sports Ground

The proposed budget for the event is as follows:




1. Prizes & Souvenir	: Rs. 20,000/-
2. Standee & Poster	: Rs. 1,500/-
3. Refreshment	: Rs. 20/- Per head

Submitted for your kind approval, please.

Warm Regards


Dr. Amita Rana
Teacher-in-Charge
Dept. of Phy. Edu. & Sports

*Permission granted
Bd
17/9/23*





MIRANDA HOUSE UNIVERSITY OF DELHI

**DEPARTMENT OF PHYSICAL
EDUCATION AND SPORTS**

On the occasion of
TEACHER'S DAY
brings to you

- Throwball for women
(SCIENCE Vs HUMANITIES)
- Football for men
- 50 m Race (men and women)

DATE : 5 SEPTEMBER, 2023
TIME : 3:30 P.M. ONWARDS
VENUE : SPORTS GROUND



Dr. Amita Rana
(Teacher in Charge)
Dr. Neeru Yadav
(Assistant Professor)

for queries contact:-
Valdehi Singh - 9195019 69164
(President.)



Miranda House

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Miranda House UNIVERSITY OF DELHI

Supporting Documents for Inter Department Chess Competition

21 September 2023

Principal
Miranda House
University of Delhi
Delhi-110007

Subject: Inter Department Sports Competitions.

Dear Prof. Nanda,

This is to seek your kind permission to organize the Inter Department Sports competitions for the students on Saturdays. The detail of the events are as follows:

Events:


1. Chess Tournament
2. Basketball Tournament (3x3)
3. Sports Events for Especially abled students

Venue: Sports Ground

Kindly sanction an amount of Rs. 25000/- (Prizes, Standee, Poster, Certificates, Refreshments, Miscellaneous etc.) for the same.

Submitted for your kind approval, please

Warm Regards


Dr. Amita Rana
Teacher In-Charge
Dept. of Phy. Edu. & Sports

Sanctioned
B.O.
21/9/23



MIRANDA HOUSE

University of Delhi

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

PRESENTS

INTER DEPARTMENT CHESS COMPETITION

Date - 23 September, 2023

Time - 11:30 am onwards

Venue - Student Activity Corner (SAC)



Dr. Amita Rana (Teacher-in-Charge)
Dr. Neeru Yadav (Assistant Professor)

For any queries contact -
Vaidehi Singh - 95019 69164
(President, Sports Union)



Miranda House UNIVERSITY OF DELHI

Class	Index	Department
Name		
1. Himanya Rastogi	13. Shriyansh Yadav	
2. Priya Mittal	14. Suchi Tripathi	
3. Abhishek Biswas	15. Karishma Raut	
4. Riya Rathi	16. Nishu	
5. Sooryanshi	17. Ronak Shrivastava	
6. Mehra Gayatri	18. Iqra	
7. Aditi Bhatnagar		
8. Priyanka Kumar		
9. Abhishek P. Pata		
10. Prachi Patil		
11. Anshika Rai		
12. Sweta Kumar		
Starting list		
1. Abhishek Biswas	15. Shivani	
2. Abhishek P. Pata	16. Sooryanshi	
3. Aditi Bhatnagar	17. Sweta Suchi	
4. Anshika Rai	18. Sweta	
5. Himanya Rastogi		
6. Iqra		
7. Karishma Raut		
8. Mehra Gayatri		
9. Priyanka Kumar		
10. Nishu		
11. Prachi		
12. Priyanka		
13. Riya		
14. Suchi		
Round 1		
White	Black	Result
1. Abhishek	- Prachi	1-0
2. Priya	- Abhishek	1-0
3. Aditi	- Priyanka	0-1
4. Riya	- Anshika	1-0
5. Himanya	- Ronak	1-0
6. Shivani	- Iqra	0-1
7. Karishma	- Sooryanshi	1-0
8. Suchi	- Mehra	0-1
9. Nishu	- Sweta	0-0
10. Swishki	- Bye	
Round 2		
White	Black	Result
1. Iqra	- Abhishek	0-1
2. Mehra	- Priya	0-1
3. Priyanka	- Karishma	0-1
4. Sweta	- Riya	0-1
5. Swishki	- Himanya	0-1
6. Prachi	- Shivani	1-0
7. Abhishek	- Suchi	1-0
8. Anshika	- Aditi	1-0
9. Sooryanshi	- Ronak	0-1
Round 3		
White	Black	Result
1. Abhishek	- Priya	0-1
2. Karishma	- Riya	0-1
3. Himanya	- Anshika	1-0
4. Ronak	- Abhishek	1-0
5. Prachi	- Sooryanshi	1-0
6. Mehra	- Iqra	0-1
7. Sweta	- Priyanka	0-1
8. Aditi	- Swishki	0-1
9. Suchi	- Shivani	0-1
Round 4		
White	Black	Result
1. Priya	- Himanya	0-1
2. Riya	- Abhishek	1-0
3. Iqra	- Karishma	0-1
4. Priyanka	- Prachi	1-0
5. Swishki	- Ronak	0-1
6. Abhishek	- Mehra	1-0
7. Shivani	- Sweta	0-1
8. Anshika	- Suchi	1-0
9. Sooryanshi	- Aditi	1-0
Round 5		
White	Black	Result
1. Himanya	- Riya	1/2-1/2
2. Karishma	- Priya	1-0
3. Ronak	- Priyanka	0-1
4. Abhishek	- Abhishek	1-0
5. Prachi	- Anshika	1/2-1/2
6. Sweta	- Swishki	0-1
7. Mehra	- Iqra	0-1
8. Shivani	- Sooryanshi	1-0
9. Aditi	- Suchi	0-1



Miranda House

UNIVERSITY OF DELHI

	<u>Results</u>				
	<u>R1</u>	<u>R2</u>	<u>R3</u>	<u>R4</u>	<u>R5</u>
1. Abhishekha ✓	1 (W)	1 (B) ✓	0 (W) ✓	0 (B)	1
2. Abhishekha ✓	0 (B)	1 (W) ✓	0 (B) ✓	1 (W)	0
3. Aditi ✓	0 (W)	0 (B) ✓	0 (W)	0 (B)	0
4. Anshika ✓	0 (B)	1 (W) ✓	0 (B) ✓	1 (W)	1/2
5. Likhanya ✓	1 (W)	1 (B) ✓	1 (W) ✓	1 (B) ✓	1/2
6. Iqna ✓	1 (B)	0 (W) ✓	1 (B) ✓	0 (W)	1
7. Kashish ✓	1 (W)	1 (B) ✓	0 (W) ✓	1 (B)	1
8. Nehra ✓	1 (B)	0 (W) ✓	0 (W) ✓	0 (B)	0
9. Anachi ✓	0 (B)	1 (W) ✓	1 (W) ✓	0 (B)	1/2
10. Priya ✓	1 (W)	1 (B) ✓	1 (B) ✓	0 (W)	0
11. Priyanka ✓	1 (B)	0 (W) ✓	1 (B) ✓	1 (W)	1
12. Rya ✓	1 (W)	1 (B) ✓	1 (B) ✓	1 (W) ✓	1/2
13. Ronak ✓	0 (B)	1 (B) ✓	1 (W) ✓	1 (B)	0
14. Shivani ✓	0 (W)	0 (B)	1 (B) ✓	0 (W)	1
15. Sooryanshi ✓	0 (B)	0 (W) ✓	0 (B)	1 (W)	0
16. Suchi ✓	0 (W)	0 (B)	0 (W) ✓	0 (B)	1
17. Sweta ✓	1 (B)	0 (W) ✓	0 (W) ✓	1 (B)	0
18. Srishti ✓	1 (-)	0 (W) ✓	1 (B) ✓	0 (W)	1

Final Ranking



Miranda House




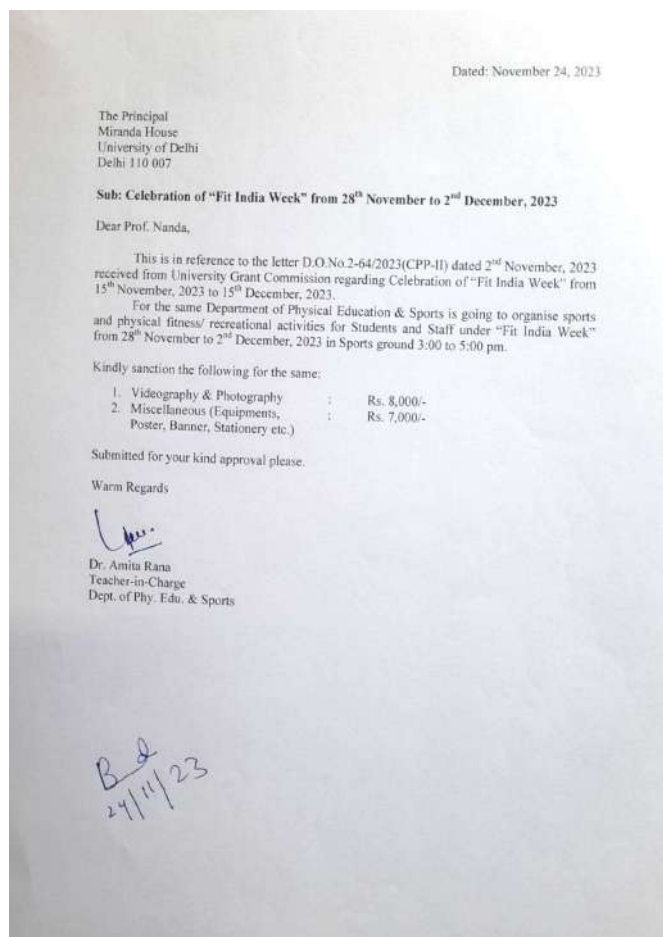
UNIVERSITY OF DELHI





Miranda House UNIVERSITY OF DELHI

Supporting Documents for Fit India Week



MIRANDA HOUSE

University Of Delhi


Department of
Physical Education and Sports
presents

FIT INDIA WEEK

Date: 28 Nov -2 Dec 2023

Time- 03:00-04:00 PM

Venue- Sports Shed



Prof. Bijayalaxmi Nanda. (Principal)
DR. Amita Rana (Teacher-In-Charge)
DR. Neeru Yadav (Assistant Professor)

For any queries contact-
Vaidehi Singh- 9501969164
(President, Sports Union)



Miranda House UNIVERSITY OF DELHI

Miranda House
University of Delhi
Department of Physical Education & Sports

Fit India Week

Date: 28, Nov, 2023

S. No.	NAME	ROLL NO.	Signature
1	Aasad kumar	402023	Aasad kumar
2	Aditi jha	20221402	Aditi jha
3	Aditi Joshi	2022140	Aditi
4	Aditi kahu	2022145	
5	Akashika Singh	2022175	Akashika Singh
6	Amrita	20221193	Amrita
7	Amrita Das	20221339	Amrita Das
8	Amrita Handa	20221194	Amrita Handa
9	Ansh	20221198	Ansh
10	Randhan kumar	20221952	
11	Barkha Banerjee	20221223	Barkha
12	Barkha Lata	20221225	Barkha
13	Bhumiika Dholakia	20221243	Bhumiika
14	Chahat solanki	20221489	Chahat
15	Chanchal	20221616	Chanchal
16	Chhaya Gautam	20221370	Chhaya
17	Devanshi jha	20221201	Devanshi jha
18	Devanshi Choudhary	20221297	Devanshi
19	Disha Suthar	20221313	Disha
20	Eluru Sridhar	20221344	Eluru
21	G. Soumya	20221349	G. Soumya
22	Gaurima Kirade	20221510	Gaurima
23	Geetika Rathi	20221547	Geetika
24	Hage Moniya	20221275	Hage
25	Hanisha	20221383	Hanisha
26	Hena	20221465	Hena
27	Hiral Meena	20221375	Hiral
28	Ishrat Parveen	20221434	Ishrat
29	Jyotsna Sharma	20221455	Jyotsna
30	Jya Jain	20221516	Jya
31	Kanchan	20221477	Kanchan
32	Kanika kataria	20221481	Kanika
33	Kashish	20221496	Kashish
34	Kashish kati	20221496	Kashish
35	Kaushal Singh	20221499	Kaushal

36	Komal Kumeri	20221553	Komal Kumeri
37	Kushika mi	20221558	Kushika mi
40	Krishna Yadav	20221559	Krishna Yadav
41	Kumari Ashmita	20221560	Kumari Ashmita
42	Kurikum	20221573	Kurikum
43	Lucky Shikharwal	20221588	Lucky Shikharwal
44	Manika	20221607	Manika
45	Manisha Kumari	20221611	Manisha Kumari
46	Manjira	20221612	Manjira
47	Manvi	20221618	Manvi
48	Mitali Rathore	20221647	Mitali Rathore
49	Mohi Bhatti	20221649	Mohi Bhatti
50	Moon Subodh	20221652	Moon Subodh
51	Muskan Chahal	20221661	Muskan Chahal
52	Muskan Chahal	20221674	Muskan Chahal
53	Nandini Ajeet Choudhary	20221697	Nandini Ajeet Choudhary
54	Nandini singh	20221703	Nandini singh
55	Nayana Verma	20221710	Nayana Verma
56	Neelam	20221712	Neelam
57	Neha Maurya	20221718	Neha Maurya
58	NITHI LOHIA	20221726	NITHI LOHIA
59	Nishi Thakur	20221727	Nishi Thakur
60	Niharika	20221729	Niharika
61	Ojasvi Sahu	20221758	Ojasvi Sahu
62	Pallavi Banerjee	20221770	Pallavi Banerjee
63	Pooja	20221549	Pooja
64	Pooja Jangar	20221554	Pooja Jangar
65	Pooja Kumeri	20221782	Pooja Kumeri
66	Pooja	20221787	Pooja
67	Pooja Fajdar	20221796	Pooja Fajdar
68	Prachi	20221804	Prachi
69	Prachi Soni	20221810	Prachi Soni
70	Pragati Ullam	20221814	Pragati Ullam
71	Pragya Pal	20221812	Pragya Pal
72	Preeti	20221836	Preeti
73	Prerana Mishra	20221843	Prerana Mishra
74	Priyanshi	20221433	Priyanshi
75	Priyanshi Shishu	20221847	Priyanshi Shishu
76	Priya	20221850	Priya
77	Ragini Pathak	20221884	Ragini Pathak
78	Rishi Roy	20221913	Rishi Roy
79	Riya Yadav	20221950	Riya Yadav
80	Rohi Yadav	20221959	Rohi Yadav
81	Rouhi	20221960	Rouhi

82	Ruhi Sawani	20221961	Ruhi Sawani
83	Sadhana	20221967	Sadhana
84	Sakshi Yadav	20221980	Sakshi Yadav
85	Samreen Sraaj Siddiqui	202211347	Samreen Sraaj Siddiqui
86	Sangita	20221997	Sangita
87	Sania Sonkar	202211003	Sania Sonkar
88	Sanjana Rawal	202211009	Sanjana Rawal
89	Sanyo Patni	20221488	Sanyo Patni
90	Shahira Inam	20221590	Shahira Inam
91	Shelina	202211038	Shelina
92	Shrisha Gautam	202211064	Shrisha Gautam
93	Shrisha Gupta	202211099	Shrisha Gupta
94	Shivani	202211070	Shivani
95	Shivani yadav	202211095	Shivani yadav
96	Shivya Yadav	202211093	Shivya Yadav
97	Sik. Sahani Saba	202211120	Sik. Sahani Saba
98	Smriti Mohapatra	202211124	Smriti Mohapatra
99	Sneha Singh	202211439	Sneha Singh
100	Suhani	202211172	Suhani
101	Sumaya Rahman	202211335	Sumaya Rahman
102	Supriya Singh	202211180	Supriya Singh
103	Sweety	202211188	Sweety
104	Tanushikha Choudhary	202211228	Tanushikha Choudhary
105	Tanushikha Choudhary	202211240	Tanushikha Choudhary
106	Tanushikha Choudhary	202211244	Tanushikha Choudhary
107	Tina	202211247	Tina
108	Ujjwal Mukherjee	202211247	Ujjwal Mukherjee
109	Ujjwal Mukherjee	202211247	Ujjwal Mukherjee
110	Vanshika Jaiswal	202211619	Vanshika Jaiswal
111	Vanshika Saini	202211281	Vanshika Saini
112	Vanshika	202211303	Vanshika
113	Vandana Katar	202211308	Vandana Katar
114	Vandana Katar	202211308	Vandana Katar
115	Vandana Katar	202211308	Vandana Katar
116	Vandana Katar	202211308	Vandana Katar
117	Vandana Katar	202211308	Vandana Katar
118	Vandana Katar	202211308	Vandana Katar
119	Vandana Katar	202211308	Vandana Katar
120	Vandana Katar	202211308	Vandana Katar

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Date: 28, Nov, 2023

S. No.	NAME	Roll No.
1	Aayush Anand Khatri	2022109
2	Alina Choudhary	2022193
3	Anvika kumar	2022105
4	Ananya Jaiswal	2022107
5	Anika Keshri	20221118
6	Anika Keshri	202211884
7	Anjali	20221124
8	Anjali Harshad	20221130
9	Anushka Sahu	20221161
10	Anushka singh	20221177
11	Anushka Singh	20221178
12	Arushi Datta	20221494
13	Bhagwati Kaur	20221225
14	Bhavi	20221231
15	Bhumiika	20221241
16	Bhumiika Rana	202211501
17	Damini	20221059
18	Dextera	20221057
19	Dhruv kumar	202211372
20	Dhruv kumar	20221138
21	Diya Sharma	202211844
22	Ekta kumar	202211336
23	Hansika Choudhary	20221088
24	Hansika kanchukatti	20221476
25	Hanu mishra	20221096
26	Hena Yadav	20221097
27	Hetu Indira	20221098
28	Isha Rajgopal	20221477
29	Jagriti Sharma	20221464
30	Juhi Banerjee	20221459
31	Kanishka Sandhyal	20221488
32	Kanishka Sandhyal	20221491
33	Kanishka Singh	20221488
34	Kanika	20221501
35	Kanishka	20221502
36	Kirti	20221542
37	Kirti Tomar	20221547



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S. NO.	NAME	ROLL No.	Signature
1	Aakshi Verma	2022/158	
2	Akhvisha Sharma	2022/1484	
3	Adine Choudhary	2022/33	
4	Aditi	2022/35	
5	Aarti Aggarwal	2022/37	
6	Aishwarya Kaur	2022/56	
7	Akanksha Agral	2022/62	
8	Anam	2022/66	
9	Anamika	2022/102	
10	Anika Jain	2022/116	
11	Anjali	124/222	
12	Anjali Pradhan	2022/137	
13	Anshika Verma	2022/168	
14	Anugya Joshi	2022/1365	
15	Arika Khosla	2022/189	
16	Ansh P. S	2022/1430	
17	Anshika Krishnakumari	2022/200	
18	Arya Jaiswal	2022/204	
19	Arya Kaur	2022/215	
20	Banika	2022/224	
21	Charushi Soni	2022/265	
22	Chiranjeev Choudhary	2022/1895	
23	Chiranjeev Kumar	2022/1613	
24	Deepika Saini	2022/280	
25	Deekshya Taneja	2022/288	
26	Dikshya Kaur	2022/301	
27	Disha Vishwak	2022/314	
28	Divyanshi Soni	2022/323	
29	Dhanu Rani	2022/358	
30	Hansika	2022/517	
31	Himanshi Kaur	2022/406	
32	Jasika Doshi	2022/442	
33	Jeevika Sharma	2022/449	
34	Jyoti Kapoor	2022/462	
35	Kajal	2022/469	
36	Kamlesh Meena	2022/1379	

36	Kavita	2022/1489	Kavita
37	Khusboo	2022/509	Khusboo
38	Khushti Rathore	2022/1561	Khushti
39	Khushti Sengar	2022/1541	Khushti
40	Khushti Upadhyay	2022/836	Khushti
41	Kiran	2022/1566	Kiran
42	Kiran	2022/639	Kiran
43	Kritika Yadav	2022/665	Kritika
44	Kumari Pragya	2022/671	Kumari
45	Lalita Choudhary	2022/583	Lalita
46	Lokeshika Datta	2022/1345	Lokeshika
47	Lovely Singh	2022/591	Lovely
48	Manvi Mishra	2022/668	Manvi
49	Manvi Gaudam	2022/634	Manvi
50	Meekha sharma	2022/1387	Meekha
51	Monika	2022/796	Monika
52	Muskan Meena	2022/676	Muskan
53	Nabam Akshita	2022/682	Nabam
54	Nandini	2022/696	Nandini
55	Nandini Rana	2022/702	Nandini
56	Nandini Singh	2022/704	Nandini
57	Nandini Singh	2022/721	Nandini
58	Nishi	2022/723	Nishi
59	Niharika	2022/730	Niharika
60	Pallavi Khushi Suresh	2022/775	Pallavi
61	Pavani	2022/781	Pavani
62	Pooja Kumari	2022/791	Pooja
63	Prachi Gaudam	2022/808	Prachi
64	Pratishtha Prakash	2022/830	Pratishtha
65	Pratishtha Nanda	2022/832	Pratishtha
66	Preeti Yadav	2022/840	Preeti
67	Priyanka Naskar	2022/849	Priyanka
68	Priyanka Kumari	2022/860	Priyanka
69	Purnima Maurya	2022/871	Purnima
70	Radhika Jakhmola	2022/882	Radhika
71	Rajni Singh	2022/888	Rajni
72	Rajni Lachar	2022/818	Rajni
73	Rishi Jaiswal	2022/825	Rishi
74	Rishika Aggarwal	2022/858	Rishika
75	Rishi Sanyal	2022/862	Rishi
76	Sushruti Singh	2022/866	Sushruti

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Attendance Sheet Dodge Ball

Date: 29 November, 2023

S. No.	Name of the student	Roll No.	Course	Signature
1	Shruti Kaur	2023/1278	B.Sc.(H) Chemistry	Shruti
2	Nya Rathore	1941	B.A.P	Nya
3	Aishika	1381	B.A.P	Aishika
4	Boya Purnima	2022/771	B.A.(H) Geography	Boya
5	Chandana Sri	2021/905	B.A.P	Chandana
6	Shikha	2021/1058	B.Sc.(H) Physics	Shikha
7	A. Soumya	2022/349	B.A.-Hons Sociology	A. Soumya
8	Logika Deepthi Priya	2022/344	B.A.-Hons Sociology	Logika
9	Pooja Kumari	2022/1400	B.A. Hons Hindi	Pooja
10	Anushika Kumari	2022/105	B.A. (Hons) Hindi	Anushika
11	Kavita	2021/1263	B.A. -Hons	Kavita
12	Archi	2021/1367	4	Archi
13	Sindhu	2021/1356	4	Sindhu
14	Vandana	2021/1316	B.A. -Hons Hindi	Vandana
15	Sumit Singh	2021/344	B.A. (H) Sociology	Sumit
16	Princy Goyal	2021/103	B.A. (H) Music	Princy
17	Pritya	2021/1576	B.A.P	Pritya
18	Archi	2021/1579	B.A.P	Archi
19	Shikha	2021/1581	Sociology	Shikha
20	Sangitika Singh	2021/1584	B.A.P	Sangitika
21	Urmadi Karkhana	2021/1587	B.A.P	Urmadi
22	Kundana	2021/1590	B.A.P	Kundana
23	Shruti	2021/1592	B.A.P	Shruti

60	Shreya Jaiswal	2022/1575	B.A.P	Shreya
61	Shruti Taneja	2022/1401	B.A.P	Shruti
62	Simran Jyoti	2022/1470	B.A.P	Simran
63	Sneha Anand	2022/1128	B.A.P	Sneha
64	Sneha Yadav	2022/1141	B.A.P	Sneha
65	Somya Sinha	2022/1147	B.A.P	Somya
66	Sonam Choudhary	2022/1343	B.A.P	Sonam
67	Srishti Mahal	2022/1454	B.A.P	Srishti
68	Stansi Teela	2022/1194	B.A.P	Stansi
69	Soni Singh	2022/1195	B.A.P	Soni
70	Sweeta Kumari	2022/1421	B.A.P	Sweeta
71	Tanisha Choudhary	2022/1210	B.A.P	Tanisha
72	Tanvi Jyoti	2022/1349	B.A.P	Tanvi
73	Ujjwal	2022/1262	B.A.P	Ujjwal
74	Vallari Mehta	2022/1407	B.A.P	Vallari
75	Vanshika Stathi	2022/1283	B.A.P	Vanshika
76	Vijaykumar Meena	2022/1565	B.A.P	Vijaykumar
77	Vijeta Priya	2022/1301	B.A.P	Vijeta
78	Vishnu Priya	2022/1303	B.A.P	Vishnu
79	Vrinda Rastogi	2022/1309	B.A.P	Vrinda
80	Yami	2022/1512	B.A.P	Yami
81	Azra Bhatt	2022/109	B.A.P	Azra
82	Adma Choudhary	2022/233	B.A.P	Adma
83	Pavani Bansal	2022/709	B.A.P	Pavani
84	Ragni	2022/854	B.A.P	Ragni
85	Rishi Roy	2022/813	B.A.P	Rishi
86	Rishika	2022/748	B.A.P	Rishika
87	Debarshi	2022/271	B.A.P	Debarshi
88	Naya Kamraja	2022/752	B.A.P	Naya
89	Preeti	2022/838	B.A.P	Preeti
90	Kumari Pragya	2022/571	B.A.P	Kumari
91	Charvi	2022/257	B.A.P	Charvi
92	Aditi Verma	2022/1652	B.A.P	Aditi
93	Aarti	2022/1353	B.A.P	Aarti
94	Vaishika Pothal	2022/1284	B.A.P	Vaishika
95	Nikhita	2022/1292	B.A.P	Nikhita
96	Rishi	2022/1361	B.A.P	Rishi
97	Harshika	2022/1328	B.A.P	Harshika
98	Anushika	2022/1327	B.A.P	Anushika
99	Arushi	2022/1327	B.A.P	Arushi
100	Arushi	2022/1327	B.A.P	Arushi
101	Arushi	2022/1327	B.A.P	Arushi
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148	Arushi	2022/1327	B.A.P	Arushi
149	Arushi	2022/1327	B.A.P	Arushi
150	Arushi	2022/1327	B.A.P	Arushi
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188	Arushi	2022/1327	B.A.P	Arushi
189	Arushi	2022/1327	B.A.P	Arushi
190	Arushi	2022/1327	B.A.P	Arushi
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198	Arushi	2022/1327	B.A.P	Arushi
199	Arushi	2022/1327	B.A.P	Arushi
200	Arushi	2022/1327	B.A.P	Arushi



Miranda House UNIVERSITY OF DELHI

30 November 2023

Miranda House
University of Delhi
Department of Physical Education & Sports

FIT INDIA WEEK

Attendance Sheet Satolija → Chair - Chair

B.E.I.Ed (2nd year)
Date: 29 November, 2023

S. No.	Name of the student	Roll. No.	Course	Signature
1	Yogita	202/182	B.E.I.Ed	
2	Kritika Arora	202/56	B.E.I.Ed	
3	Amp n ya	202/182	B.E.I.Ed	
4	Ganana	202/351	B.E.I.Ed	
5	Mansi	202/1495	"	
6	Nisha Kumar	310/2022	"	
7	Simran	1112/2022	"	
8	Natasha Rana	202/492	"	
9	Neermai Jain	230/2022	"	
10	Pooja Nagpal	2022/993	"	
11	Prachi	809/2022	"	
12	Anjali Shukla	141/2022	"	
13	Vaishali	1562/2022	"	
14	Tajshree	439/2022	"	
15	Kashish	491/2022	"	
16	Ekansha	237/2022	"	
17	Hpoona	182/2022	"	
18	Tajleen	443/2022	"	
19	Palak Kori	754/2022	"	
20	Gani	1013/2022	"	
21	Sulvavi verma	1074/2022	"	
22	Ritu	936/2022	"	
23	Anjali	212/2022	"	
24	Titonshi	410/2022	"	
25	Riya	939/2022	"	
26	Muskan Meena	635/2022	"	
27	Zarfinan	1328/2022	"	

Miranda House
University of Delhi
Department of Physical Education & Sports

FIT INDIA WEEK

Attendance Sheet

Date: 29 November, 2023

S. No.	Name of the student	Roll. No.	Course	Signature
28	Palak Bichnoi	761/2022	B.E.I.Ed	
29	Bhumi Arbi	239/2022	"	
30	Muskan	604/2022	"	
31	Uma	415/2022	"	
32	Krupati	539/2022	"	
33	Tiya	458/2022	"	
34	Anshu	169/2022	"	
35	Niya	414/2022	"	
36	Kushni	514/2022	"	
37	Shakzadi	1036/2022	"	
38	Rashi Swami	899/2022	"	
39	Anshika Goswami	157/2022	"	
40	Namini	202/2022	"	
41	Pooja	789/2022	"	
42	Kushni Dahiya	521/2022	"	
43	Kajal Kumari	466/2022	"	
44	Gyani Gauri Mahapatra	352/2022	"	
45	Shreya	352/2022	"	
46	Anushka Aggarwal	1500/2022	"	
47	Niya gbt	329/2022	"	
48	Aditi Singh	312/2022	"	
49	Manisha	610/2022	"	
50	Seema Meena	1029/2022	"	
51	Muskan	673/2022	"	
52	Sulvavi	1069/2022	"	
53	Seema	1013/2022	"	
54	Himani	401/2022	"	

Miranda House
University of Delhi
Department of Physical Education & Sports

FIT INDIA WEEK

Attendance Sheet

Date: 30 November, 2023

Kho-Kho
Willi Danda

S. No.	Name of the student	Roll. No.	Course	Signature
1	Mansi	1834	B.A.P	
2	Saloni	1666	B.A. Eng	
3	Usha	1683	His. Hons	
4	Tiya	1688	Chemistry Hons	
5	Shashi	1671	Ref. Science Hons	
6	Gurjan	1676	R.H. Eng. Hons	
7	Poonam	1598	B.A.P	
8	Palak	1660	B.A.P	
9	Nishi	1677	History Hons	
10	Anshi	1561	History Hons	
11	Monika Sharma	1555	B.A.(Hons.) Hindi	

FIT INDIA - 02nd December, 2023

1. Kajal
2. Samiti sharma
3. Dikshita
4. Ruchika
5. Gayan Sharma
6. Tiya Mann
7. Tanuja
8. Aditi Sharma
9. Palak Dahiya
10. Nishi
11. Saloni
12. Naina
13. Nishi
14. Nandini Kumari
15. Tsering Norbon
16. Ojashvi Sharma
17. Nishi Singh
18. Arshita Bisht
19. Payal
20. KANISHKA
21. Anushka
22. Anisha
23. Inchara
24. Abhisheha
25. Vidhushi

21/12/23



Miranda House

UNIVERSITY OF DELHI





Miranda House


UNIVERSITY OF DELHI






Miranda House UNIVERSITY OF DELHI

Supporting Documents for Erobern 2024

 **मिरांडा हाउस**
शास्त्री विभाग,
पैठ चैत मार्ग, दिल्ली-110007

Office: "MIRACOL", B-88
Email: miracol@miradeldelhi.ac.in
Telephone No.: 011-247547
MIRANDA HOUSE
UNIVERSITY OF DELHI
Patel Chait Marg, Delhi-110007

Dated: 04th January, 2024



The Principal
Miranda House
University of Delhi
Delhi-110007

Subject: Permission to Organize EROBERN 2024

Respected Madam,


We seek your kind permission to organize the Annual Sports Fest of the Department of Physical Education and Sports, 'Erobern 2024' from 15th February to 17th February 2024. We may be receiving sponsorship in cash/ cheque from various sponsors. The sponsorship received in kind will be utilized in the sports fest. The amount (cash/cheque) received through sponsorship will be deposited in the sports fund and all the expenditure will be made from the sports fund.

The department is planning to organize Inter-College competition and also keeping it open for all the Miranda House Students for the following events:

Erobern 2023-24 will include the following sports events:

- Aerobics (W)
- Basketball (W/M)
- Taekwondo (W/M)
- Chess (W/M)
- Rhythmic Yoga (W)
- Netball (W)
- Academic cum Sports Quiz (W/M)
- Tennis (W)
- Volleyball (W)
- Intra-college (Inter-department) activities only for Miranda House
- Events for Specially Aided Students only for Miranda House

B. Singh
5/1/24

 **मिरांडा हाउस**
शास्त्री विभाग,
पैठ चैत मार्ग, दिल्ली-110007

Office: "MIRACOL", B-88
Email: miracol@miradeldelhi.ac.in
Telephone No.: 011-247547
MIRANDA HOUSE
UNIVERSITY OF DELHI
Patel Chait Marg, Delhi-110007


Preliminary rounds of Intra-college events for students will be commencing in the 1st and 2nd week of February 2024. The Units will be conducted on the day of Erobern '24 i.e., 15th to 17th February, 2024.


Moreover, the Department will provide Certificates as well as different Prizes for position holders.





Please find the detailed expense sheet attached at the end.

Submitted for your kind approval, please.

Thanking You

Sincerely,

Vinod Singh
President
Sports Union
Dept. of Phys. Edu. & Sports


Dr. Anita Rana
Teacher-in-Charge

MIRANDA HOUSE
UNIVERSITY OF DELHI

Department of Physical Education and Sports

Presents




**EROBERN
2024**




**15-17 FEBRUARY
12:30 P.M. ONWARDS
MIRANDA HOUSE**

**AEROBICS-BASKETBALL-TAEKWONDO-CHESS
RHYTHMIC YOGA-NETBALL-TENNIS-VOLLEYBALL-QUIZ**

In association with :

Invision
Mannat Group
We Excel

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Presents inter-college

BASKETBALL
TOURNAMENT (WOMEN & MEN)


EROBERN'24

**DATE:
15 FEBRUARY**

**TIME:
12:30 PM ONWARDS**

**LAST DATE OF REGISTRATION:
10 FEBRUARY**

BASKETBLAST



REGISTRATION LINK
<https://docs.google.com/forms/d/3imngc4k4FYBWS-HuohabnlyRl6Tn0AUX3GC-D1v7S1A/edit>

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RAMA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
VRINDA GARG : +91 6398399204



Miranda House

UNIVERSITY OF DELHI

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college

CHESS

TOURNAMENT (WOMEN & MEN)

DATE:
15 FEBRUARY

TIME:
12:30 PM ONWARDS

LAST DATE OF REGISTRATION:
10 FEBRUARY

CHECKMATE CARNIVAL

REGISTRATION LINK
https://docs.google.com/forms/d/13edh_10Zhp-9Z0KARh4q9b30u0VZ4P10Q7Q75vE4/edit

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RANA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
SAINA SALONIKA - +91 79910 74518

EROBERN'24

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college

NETBALL

TOURNAMENT (WOMEN)

DATE:
15 FEBRUARY

TIME:
12:30 PM ONWARDS

LAST DATE OF REGISTRATION:
10 FEBRUARY

HIGH HOOPS

REGISTRATION LINK
<https://docs.google.com/forms/d/17m1Q63Yg1gGZ-0ruRCAC10q-00G1Z1g3P7K6aQemg/edit>

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RANA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
MUSKAN - +91 93066 17521

EROBERN'24

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college

QUIZ

(WOMEN & MEN)

DATE:
15 FEBRUARY

TIME:
12:30 PM ONWARDS

LAST DATE OF REGISTRATION:
10 FEBRUARY

QUIZQUEST

REGISTRATION LINK
https://docs.google.com/forms/d/1d8cc1bVvp_1Z2ghcZUL9Pq9hs2reUg0wH4E9eeV/edit

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RANA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
SALONI SINGH BHAKAR - +91 88548 41877

EROBERN'24

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college

RHYTHMIC YOGA

TOURNAMENT (WOMEN)

DATE:
15 FEBRUARY

TIME:
12:30 PM ONWARDS

LAST DATE OF REGISTRATION:
10 FEBRUARY

FLOW FUSION

REGISTRATION LINK
https://docs.google.com/forms/d/12rQW79d1pU3C0zs_3FgYD7Mudreev-a_-abRt/edit

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RANA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
ANUSHKA - +91 99537 42726

EROBERN'24



Miranda House

UNIVERSITY OF DELHI

MIRANDA HOUSE
UNIVERSITY OF DELHI


DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college

TAEKWONDO
TOURNAMENT (WOMEN & MEN)

EROBERN '24

DATE: 15 FEBRUARY
TIME: 12:30 PM ONWARDS
LAST DATE OF REGISTRATION: 10 FEBRUARY

BELT BREAKERS



REGISTRATION LINK
<https://docs.google.com/forms/d/1yTwznp3d0tten8q7BBQ3ebCz4YedUheJkdrV4u2n8t/edit>

PROF. BIJAYALAXMI NANDA (PRINCIPAL)
DR. AMITA RANA (TEACHER IN CHARGE)
DR. NEERU YADAV (ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
KANISHKA : +91 95481 88799

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents inter-college


TENNIS
TOURNAMENT

EROBERN '24

DATE: 15 FEBRUARY
TIME: 12:30 PM ONWARDS
LAST DATE OF REGISTRATION: 10 FEBRUARY

CATEGORIES:
1. WOMEN'S SINGLES
2. MIXED DOUBLES

RACQUET RENDEZVOUS



REGISTRATION LINK
https://docs.google.com/forms/d/1nCG_7mK56w2EgqYpwEon3jKz5B23Q6qPwYh_P05vM/edit

PROF. BIJAYALAXMI NANDA (PRINCIPAL)
DR. AMITA RANA (TEACHER IN CHARGE)
DR. NEERU YADAV (ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
ABHISNEHA - +91 86381 68913

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents

INTER - DEPARTMENT ACTIVITIES
FOR PWBD STUDENTS

EROBERN '24

★ LEMON AND SPOON
★ SHOTPUT

DATE: 8 FEBRUARY
TIME: 10:00 A.M. ONWARDS
LAST DATE OF REGISTRATION: 3 FEBRUARY

REGISTRATION LINK
<https://forms.gle/Z5k88k8CIZqNHFN27>

PROF. BIJAYALAXMI NANDA (PRINCIPAL)
DR. AMITA RANA (TEACHER IN CHARGE)
DR. NEERU YADAV (ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
ANUSTA - 7355610514

MIRANDA HOUSE
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
Presents

INTER - DEPARTMENT ACTIVITIES

★ RELAY RACE
★ FUN EVENTS
★ THROWBALL

EROBERN '24

DATE: 5-7 FEBRUARY
TIME: 10:00 A.M. ONWARDS
LAST DATE OF REGISTRATION: 3 FEBRUARY

REGISTRATION LINK
<https://forms.gle/f6kvD959CQYpHcrCg8>

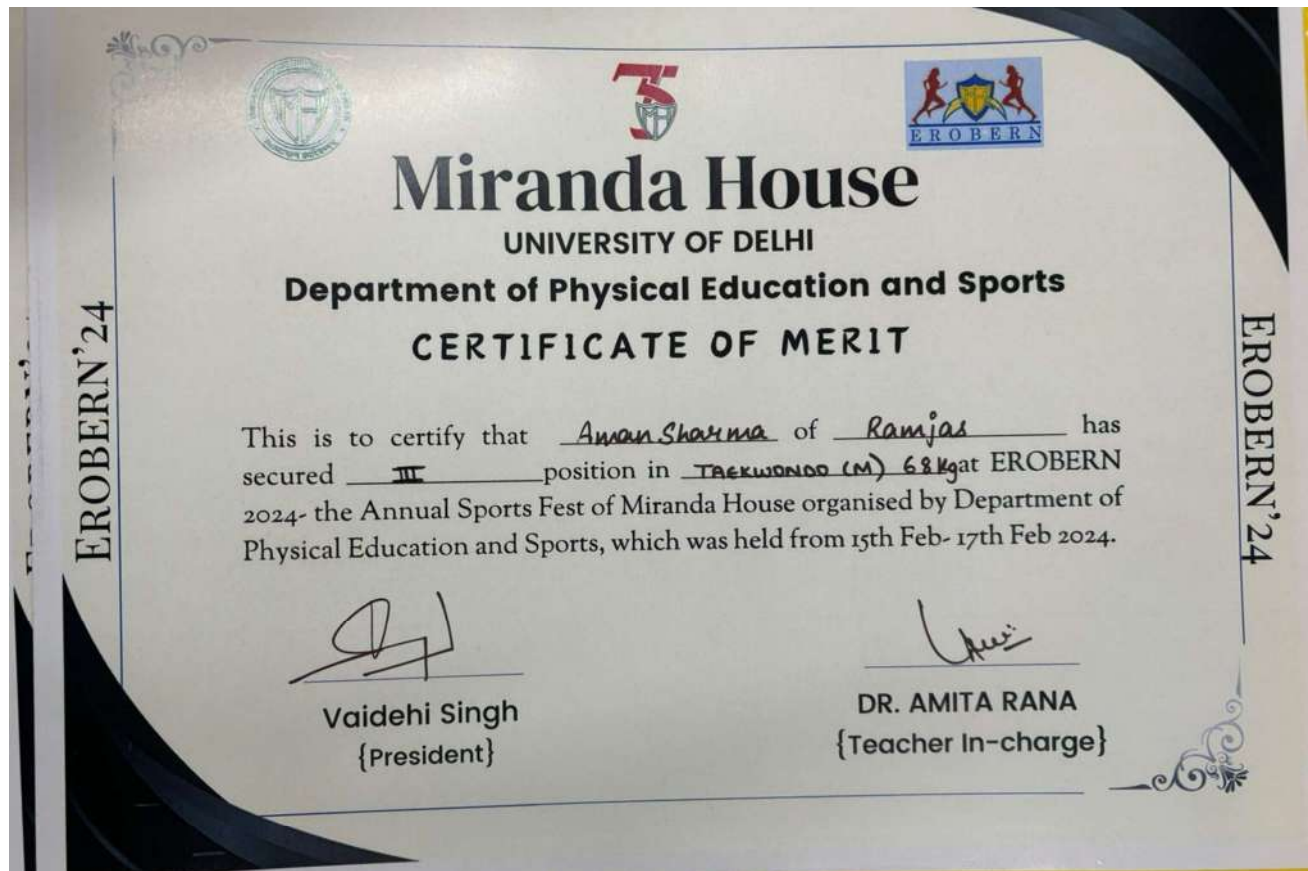
PROF. BIJAYALAXMI NANDA (PRINCIPAL)
DR. AMITA RANA (TEACHER IN CHARGE)
DR. NEERU YADAV (ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
ANUSTA - +91 7355610514



Miranda House

UNIVERSITY OF DELHI





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Miranda House UNIVERSITY OF DELHI

Supporting Documents for Community Sports for Non-teaching Staff





Miranda House UNIVERSITY OF DELHI

Supporting Documents for International Yoga Day- 2024

Dated: June 12, 2024

The Principal
Miranda House
University of Delhi
Delhi- 110 007

Subject: Celebration of International Yoga Day 2024.

Respected Madam,

This is to bring to your kind notice that Department of Physical Education and Sports, National Service Scheme (NSS), National Cadet Corps (NCC) and Unnat Bharat Abhiyan are jointly celebrating the "10th International Yoga Day" on 21st June, 2024. The expert for the session will be Yogacharya Sh. Manish Kapoor, Wellness and Lifestyle Management Coach. The session will be held in the morning from 9:00 to 10:00 am in Heritage Hall.

The expected budget for the same is:

1. Remuneration charges for the expert (Yoga Session)	: Rs. 1,500/-
2. Refreshment for the Participants	: Rs. 20/- per head
3. Banner, standee, poster, backdrop, certificates	: Rs. 15,000/- Plus GST
4. Duri/ Carpet/ Bed sheets etc.	: Rs. 30,000/- Plus GST
5. Photography	: Rs. 2,500/- per day Plus GST
6. Miscellaneous	: Rs. 5,000/-

Submitted for your kind information and necessary approval, please.

Warm Regards

for *pyada* *12/06/24* *Wib* *12/06/24*

Dr. Amia Rana
Teacher In Charge
Dept. of Phy. Edu. & Sports

Approved
Bol
12/6/24

मिरांडा हाउस

दिल्ली विश्वविद्यालय

शारीरिक शिक्षा एवं खेल विभाग

एन एस एस, एन सी सी और यू बी ए

अंतर्राष्ट्रीय योग दिवस

के अवसर पर प्रस्तुत करता है

योग सत्र

योग सत्र के वक्ता : योगाचार्य श्री मनीष कपूर
(सुस्वास्थ्य प्रबंधन कोच)

दिनांक: 21 जून 2024

समय: सुबह 9:00- 10:00 बजे

स्थान: हेरिटेज हॉल

प्रोफेसर बिजयालक्ष्मी नंदा
(प्रधानाचार्य)

संपर्क करें:

लवर्कनी शेखावत
(अध्यक्ष, खेल युनियन)
(6377015123)

अनुष्का चौधरी
(अध्यक्ष, एनसीसी)
(7394047247)

अमीषा मिश्रा
(अध्यक्ष, यू बी ए)
(9784633214)

अंशिका गुप्ता
(अध्यक्ष, एन एस एस)
(8826937488)

डॉ. नीरू यादव
(सहायक प्रोफेसर, खेल विभाग)

डॉ अर्चना कुशवाहा
(कार्यक्रम अधिकारी, एन एस एस)

डॉ निशा वशिष्ठ
(सह समन्वयक, यू बी ए)

मीना कुमारी
(सीटीओ, एन सी सी)



Miranda House

UNIVERSITY OF DELHI

Miranda House
University of Delhi
Department of Physical Education & Sports
International Yoga Day 2024
Attendance Sheet - Students
Date: 21st June, 2024

S. No.	Name of the student	Roll No.	Course	Signature
1.	Amisha T. Thakur	2021/1572	B.A.(H) Political Science	[Signature]
2.	Pragya	2021/1604	B.Sc.(H) Zoology	[Signature]
3.	Supriya	2021/1179	B.Sc.(H) Zoology	[Signature]
4.	Maria Rosa George	2021/649	B.A. Programme	[Signature]
5.	Ananya	2021/172	B.A. Programme	[Signature]
6.	Prachi	2023/604	B.A.(H) Pol. Sci.	[Signature]
7.	Shreya	2023/9	B.A.(H) Pol. Sci.	[Signature]
8.	Shreya	2023/100	B.A. Programme	[Signature]
9.	Parvika	2023/1003	B.A.(H) Economics	[Signature]
10.	Shreya	2023/111	B.A.(H) Pol. Sci.	[Signature]
11.	Shreya	2023/1115	B.A.(H) Economics	[Signature]
12.	Abhishek Bhat	2023/1673	B.A. Programme	[Signature]
13.	LUCKY SHERMAHAT	2023/1688	B.A.(H) Pol. Sci.	[Signature]
14.	Kusha	2023/1619	B.A.(H) Pol. Sci.	[Signature]
15.	Arishu Adarsh	2023/119	B.A.(H) English	[Signature]
16.	Anshika Gupta	2023/158	B.A. Programme	[Signature]
17.	Chaitanya	2023/1258	B.Sc.(H) Maths	[Signature]
18.	Enam Nandi	2023/140	B.A.(H) Hindi	[Signature]
19.	Mohu Bharti	2023/619	B.A.(H) Pol. Science	[Signature]
20.	Kashika Panwar	2023/634	B.A.(H) Pol. Sci.	[Signature]
21.	Kusha	2023/1577	B.Sc.(H) Maths	[Signature]
22.	Aditi	2023/143	B.Sc.(H) Maths	[Signature]
23.	Shreya	2023/1123	B.A. Programme	[Signature]
24.	Isma Poonacha	2023/164	B.A. Programme	[Signature]
25.	Mansi Sharma	2023/1674	B.A. Programme	[Signature]
26.	Anushka Aggarwal	2023/170	B.Sc.(H) Maths	[Signature]

Miranda House
University of Delhi
Department of Physical Education & Sports
International Yoga Day 2024
Attendance Sheet - Non-Teaching Staff
Date: 21st June, 2024

S. No.	Name	Department	Signature
1.	Dr. P. K. Singh	Administration	[Signature]
2.	Dr. P. K. Singh	Administration	[Signature]
3.	Dr. P. K. Singh	Administration	[Signature]
4.	Dr. P. K. Singh	Administration	[Signature]
5.	Dr. P. K. Singh	Administration	[Signature]
6.	Dr. P. K. Singh	Administration	[Signature]
7.	Dr. P. K. Singh	Administration	[Signature]
8.	Dr. P. K. Singh	Administration	[Signature]
9.	Dr. P. K. Singh	Administration	[Signature]
10.	Dr. P. K. Singh	Administration	[Signature]
11.	Dr. P. K. Singh	Administration	[Signature]
12.	Dr. P. K. Singh	Administration	[Signature]

Miranda House
University of Delhi
Department of Physical Education & Sports
International Yoga Day 2024
Attendance Sheet - Faculty
Date: 21st June, 2024

S. No.	Name	Department	Signature
1.	Dr. Manisha Sathya	Chemistry	[Signature]
2.	Dr. Manisha Sathya	Zoology	[Signature]
3.	Dr. Manisha Sathya	Principal	[Signature]
4.	Dr. Manisha Sathya	Zoology	[Signature]
5.	Dr. Manisha Sathya	Political Sci.	[Signature]
6.	Dr. Manisha Sathya	B.Sc. Ed	[Signature]
7.	Dr. Manisha Sathya	B.Sc. Ed	[Signature]
8.	Dr. Manisha Sathya	B.Sc. Ed	[Signature]
9.	Dr. Manisha Sathya	Lehrang	[Signature]
10.	Dr. Manisha Sathya	Zoology	[Signature]
11.	Dr. Manisha Sathya	Physical Education	[Signature]






Miranda House UNIVERSITY OF DELHI





Miranda House UNIVERSITY OF DELHI


Supporting Documents for Workshop on Fit India: The Vision





MIRANDA HOUSE
UNIVERSITY OF DELHI


Department of Physical Education and
Sports
Presents
**Workshop on
FIT INDIA : THE VISION**
With

Dr. Bimla Pawar
Assistant Professor
Shaheed Rajguru College of
Applied Sciences for Women



**26 SEPTEMBER 2023**

**1.30 PM**

**MINI AUDITORIUM (ROOM NO. 158)**

PROF. BIJAYALAXMI NANDA
(PRINCIPAL)
DR. AMITA RANA
(TEACHER IN CHARGE)
DR. NEERU YADAV
(ASSISTANT PROFESSOR)

FOR QUERIES CONTACT:-
VAIDEHI SINGH - +91 95019 69164
(PRESIDENT)



Miranda House UNIVERSITY OF DELHI

Miranda House
University of Delhi
Department of Physical Education & Sports
Workshop on Fit India: the Vision
Attendance Sheet

Aerobics 26/9/23

S. No.	Name of the student	Course	Signature
1.	Nishtha	B.A (Hons) English	Nishtha
2.	Namratha T Ajay	BA Hons English	Namratha
3.	Sakshi Kansal	B.A.P	Sakshi
4.	Niharika	BA Hindi Hons	Niharika
5.	Nitya Kanaujia	BA Hons Sociology	Nitya
6.	Shreya Chaurhan	BA Hons English	Shreya
7.	Aarti Aggarwal	Bsc Life Science	Aarti
8.	Arsha Arora	Bsc Life Science	Arsha
9.	Vijaylaxmi Meena	BA Prog. (His + Geo)	Vijaylaxmi
10.	Sakshi Yadav	BA Eco (Hons)	Sakshi
11.	Shreya Yadav	" " "	Shreya
12.	Nandini	BA (Hons) Hindi	Nandini
13.	Nancy	BA (Hons) Hindi	Nancy
14.	Nandini	BA (Hons) Hindi	Nandini
15.	Nandini	BA (Hons) Hindi	Nandini
16.	Nandini	BA (Hons) Hindi	Nandini
17.	Nandini	BA (Hons) Hindi	Nandini
18.	Nandini	BA (Hons) Hindi	Nandini
19.	Nandini	BA (Hons) Hindi	Nandini
20.	Nandini	BA (Hons) Hindi	Nandini
21.	Nandini	BA (Hons) Hindi	Nandini
22.	Nandini	BA (Hons) Hindi	Nandini
23.	Nandini	BA (Hons) Hindi	Nandini
24.	Nandini	BA (Hons) Hindi	Nandini
25.	Nandini	BA (Hons) Hindi	Nandini

Miranda House
University of Delhi
Department of Physical Education & Sports
Workshop on Fit India: the Vision
Attendance Sheet

Yoga

S. No.	Name of the student	Course	Signature
51	Shruti Hanota	BA English Hons	Shruti
52	Shruti Hanota	BA Hons Sociology	Shruti
53	Shruti Hanota	BA Hons Sociology	Shruti
54	Shruti Hanota	B.Sc. Mathematics (H)	Shruti
55	Shruti Hanota	B.Sc. Mathematics (H)	Shruti
56	Shruti Hanota	B.A. Hons (H)	Shruti
57	Shruti Hanota	B.Sc. (Physics) (H)	Shruti
58	Shruti Hanota	BA (H) Philosophy	Shruti
59	Shruti Hanota	B.Sc. Physical Science	Shruti
60	Shruti Hanota	B.Sc. Life Science	Shruti
61	Shruti Hanota	B.A. (H) Sociology	Shruti
62	Shruti Hanota	B.A. (H) Music	Shruti
63	Shruti Hanota	B.Sc. (H) Physics	Shruti
64	Shruti Hanota	B.Sc. (H) Physics	Shruti
65	Shruti Hanota	B.A. (H) Hindi	Shruti
66	Shruti Hanota	BA (H) Political Sci	Shruti
67	Shruti Hanota	BA Program	Shruti
68	Shruti Hanota	BA (H) Pol. Sci	Shruti
69	Shruti Hanota	BA (H) Geography	Shruti
70	Shruti Hanota	BA (H) Gen	Shruti
71	Shruti Hanota	BA (H) Gen	Shruti
72	Shruti Hanota	BA (H) Geo	Shruti
73	Shruti Hanota	B.Sc. (H) Physics	Shruti
74	Shruti Hanota	B.Sc. (H) Physics	Shruti
75	Shruti Hanota	B.Sc. (H) Physics	Shruti

26/9/23

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Attendance Sheet

S. No.	Name of the student	Course	Signature
26	Nisha Brijam	BA (Hons) Geography	Nisha
27	Abhinav Kaur	BA (H) Geo	Abhinav
28	Deepika Saini	B.A. (H) Pol. Sci.	Deepika
29	ABHIR JAISWAL	B.A. Program	Abhir
30	Chhavi Chaudhary	BA Program	Chhavi
31	Neha Sui	BA (H) Pol. Sci.	Neha
32	Bhavya Bhandari	BSc (H) Physics	Bhavya
33	Raman Sachdeva	B.A. (H) English	Raman
34	Manishka Pandey	BSc (H) Physical Science	Manishka
35	Kavita Sharma	BA (H) English	Kavita
36	Krushika Bhatti	BA (H) Philosophy	Krushika
37	Anisha P S	BSc Life Sciences	Anisha
38	Divyanshi Soni	B.Sc. Life Sciences	Divyanshi
39	Anusha Krishnakumar	B.Sc. Life Sciences	Anusha
40	Paakhi Bansal	B.Sc. Life Sciences	Paakhi
41	Anamika	B.A. (H) English	Anamika
42	Yamini	BA (H) Pol. Science	Yamini
43	Shubham X	B.A. (H) Pol. Science	Shubham
44	Kajal	B.A. (H) Pol. Science	Kajal
45	Kajal	B.A. (H) Pol. Science	Kajal
46	Prabhu Chaurhan	B.A. (H) Pol. Science	Prabhu
47	Tiya Jain	B.A. (H) History	Tiya
48	Tanvi Shrivastava	B.A. (H) History	Tanvi
49	Abhinav Sharma	B.A. (H) History	Abhinav
50	Nandini	"	Nandini

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S. No.	Name of the student	Course	Signature
126	Smriti Menapara	BSc (Hons) Physics	Smriti
127	Vinita	BSc (Hons) Physics	Vinita
128	Treyah Mukherjee	BSc (Hons) Physics	Treyah
129	Vedika Bhatnagar	BSc (Hons) Physics	Vedika
130	Manvi	BSc (Hons) Physics	Manvi
131	Shruti Iman	BSc. Life Science	Shruti
132	Sanvi Patel	BA (Hons) Pol Science	Sanvi
133	Ramni Soni	BA (Hons) Eng	Ramni

26/9/23



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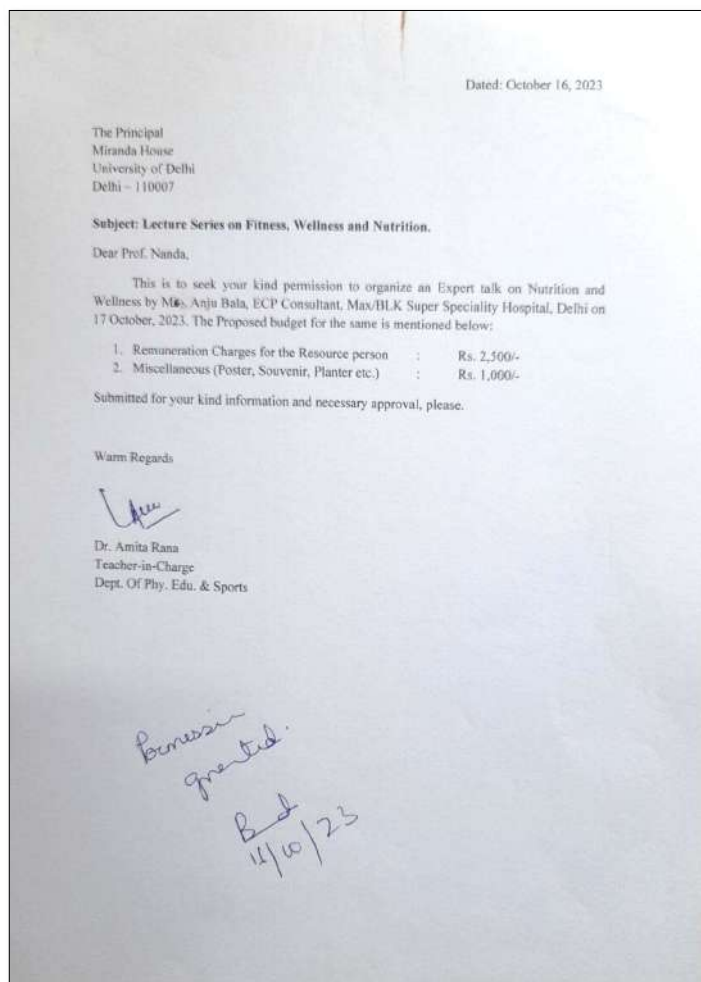
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Supporting Documents for Expert Talk on Nutrition and Wellness



MIRANDA HOUSE

University of Delhi

Department of Physical Education and Sports

presents


Expert talk on

NUTRITION AND WELLNESS

Under lecture series on

FITNESS, WELLNESS AND NUTRITION

With



MS. ANJU BALA
ECP CONSULTANT

📅 17 October, 2023 ⌚ 1.30 pm onwards 📍 Mini Auditorium

Prof. Bijayalaxmi Nanda
(Principal)
Dr. Amita Rana
(Convener, Sports)
Dr. Neeru Yadav
(Assistant Professor)

For any queries contact -
Vaidehi Singh - +91 99019 69164
(President, Sports Union)



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Department of Physical Education & Sports
Expert Talk on Nutrition and Wellness

Attendance Sheet

Date: 17 October, 2023

S. No.	Name of the student	Roll. No.	Course	Signature
1	Akashika Singh	2022/75	BA/Philosophy (H)	Akashika Singh
2	Akashika Kanchhala	2022/77	BA Economics (H)	Akashika Kanchhala
3	Anam	2022/98	BA (Hons) Hindi	Anam
4	Nitya Kanaujia	2022/752	BA (Hons) Sociology	Nitya Kanaujia
5	Monika Sharma	2022/555	BA (Hons) Hindi	Monika Sharma
6	Ramreet Kaur	2022/776	BA (Hons) Hindi	Ramreet Kaur
7	Diya Sharma	2022/164	BA (Hons) Hindi	Diya Sharma
8	Shruya Yadav	2022/103	BA (Hons) English	Shruya Yadav
9	Pragati Utham	2022/814	BA (Programme)	Pragati Utham
10	Pooja Nandan	2022/832	BA (Programme)	Pooja Nandan
11	Kiran	2022/539	BA (Programme)	Kiran
12	Nandini Singh	2022/703	BA (Hons) History	Nandini Singh
13	Prachi	2022/804	BA (Hons) History	Prachi
14	Khushi Bhanu	2022/579	BA (Hons) Philosophy	Khushi Bhanu
15	Vijaykumar Meena	2022/1300	BA Prog (HIS + Geo)	Vijaykumar Meena
16	Jisha	2022/421	BA Eco Hons.	Jisha
17	Chaya Gauram	2022/1370	BSc Physics (H)	Chaya Gauram
18	Kanchal	2022/816	BSc Physics	Kanchal
19	Khushboo Gangwar	2022/509	BSc Physics (H)	Khushboo Gangwar
20	Pooja	2022/787	BSc Mathematics	Pooja
21	Amita	2022/133	BSc Mathematics	Amita
22	Smriti Tiwari	2022/1162	BSc Mathematics	Smriti Tiwari
23	Aziza Sajji	2022/88	BA (Hons) Geography	Aziza Sajji
24	Isha Rajput	2022/437	BA (Programme)	Isha Rajput
25	Nandini Thakkar	2022/696	"	Nandini Thakkar
26	Nidhi Thakkar	2022/727	BA History (H)	Nidhi Thakkar
27	Sona Tirkey	2022/1021	BA Programme	Sona Tirkey

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S. No.	Name of the student	Roll. No.	Course	Signature
55	Riya Bhardwaj	2022/851	BSc (Hons) Physics	Riya Bhardwaj
56	Lakshya Dharma	2022/1845	BA Political Sci (Hons)	Lakshya Dharma
57	Tanishk Kaur	2022/1332	BSc (Hons) Chemistry	Tanishk Kaur
58	Manishka Pandey	2022/512	BSc (Hons) Physics	Manishka Pandey
59	Khushi Upadhyay	2022/835	BSc Prog Physical Sci	Khushi Upadhyay
60	Sakshi Yadav	2022/980	BA (Hons) Geography	Sakshi Yadav
61	Riya Yadav	2022/950	BA (Hons) Geography	Riya Yadav
62	Anita Karmali	2022/1564	BSc (H) Physics	Anita Karmali
63	Kanishka Samal	2022/488	BSc (H) Chemistry	Kanishka Samal
64	Kirti Kaushal	2022/1545	BSc (H) Chemistry	Kirti Kaushal
65	Mithun Mehta	2022/1659	BSc (H) Chemistry	Mithun Mehta
66	Shambhavi Singh	2022/1045	BA Programme	Shambhavi Singh
67	Aditi Vats	2022/1152	BA (H) Sociology	Aditi Vats
68	Hema Yadav	2022/1383	BA (H) Sociology	Hema Yadav
69	Tanushree Choudhary	2022/1226	BA (H) Socio	Tanushree Choudhary
70	Pallavi Banerjee	2022/770	BA (H) Sociology	Pallavi Banerjee
71	Adhika Datta	2022/1161	BA (H) Sociology	Adhika Datta
72	Aditi Joshi	2022/1410	BA Programme	Aditi Joshi
73	Kanya Satish	2022/1485	BA (Hons) Pol Science	Kanya Satish
74	Nandini Biswal	2022/1141	BSc (H) Chemistry	Nandini Biswal
75	Akanksha	2022/61	BSc (H) Mathematics	Akanksha
76	Kirti Tomar	2022/549	BSc Maths (H)	Kirti Tomar
77	Ashika Verma	2022/5	BSc Maths (H)	Ashika Verma
78	Shruti Kumar	2022/1172	BSc Maths (H)	Shruti Kumar
79	Tyoti Kapoor	2022/1462	BA (H) History	Tyoti Kapoor
80	Simran	2022/1113	BA (H) History	Simran
81	Kanika Meena	2022/1487	"	Kanika Meena

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S. No.	Name of the student	Roll. No.	Course	Signature
28	Harshita	2022/1517	BA Programme	Harshita
29	Parvati	2022/824	BA Prog	Parvati
30	Manya	2022/614	BSc Physics (H)	Manya
31	Prabinder Kaur	2022/777	BA Hons. Political Science	Prabinder Kaur
32	Naveed Khan	2022/778	B.A. Maths Hons.	Naveed Khan
33	Pooja Kumari	2022/782	B.Sc. Maths (H)	Pooja Kumari
34	Aashi	2022/199	B.A. Hons. Pol. Science	Aashi
35	Aarohi Choudhary	2022/12	BA Prog.	Aarohi Choudhary
36	Pranika Sharma	2022/1243	BA (Hons) History	Pranika Sharma
37	Rishika Jha	2022/882	BA (H) English	Rishika Jha
38	KARVIE	2022/490	BA (H) English	KARVIE
39	Ashika Adrees	2022/189	BA (H) English	Ashika Adrees
40	Anamika	2022/182	BA Eng (H)	Anamika
41	Nikharika	2022/730	BA English (Hons)	Nikharika
42	Talita Choudhary	2022/502	BAP	Talita Choudhary
43	Arushi Bhatnagar	2022/130	BAP	Arushi Bhatnagar
44	Anika Joshi	2022/117	BA History (Hons)	Anika Joshi
45	Shaina	2022/1059	BA History (Hons)	Shaina
46	Kamran	2022/477	BSc Physics (Hons)	Kamran
47	Kanishk	2022/174	"	Kanishk
48	Lovee Singh	2022/541	BA Eco Hons	Lovee Singh
49	Tinu	2022/1244	BSc Physics	Tinu
50	Anika	2022/26	BA Eco Hons	Anika
51	Sumit Singh	2022/344	BA (Hons) Sociology	Sumit Singh
52	Sarav Dhot	2022/134	BA (H) Pol Science	Sarav Dhot
53	Anshu Singh Bhatia	2022/920	BA (H) Pol Science	Anshu Singh Bhatia
54	G. Soumya	2022/349	BA (H) Sociology	G. Soumya

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S. No.	Name of the student	Roll. No.	Course	Signature
82	Shiksha Gupta	2022/1064	BA Hons Sociology	Shiksha Gupta
83	Moan Subramanian	2022/654	Sociology (H)	Moan Subramanian
84	Charushi Dahi	2022/255	BA Hons Political Science	Charushi Dahi
85	Jashin Dandi	2022/412	BSc (Hons) Mathematics	Jashin Dandi
86	Kushi Saxena	2022/1472	BAP (BA + Sci + Geo)	Kushi Saxena
87	Rishi Singh	2022/168	BAP (Eng + His)	Rishi Singh
88	Shajal	2022/1521	BSc Maths Hons	Shajal
89	Usha Sharma	2022/1687	BA Hons History	Usha Sharma
90	Rishi	2022/1677	BA Hons History	Rishi
91	Shivani Yadav	2022/150	BA Hons Hindi	Shivani Yadav
92	Pooja	2022/850	"	Pooja
93	Rishi	2022/1952	"	Rishi
94	Shruti Chaudhary	2022/1082	BA Hons English	Shruti Chaudhary
95	Asmita Randa	2022/194	BA (Hons) Geography	Asmita Randa
96	Vandana	2022/1512	BA (Hons) History	Vandana
97	Shruti Singh	2022/1165	BSc (H) Maths	Shruti Singh
98	Vandana Singh	2022/1808	BSc (H) Maths	Vandana Singh
99	Pragathi Raj	2022/1854	"	Pragathi Raj
100	Ashika	2022/6	BA (H) History	Ashika
101	Shikha	2022/224	BSc (H) Mathematics	Shikha
102	Shreya Gupta	2022/1088	"	Shreya Gupta
103	Kanishk	2022/494	BSc Physics (Hons)	Kanishk
104	Pooja	2022/1623	BSc Physical Science	Pooja
105	Yash	2022/1316	BSc (H) Mathematics	Yash
106	Pranika	2022/83	"	Pranika
107	Rishi	2022/931	"	Rishi
108	Geetika	2022/1547	"	Geetika



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S. No.	Name of the student	Roll. No.	Course	Signature
108	Sandhya Bhardi	2022/996	B.A. (Hons) History	Sandhya
110	Kh. Jyotsna Devi	2022/567	B.A. (Hons) Philosophy	Jyotsna
111	Sakshi Karmakar	2022/776	B.A.	Sakshi
112	Sanskriti Khosla	2022/1257	B.A. (Hons) Political Science	Sanskriti
113	Yamini	2022/1312	B.A. (Hons) Political Science	Yamini
114	Anagha	2022/1200	B.A. (Hons) English	Anagha
115	Aditi Dey	2022/1235	B.A. (Hons) Biology	Aditi
116	Aditi Singh	2022/1230	B.A. (Hons) Sociology	Aditi
117	Soukhi Tewari	2022/1102	B.Sc. (Hons) Mathematics	Soukhi
118	Roohi	2022/787	B.Sc. (Hons) Mathematics	Roohi
119	Nishi	2022/1226	B.Sc. (Hons) Mathematics	Nishi
120	Nandini T. Arora	2022/699	B.A. (Hons) English	Nandini
121	Nishtha	2022/746	B.A. (Hons) English	Nishtha
122	Shreya	2022/1175	B.A. (Hons) History	Shreya
123	Kartik Kaur	2022/1195	B.A. (Hons) Economics	Kartik
124	Manika	2022/167	B.A. (Hons) Economics	Manika
125	Yashika Singh	2022/1810	B.A. (Hons) Economics	Yashika
126	Yashika Singh	2022/1275	B.A. (Hons) Economics	Yashika
127	Sanjana Mishra	2022/1791	B.A. (Hons) Hindi	Sanjana
128	Krushabha	2022/908	B.A. (Hons) Hindi	Krushabha
129	Ragini Pathak	2022/889	B.A. (Hons) Hindi	Ragini
130	Aditi	2022/1541	B.A. (Hons) Political Science	Aditi
131	Vibha Singh	2022/1305	B.A. (Hons) Philosophy	Vibha
132	Nishtha Singh	2022/1219	B.Sc. (Hons) Chemistry	Nishtha
133	Priyanka	2022/801	B.Sc. (Hons) Physics	Priyanka
134	Somnath	2022/1110	B.Sc. (Hons) Physics	Somnath
135	Nitika	2022/250	B.Sc. (Hons) Physics	Nitika

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S. No.	Name of the student	Roll. No.	Course	Signature
143	Sakshi Yadav	2022/119	B.A. (Hons) English	Sakshi
144	Sneha Yadav	2022/1191	B.A. (Hons) English	Sneha
145	Nishi	2022/751	B.A. (Hons) English	Nishi
146	Pooja Kumari	2022/1101	B.A. (Hons) English	Pooja
147	Amrita Kumari	2022/1101	B.A. (Hons) English	Amrita
148	Arushi	2022/1101	B.A. (Hons) English	Arushi
149	Arushi	2022/1101	B.A. (Hons) English	Arushi
150	Kamisha Kaur	2022/1101	B.A. (Hons) English	Kamisha





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Supporting Documents for Expert talk on Believe in Yourself



MIRANDA HOUSE
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Department of Physical Education and Sports
Presents
Expert talk on
BELIEVE IN YOURSELF
by



Yogacharya Sh. Manish Kapoor
(Wellness and Lifestyle Management
Coach)

**1 APRIL 2024
1-5 P.M.
MINI AUDITORIUM**

PROF. BIJAYALAXMI NANDA (PRINCIPAL)	FOR QUERIES CONTACT:-
DR. AMITA RANA (TEACHER IN CHARGE)	VAIDEHI SINGH: +91 9501969164 (PRESIDENT)
DR. NEERU YADAV (ASSISTANT PROFESSOR)	ANUSTA : +91 7344610514 (VICE-PRESIDENT)
	MARIOT THANKACHAN: +91 7065562958 (VICE-PRESIDENT)



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Date: 01 April, 2024

S. No.	Name of the student	Roll No.	Course	Signature
1.	Anvita Mohanty	2023/1703	B.Sc (H) Physics	Anvita
2.	Priyanka Mahalik	2023/395	B.A (H) History	Priyanka
3.	Tanya Verma	2023/406	B.A Program	Tanya
4.	Nikhil Mehta	2023/501	B.A (H) History	Nikhil
5.	Rohit Choudhary	2023/580	B.A (H) Hindi	Rohit
6.	Naveen Kumar	2023/868	B.A (H) Economics	Naveen
7.	Neha Sirodia	2023/819	B.A. Programme	Neha
8.	Praachi Singh	2023/1771	B.A (H) Geography	Praachi
9.	Hanika Sharma	2023/432	B.A (H) Geography	Hanika
10.	Sindhuja Singh	2023/1258	B.A PROGRAMME	Sindhuja
11.	Simran	2023/1253	B.A Programme	Simran
12.	Harshita	2023/438	B.A (H) Geography	Harshita
13.	Pooja Savitri	2023/554	B.A (H) Geography	Pooja
14.	Manish Kumar	2023/707	B.A (H) Geography	Manish
15.	Hansi Ransat	2023/715	B.A (H) ECONOMICS	Hansi
16.	Hirika Arya	2023/455	B.Sc. (H) Zoology	Hirika
17.	Ragini Singh	2023/443	B.A Programme	Ragini
18.	Bhuvan	2023/275	B.A Programme	Bhuvan
19.	Tamara Kandpal	2023/1390	B.Sc. Life Science	Tamara
20.	Ankita	2023/137	B.A Programme	Ankita
21.	Komal Rani	2023/646	B. Hindi Hons	Komal
22.	Ayushi Pat	2023/352	B.A. Programme	Ayushi

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Date: 01 April, 2024

S. No.	Name of the student	Roll No.	Course	Signature
01.	KATAL MEENA	2023/525	BA(HONS) POL. SCIENCE	Katal
02.	Anvita R	2023/1424	BA (HONS) Pol. Science	Anvita
03.	Rishi Rani	2023/217	B.A (HONS) Hindi	Rishi
04.	KUMKUM	2023/546	B.A (HONS) Hindi	Kumkum
05.	Manjot Kaur	2023/300	B.A (HONS) Hindi	Manjot
06.	Manjot	2023/301	B.Sc (HONS) Chemistry	Manjot
07.	Shivani Karthik	2023/1228	B.Sc (HONS) Chemistry	Shivani
08.	Eders Khanda	2023/380	B.A (H) Geography	Eders
09.	Rinam Decker	2023/1043	B.A (H) History	Rinam
10.	Pranava Kumar	2023/209	B.A (H) History	Pranava
11.	Suman Kumari	2023/1243	B.A (H) Hindi	Suman
12.	Pranava Kumar	2023/273	B.A (H) History	Pranava
13.	Deeksha Samir Kalle	2023/381	B.A (H) History	Deeksha
14.	Anu	2023/140	Geography Honours	Anu
15.	Nisha	2023/852	Geography Honours	Nisha
16.	Ravina Meena	2023/1031	B.Sc (H) Physics	Ravina
17.	Sumedha	2023/434	B.Sc (H) Physics	Sumedha
18.	Nika Singh	2023/857	B.Sc (H) Physics	Nika
19.	Shubani Chaurap	2023/1333	B.A (H) Political Science	Shubani
20.	Anisha Kumar	2023/119	B.A (H) Political Science	Anisha
21.	Arisha Doss	2023/1108	B.A (H) Political Science	Arisha
22.	Payal	2023/1305	B.A (H) Geography	Payal
23.	Riya Repaul	2023/1001	BA (H) Geography	Riya
24.	Nandini Singh Jada	2023/258	BA (H) Political Science	Nandini
25.	Gurjan	2023/418	BA Programme	Gurjan
26.	Nishi	2023/311	B.A.P	Nishi
27.	Arusha	2023/1105	B.A.P	Arusha

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S. No.	Name of the student	Roll No.	Course	Signature
1.	Khusboo Nayak	2023/531	BA (H) Zoology	Khusboo
2.	Srijaya Sanki	2023/462	BA (H) Zoology	Srijaya
3.	Rishika	2023/267	B.A Programme	Rishika
4.	Nirriti	2023/841	B.A (H) Pol. Sci.	Nirriti
5.	Sanya Shukla	2023/1139	B.A (H) Pol. Sci.	Sanya
6.	Susmita	2023/1151	B.A (H) Pol. Sci.	Susmita
7.	Anshika Bhatnagar	2023/151	B.A (H) Pol. Sci.	Anshika
8.	Maha Sharma	2023/740	B.A (H) Pol. Sci.	Maha
9.	Joya	2023/501	BA Prog.	Joya
10.	Khushti God	2023/587	BA Prog.	Khushti
11.	Pranavi Rawat	2023/737	B.Sc Physical Science	Pranavi
12.	Guram Doya	2023/410	B.A (H) Hindi	Guram
13.	Kimberly	2023/648	B.A (H) Hindi	Kimberly
14.	Khushti Bhatt	2023/585	B.A (H) Political Science	Khushti
15.	Pragati Kumar	2023/429	B.Sc Chemistry	Pragati
16.	Bha Gaudin	2023/301	B.A (H) Geography	Bha
17.	Pooja Anand	2023/323	"	Pooja
18.	Kashish Sankar	2023/586	"	Kashish
19.	Shivani	2023/152	"	Shivani
20.	Sanchi Bhandal	2023/1125	B.A Programme	Sanchi
21.	Adithya Bhandal	2023/1041	B.A (H) Economics	Adithya
22.	Nandini Singh	2023/846	B.A (H) Economics	Nandini

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S. No.	Name of the student	Roll No.	Course	Signature
1.	ARISHA BALLYAN	1551	B.Sc (H) CHEMISTRY	Arisha
2.	MANSI GAUTAM	712	B.Sc (H) CHEMISTRY	Mansi
3.	ANJALI	117	"	Anjali
4.	Shikha	413	"	Shikha
5.	Tanishka	2023/278	B.A (H) Hindi	Tanishka
6.	Sonakshi	1289	B.A (H) Hindi	Sonakshi
7.	Priya Tomar	910	B.A (H) Economics	Priya
8.	Susmita	1256	B.A (H) Economics	Susmita
9.	Nandini Singh	782	B.A (H) Economics	Nandini



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S. No.	Name of the student	Roll. No.	Course	Signature
1	Arunima Singh	208	Chemistry (Hons)	Arunima Singh
2	Minaxi Choudhary	743	Chemistry (Hons)	Minaxi Choudhary
3	Priya	970	Chemistry (Hons)	Priya
4	Ananya Singh	95	B.A. Program	Ananya Singh
5	Amita Tiwari	287	BA PHILOSOPHY (Hons)	Amita Tiwari
6	Rangat Rana	29/152	Chemistry (Hons)	Rangat Rana
7	Anshika Bar	186	B.A.P.	Anshika Bar
8	Ashita Patidar	2023/449	B.A.P.	Ashita Patidar
9	Anshika Singh	2023/155	B.A.P. [Hindi + Hindi]	Anshika Singh
10	Jyoti	2023/513	BA Program	Jyoti
11	Divya Singh	2023/365	BA (H) English	Divya Singh
12	Anika Singh	2023/305	B.A. (Hons) Pol. Sci.	Anika Singh
13	Manya Rastogi	2023/422	BA (H) Pol. Sci.	Manya Rastogi
14	Kushi Yadav	2023/604	BA (H) Pol. Sci.	Kushi Yadav
15	Devanshi	2023/322	BA (H) History	Devanshi
16	Anushka Arora	2023/111	BA (H) History	Anushka Arora
17	Jaspreet Kaur	2023/237	B.Sc. Bot (H)	Jaspreet Kaur
18	Divya	2023/960	B.Sc. Bot (H)	Divya
19	Aisha Saini	2023/554	BA (H) Geography	Aisha Saini
20	Manish Komari	2023/107	B.A. (H) Geography	Manish Komari
21	Harvi Rana	2023/715	B.A. (H) Economics	Harvi Rana
22	Rishita Chatterjee	2023/655	B.Sc. (H) Chemistry	Rishita Chatterjee

Miranda House
University of Delhi
Department of Physical Education & Sports

Believe in Yourself

Attendance Sheet

Date: 01 April, 2024

S. No.	Name of the student	Roll. No.	Course	Signature
1	Varinda	2023/466	BA Hons/Economics	Varinda
2	Mohini Kumar	2023/752	BA Psychology	Mohini Kumar
3	Shivani Yadav	2023/1195	B.Sc. (H) Maths	Shivani Yadav
4	Smriti Gargi	2023/1270	BA (Hons) Sociology	Smriti Gargi
5	Yashika Jaiswal	2023/524	B.A. (Hons) Sanskrit	Yashika Jaiswal
6	Maya	2023/395	B.A. (Hons) Political Science	Maya
7	Kushi Kannaujia	2023/590	B.A. (Hons) Pol. Science	Kushi Kannaujia
8	Kalana Kumari	2023/529	BA (Hons) Geography	Kalana Kumari
9	Priyanka Khandelwal	2023/894	BA Program	Priyanka Khandelwal
10	Divya	2023/359	BA Program	Divya
11	Tanisha Choudhary	2023/1380	BA (H) History	Tanisha Choudhary
12	Kushi Singh	2023/132	B.Sc. (H) Chemistry	Kushi Singh
13	Astha Singh	2023/232	B.Sc. (H) Chemistry	Astha Singh
14	Ashika Singh	2023/604	B.Sc. (H) Chemistry	Ashika Singh
15	Devanshi Singh	2023/332	B.Sc. (H) Chemistry	Devanshi Singh
16	Shamim Nazam	2023/1411	BAP Eco & Pol Science	Shamim Nazam
17	Rameez S	2023/1014	BAP Eco & Pol Science	Rameez S
18	Vaishnavi Chauhan	2023/1442	B.Sc. (H) Chemistry	Vaishnavi Chauhan
19	Priya Chakravarti	2023/967	B.A. (Hons) Economics	Priya Chakravarti
20	Shamshani Singh	2023/1154	BA (Hons) Political Science	Shamshani Singh
21	Anshika	2023/163	BA (Hons) Sociology	Anshika
22	Anshika	2023/233	B.Sc. Life Sciences	Anshika
23	Komal Yadav	2023/630	B.Sc. Life Sciences	Komal Yadav
24	Anshika Singh	2023/513	B.A. English Hons.	Anshika Singh
25	Natasha	2023/1567	BA (Hons) Pol. Sci.	Natasha
26	Anjali Kishore	2023/1617	B.Sc. Physical Sciences	Anjali Kishore
27	Saloni Kaur	2023/1113	BA. Hindi Hons.	Saloni Kaur



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Miranda House UNIVERSITY OF DELHI

Departmental Annual Report – 2

Research, Innovations and Extension

Department: Department of Physical Education and Sports

Academic Year: 2023-24

Part B.3

Awards and Recognition

1. Kavya Khirwar, B.A. Program- 3rd yr.

- Gold Medal in All India Inter University Tennis Tournament held in Murthal, Haryana from 01 Dec to 04 Dec, 2023.
- Gold Medal in North Zone Inter University Tennis Tournament held in Murthal, Haryana from 03 November to 06 November, 2023.





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2. Saina Salonika, B.A. (H) Political Science – 3rd year

- Silver Medal in World University Chess Championship held in Entebbe, Uganda from 25 June to 30 June, 2024.
- Bronze Medal (Team) in All India Inter University Chess Tournament held at Marwadi University, Rajkot, Gujarat from 23rd to 25th Jan 2024.
- Gold Medal in (Individual and Team) North Zone Inter University Chess Tournament held in New Delhi from 9th to 11th Jan 2024.





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- Silver Medal in ASEAN plus Age group Rapid Chess Championship, Thailand held from 17th to 27th June 2023.
- Participated (5th Place) in 2-Asian Junior Chess Championship 2023 at Jamshedpur from 7th to 16th Sept 2023.
- Gold Medal (Individual & Team) at 21st National Women Team Chess Championship at Dharamshala, Himachal Pradesh from 29th March to 04th April, 2024.





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- Participated (10th Position; Best Women) in Ist Noida International Open Rapid Chess Championship 2024 from 14th and 15th Jan 2024.



3. Ishvi Aggarwal, B.A. (H) English- 1st yr.

- Gold Medal in Standard competition of Team Girls Under 18 in the Asian Youth Chess Championships held in Al Ain, United Arab Emirates from 12th -22nd December 2023.
- Silver Medal in Blitz Competition of Team under 18 Girls in the Asian Youth Chess Championship held in Al Ain, United Arab Emirates from 12th to 22nd December 2023.





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- Obtained the title of Women Candidate Master.



- Participated in National Women Team Chess Championship at Dharamshala, Himachal Pradesh from 29th March to 04th April, 2024.





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4. Anshika Gupta, B.A. (H) Political Science – 2nd yr.

- Participated (Rank 14) in 15th Asian Shooting Championship held at Changwon, South Korea from 22nd October to 2nd November, 2023.

No. TRG/MISC/93719/2023

TO WHOM IT MAY CONCERN

This is to certify that Ms. Anshika Gupta has participated in the 15th Asian Shooting Championship, held at Changwon, Korea from 22.10.2023 To 02.11.2023 and obtained the result as under:

S. No.	EVENT	SCORE	FINAL	POSITION	REMARKS
1.	10M AIR RIFLE WOMEN/JUNIOR INDIVIDUAL	597-622.0	-	17	-

DATE: 12.12.2023

(NIMIT CHOPRA)
ASSISTANT SECRETARY

THE NATIONAL RIFLE ASSOCIATION OF INDIA

- Silver Medal & (Rank 4) in 66th National Shooting Championship 2023 held in Bhopal, Madhya Pradesh from 15th Nov to 2nd December, 2023.

No. TRG/CENTINARI - 2503

Date: 13-04-2024

CERTIFICATE

Certified that

Anshika Gupta

(Competitor No. 100) of
M.P. STATE RIFLE ASSOCIATION Gwalior, MADHYA PRADESH
has participated in the
66TH NATIONAL SHOOTING CHAMPIONSHIP COMPETITIONS (RIFLE EVENTS)
held in NEW DELHI
From 15th November To 2nd December 2023 and obtained the following results:

Sr. No.	Event	MS	Score	Position	Remarks
1	10M RIFLE WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Individual F)	593.00	627.0	31	
2	10M RIFLE YOUTH WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Individual F)	593.00	627.0	12	
3	10M RIFLE YOUTH WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Team)		1871.0	14	
4	10M RIFLE JUNIOR WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Individual F)	593.00	627.0	12	
5	10M RIFLE JUNIOR WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Team)		1897	8	SILVER
6	10M RIFLE WOMEN (ISSF) CIVILIAN CHAMPIONSHIP (Individual F)	593.00	627.0	10	

It is further certified that she is a "RECOMMEND SHOT" in terms of Government of India's Notification No. 136/04 (Civ. Shot) 1.8.7.2004

K. SULTAN SINGH
SECRETARY GENERAL

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5. Akshita Bisht B.A. Program- 1st yr.

- III Position in All India University Taekwondo Tournament held in Rajasthan from 9th to 12th January, 2024.
- Participated in North-East Zone Inter University Women's Championship on 27th & 28th December, 2023.
- I Position in Delhi University Inter College Taekwondo Championship held at Delhi University on 21st November, 2023.
- Participated in 39th National Senior Kyorugi Taekwondo Tournament held in Assam from 9th to 11th Sept, 2023.





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- Participated in 37th National Games held in Goa from 31st Oct to 3rd Nov, 2023.



- Gold Medal in 2nd NOIDA Open National Taekwondo Championship at NOIDA from 5th to 8th October, 2023.



6. Payal, B.A. (Hons.) History- 2nd yr.

- Participated in All India Inter University Taekwondo Championship (M&W) 2024 from 9 to 12 January, 2024.





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- II Position in 39th Delhi State Senior Taekwondo Championship 2023 held in Delhi on 26th & 27th August, 2023.



- I Position in Delhi Olympics Games 2024 held in Delhi from 7th to 13th February, 2024.



- Participated in 2023 National Open Taekwondo Championship (Kyorugi) held in Noida from 5th to 8th October, 2023.





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7. Aayushi Kadyan, B.A. (H) English – 3rd yr

- Bronze Medal in North Zone University Games held at Punjab University, Patiala, Punjab from 22nd to 27th December, 2023.



8. Anshu Dagar, B.A. (H) Political Science- 1st yr.

- Participated in All India Inter University Archery Championship held in Lucknow, Uttar Pradesh from 21st to 24th Feb, 2024.
- Participated in North Zone University Games held at Punjab University, Patiala, Punjab from 22nd to 27th December, 2023.



9. Kanishka Mathpal, B.A. Program – 3rd yr

- Gold Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.





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- Gold Medal in 39th National Senior Kyorugi Taekwondo Championship 2023 held in Assam from 9th to 11th September, 2023



- Gold Medal in 1st Khelo India women's Taekwondo League held in Uttarakhand from 11th and 12th February, 2024



- Bronze medal in Phase -2 Khelo India Women's Taekwondo League held in Lucknow from 21st to 24th February, 2024.





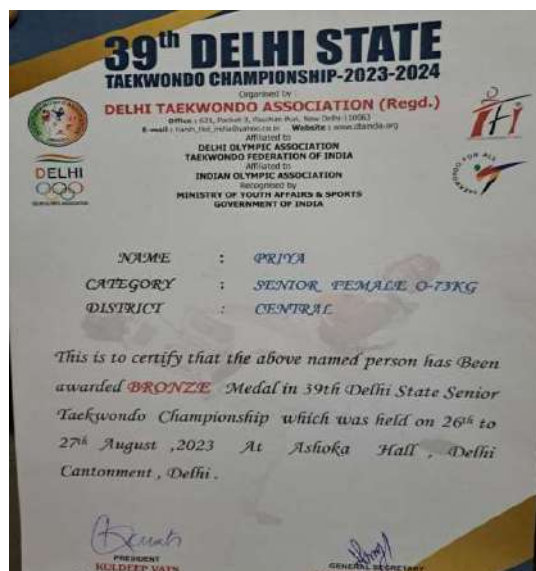
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10. Priya, B.A. (H) Geography- 2nd yr.

- Silver Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.



- Bronze Medal in 39th Delhi State Senior Taekwondo Championship 2023 held in Delhi from 26th and 27th August, 2023.



- Gold Medal in Khelo India Youth Games held in Cuttack, Odisha from 9th to 11th March, 2024.





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11. Sneha Pradhan, B.A. Program – 2nd yr.

- Gold Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.



12. Kusha, B.A. (H) Political Science – 1st yr.

- Bronze Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.



- Silver Medal in 39th Delhi State Senior Taekwondo Championship held in New Delhi on 26th & 27th August, 2023





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13. Kajal Chaudhary, B.Sc. (H) Mathematics- 1st yr.

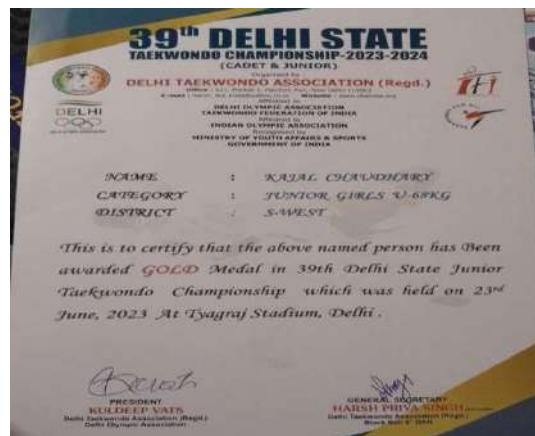
- Silver Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.
- Participation in 39th National Senior Kyorugi Taekwondo Championship 2023 held in Guwahati, Assam- 9th to 11th Sept, 2023.
- Participated in 37th National Games held in Goa from 22nd to 27th October, 2023.





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- Gold Medal in 39th Delhi State Senior Taekwondo Championship held on 26th & 27th August, 2023 at Delhi.



- Gold in 15th South West District Taekwondo Championship 2023 held at New Delhi On 5th & 6th August, 2023.



- Silver Medal in Delhi Olympic Games held in Delhi from 7th to 13th January, 2024.





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- Gold in 1st Khelo India Women's League held in Lucknow from 21st – 24th February, 2024.



14. Vaishnave, B.A. Program- 3rd yr.

- Gold Medal in Delhi University Inter College Taekwondo Tournament held at Delhi University on 21st November, 2023.



- Bronze Medal in 37th National Games 2023 held in Goa from 31st Oct to 3rd Nov, 2023.





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- Participated in 66th National Shooting Championship 2023 held in Bhopal, Madhya Pradesh from 15th Nov to 2nd December, 2023.



- Participated in 37th National Games, Goa held in Goa from 1st to 9th November, 2023.





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16. Kushi Saxena, B.A. Program – 2nd yr.

- I Position in Delhi University Inter College Shooting Championship held at Delhi University on 3rd December, 2023.
- Participated in 66th National Shooting Championship 2023 held in Bhopal, Madhya Pradesh from 15th Nov to 2nd December, 2023.

Certificate yet to be received



17. Anushka Sharma, B.A.(H) English-3rd year

- Gold Medal (20 Km Walk) in Delhi University Inter College Athletics Tournament held at Delhi University on 28th to 30th November, 2023.
- Participated in 37th Haryana State Athletics Championship (10000m Race Walk) held at Karnal, Haryana from 7th & 8th October, 2023.

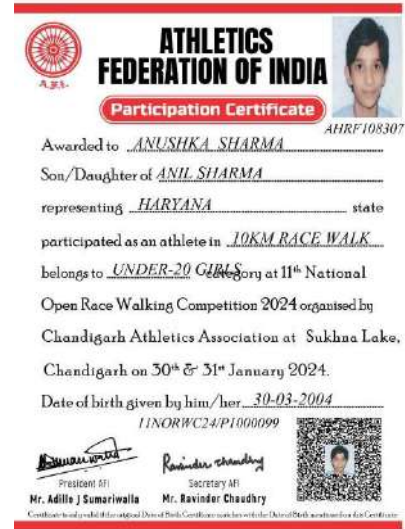
Certificate yet to be received

Event # 138 GIRLS 20Kiln 4kg Hammer Throw					
Final					
1	ANITA, 2526	1525	1710005	JHAJJAR	54.65m
2	LALITA RAM, 2527	1527	2812403	JHAJJAR	44.25m
3	CHIRAT, 2545	1545	1819605	JHAJJAR	44.00m
4	ANJALI, 2528	1528	1519105	CHIRIK DADRI	39.00m
5	MEGHNA, 2529	1529	1519804	PANDEYABAD	34.85m
6	JANNA, 2528	1528	1519805	BHILAI	21.00m
Event # 139 GIRLS 20Kiln 600Gms Javelin Throw					
Final					
1	HIMANSHI, 2546	1546	1819404	ROHTAK	42.85m
2	KALKA, 2530	1530	2812403	KARNAL	41.24m
3	CHIRAT, 2545	1545	1512404	PATTHANADA	40.00m
4	SHREYAL, 2552	1552	2812404	JHAJJAR	35.85m
5	SHARADHA, 2551	1551	1519803	PANDEYABAD	33.99m
6	SHRA, 2547	1547	1519805	JHAJJAR	30.85m
7	PRITI, 2548	1548	1519405	SRISA	30.50m
8	ANJALI, 2545	1545	1512405	ROHTAK	29.25m
9	ANVI, 2544	1544	1519805	CHIRIK DADRI	24.25m
10	PRETI BHAKTI, 2543	1543	2819804	BAHENDRAGARH	18.40m
Event # 140 GIRLS 20Kiln 10000m Race Walk					
Final					
1	RAKSHA, 2538	1538	2811403	BAHENDRAGARH	50:36.20
2	INDU, 2455	1455	1210104	SONPAT	51:32.00
3	SHRIMISTI, 2439	1439	1819804	JHAJJAR	55:11.00
4	POHNA, 2448	1448	1519105	JHAJJAR	1:00:48.15
5	NUSSAN SHARMA, 2435	1435	1519804	JHAJJAR	1:04:30.11
6	NEENA, 2457	1457	1519105	ROHTAK	1:06:30.46
7	ANUSHA SHARMA, 2432	1432	1519804	JHAJJAR	1:06:37.07
8	ANUSHA YADAV, 2434	1434	1519105	JHAJJAR	1:13:17.00
Event # 215 GIRLS 20Kiln Hurdles					
Final					
1	KALPANA, 2534	1534	1519805	BHILAI	40:08 Pts
2	DEVEN KALIA, 2532	1532	1519405	KURUKSHETRA	35:44 Pts
3	SONIKA, 2537	1537	1519804	BHILAI	32:43 Pts
4	KALPANA, 2534	1534	1519804	ROHTAK	25:38 Pts



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- Participated in 11th National Open Race-Walking Championship held at Chandigarh from 30th to 31st January, 2024.



18. Vijya, B.A. (H) History- 3rd yr

- Gold Medal (4x400mtr Relay Race) and Participated (Event: 800 m & 400m) in Delhi University Inter-College Athletics Championship held in Delhi from 28th to 30th November, 2023.
- Participated in 38th Junior National 2023 held in Coimbatore, Tamil Nadu (Event 3000m & 800m) from 7th to 10th Oct, 2023.



UNION OF INDIA ATHLETICS FEDERATION OF INDIA			
38th National Junior Athletics Championships 2023			
Noida Stadium, Coimbatore (Coastal India)			
11/10/23 - 14/10/23			
Event 1: 400m			
Sl. No.	Name	Time	Score
1	ANUSHKA SHARMA	1:00.00	100.00
2	ANUSHKA SHARMA	1:01.00	99.00
3	ANUSHKA SHARMA	1:02.00	98.00
4	ANUSHKA SHARMA	1:03.00	97.00
5	ANUSHKA SHARMA	1:04.00	96.00
6	ANUSHKA SHARMA	1:05.00	95.00
7	ANUSHKA SHARMA	1:06.00	94.00
8	ANUSHKA SHARMA	1:07.00	93.00
9	ANUSHKA SHARMA	1:08.00	92.00
10	ANUSHKA SHARMA	1:09.00	91.00
11	ANUSHKA SHARMA	1:10.00	90.00
12	ANUSHKA SHARMA	1:11.00	89.00
13	ANUSHKA SHARMA	1:12.00	88.00
14	ANUSHKA SHARMA	1:13.00	87.00
15	ANUSHKA SHARMA	1:14.00	86.00
16	ANUSHKA SHARMA	1:15.00	85.00
17	ANUSHKA SHARMA	1:16.00	84.00
18	ANUSHKA SHARMA	1:17.00	83.00
19	ANUSHKA SHARMA	1:18.00	82.00
20	ANUSHKA SHARMA	1:19.00	81.00
21	ANUSHKA SHARMA	1:20.00	80.00
22	ANUSHKA SHARMA	1:21.00	79.00
23	ANUSHKA SHARMA	1:22.00	78.00
24	ANUSHKA SHARMA	1:23.00	77.00
25	ANUSHKA SHARMA	1:24.00	76.00
26	ANUSHKA SHARMA	1:25.00	75.00
27	ANUSHKA SHARMA	1:26.00	74.00
28	ANUSHKA SHARMA	1:27.00	73.00
29	ANUSHKA SHARMA	1:28.00	72.00
30	ANUSHKA SHARMA	1:29.00	71.00
31	ANUSHKA SHARMA	1:30.00	70.00
32	ANUSHKA SHARMA	1:31.00	69.00
33	ANUSHKA SHARMA	1:32.00	68.00
34	ANUSHKA SHARMA	1:33.00	67.00
35	ANUSHKA SHARMA	1:34.00	66.00
36	ANUSHKA SHARMA	1:35.00	65.00
37	ANUSHKA SHARMA	1:36.00	64.00
38	ANUSHKA SHARMA	1:37.00	63.00
39	ANUSHKA SHARMA	1:38.00	62.00
40	ANUSHKA SHARMA	1:39.00	61.00
41	ANUSHKA SHARMA	1:40.00	60.00
42	ANUSHKA SHARMA	1:41.00	59.00
43	ANUSHKA SHARMA	1:42.00	58.00
44	ANUSHKA SHARMA	1:43.00	57.00
45	ANUSHKA SHARMA	1:44.00	56.00
46	ANUSHKA SHARMA	1:45.00	55.00
47	ANUSHKA SHARMA	1:46.00	54.00
48	ANUSHKA SHARMA	1:47.00	53.00
49	ANUSHKA SHARMA	1:48.00	52.00
50	ANUSHKA SHARMA	1:49.00	51.00
51	ANUSHKA SHARMA	1:50.00	50.00
52	ANUSHKA SHARMA	1:51.00	49.00
53	ANUSHKA SHARMA	1:52.00	48.00
54	ANUSHKA SHARMA	1:53.00	47.00
55	ANUSHKA SHARMA	1:54.00	46.00
56	ANUSHKA SHARMA	1:55.00	45.00
57	ANUSHKA SHARMA	1:56.00	44.00
58	ANUSHKA SHARMA	1:57.00	43.00
59	ANUSHKA SHARMA	1:58.00	42.00
60	ANUSHKA SHARMA	1:59.00	41.00
61	ANUSHKA SHARMA	2:00.00	40.00
62	ANUSHKA SHARMA	2:01.00	39.00
63	ANUSHKA SHARMA	2:02.00	38.00
64	ANUSHKA SHARMA	2:03.00	37.00
65	ANUSHKA SHARMA	2:04.00	36.00
66	ANUSHKA SHARMA	2:05.00	35.00
67	ANUSHKA SHARMA	2:06.00	34.00
68	ANUSHKA SHARMA	2:07.00	33.00
69	ANUSHKA SHARMA	2:08.00	32.00
70	ANUSHKA SHARMA	2:09.00	31.00
71	ANUSHKA SHARMA	2:10.00	30.00
72	ANUSHKA SHARMA	2:11.00	29.00
73	ANUSHKA SHARMA	2:12.00	28.00
74	ANUSHKA SHARMA	2:13.00	27.00
75	ANUSHKA SHARMA	2:14.00	26.00
76	ANUSHKA SHARMA	2:15.00	25.00
77	ANUSHKA SHARMA	2:16.00	24.00
78	ANUSHKA SHARMA	2:17.00	23.00
79	ANUSHKA SHARMA	2:18.00	22.00
80	ANUSHKA SHARMA	2:19.00	21.00
81	ANUSHKA SHARMA	2:20.00	20.00
82	ANUSHKA SHARMA	2:21.00	19.00
83	ANUSHKA SHARMA	2:22.00	18.00
84	ANUSHKA SHARMA	2:23.00	17.00
85	ANUSHKA SHARMA	2:24.00	16.00
86	ANUSHKA SHARMA	2:25.00	15.00
87	ANUSHKA SHARMA	2:26.00	14.00
88	ANUSHKA SHARMA	2:27.00	13.00
89	ANUSHKA SHARMA	2:28.00	12.00
90	ANUSHKA SHARMA	2:29.00	11.00
91	ANUSHKA SHARMA	2:30.00	10.00
92	ANUSHKA SHARMA	2:31.00	9.00
93	ANUSHKA SHARMA	2:32.00	8.00
94	ANUSHKA SHARMA	2:33.00	7.00
95	ANUSHKA SHARMA	2:34.00	6.00
96	ANUSHKA SHARMA	2:35.00	5.00
97	ANUSHKA SHARMA	2:36.00	4.00
98	ANUSHKA SHARMA	2:37.00	3.00
99	ANUSHKA SHARMA	2:38.00	2.00
100	ANUSHKA SHARMA	2:39.00	1.00
101	ANUSHKA SHARMA	2:40.00	0.00
102	ANUSHKA SHARMA	2:41.00	0.00
103	ANUSHKA SHARMA	2:42.00	0.00
104	ANUSHKA SHARMA	2:43.00	0.00
105	ANUSHKA SHARMA	2:44.00	0.00
106	ANUSHKA SHARMA	2:45.00	0.00
107	ANUSHKA SHARMA	2:46.00	0.00
108	ANUSHKA SHARMA	2:47.00	0.00
109	ANUSHKA SHARMA	2:48.00	0.00
110	ANUSHKA SHARMA	2:49.00	0.00
111	ANUSHKA SHARMA	2:50.00	0.00
112	ANUSHKA SHARMA	2:51.00	0.00
113	ANUSHKA SHARMA	2:52.00	0.00
114	ANUSHKA SHARMA	2:53.00	0.00
115	ANUSHKA SHARMA	2:54.00	0.00
116	ANUSHKA SHARMA	2:55.00	0.00
117	ANUSHKA SHARMA	2:56.00	0.00
118	ANUSHKA SHARMA	2:57.00	0.00
119	ANUSHKA SHARMA	2:58.00	0.00
120	ANUSHKA SHARMA	2:59.00	0.00
121	ANUSHKA SHARMA	3:00.00	0.00
122	ANUSHKA SHARMA	3:01.00	0.00
123	ANUSHKA SHARMA	3:02.00	0.00
124	ANUSHKA SHARMA	3:03.00	0.00
125	ANUSHKA SHARMA	3:04.00	0.00
126	ANUSHKA SHARMA	3:05.00	0.00
127	ANUSHKA SHARMA	3:06.00	0.00
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Miranda House UNIVERSITY OF DELHI

- Bronze Medal (3000m) & Participated (800m : 4th position) in 34th East Zone Nationals held in Kolkata, West Bengal from 17th to 19th Oct, 2023.

EVENT # 67 WOMEN'S Under 20m 800m Run				
1	ASHOKRAN DARLA	422 WILLIAM BARLA	1801/2006 BHARHAT	2:44.0
2	MUNETA ROY	720 DEBPROY	02/02/2006 WEST BENGAL	2:51.7
3	MUSKAN SINGH	248 SRIVAN KUMAR	03/20/2004 BIHAR	2:45.8
4	PIYUSH KUMAR	542 KIRISHNA CHATURBARY	12/02/2003 ASSAM	2:19.2
5	WIPRA	250 VIKAS KUMAR SINGH	1/17/2009 BIHAR	2:31.8
6	KARISHMA SINGH	687 PANKAJ SINGH	07/08/2005 TRIPURA	3:24.8
	BELOHOM DEVI	518 LALITABHARUNIRASAN	02/01/2004 MANIPUR	DNS
	SUMITA DEGA	812 SAMMITI DEGA	1/22/2005 PUNJAB	DNS
	CHANDRANATH DEBROY	438 PARULITA DEBROY	1/10/2004 BHARHAT	DNS
	RETHIN DEGRACE MAJI	962 RAJYNIRALANDI MAJI	02/06/2005 TRIPURALAYA	DG (FR 17.8)

Prepared by Technical Committee NSRA

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34th East Zone Junior Athletics Championships 2023 SAI Sports Complex, Salt Lake, Kolkata-700091 17-19 October 2023				
EVENT # 68 WOMEN'S Under 20m 1500m Run				
1	SANGHAMITRA BAHATA	428 CHITTARANJAN MAHAJY	12/02/2004 BHARHAT	6:41.4
2	MUSKAN SINGH	248 SRIVAN KUMAR	03/20/2004 BIHAR	6:49.3
3	PIYUSH KUMAR	542 KIRISHNA CHATURBARY	12/02/2003 ASSAM	4:44.8
4	ISANKALIT	878 HUNGGO	09/20/2004 KERALA	8:14.8
5	SUDHA KUMARI	258 ANSHU KUMAR	01/05/2005 BIHAR	6:21.5
6	RIKSHANNA KALYAN	801 KOBALI PERUMAL	01/02/2007 WEST BENGAL	8:49.1
7	ANABHARA DEBNATH	685	08/20/2005 TRIPURA	6:10.5
8	KARISHMA SINGH	687 PANKAJ SINGH	07/08/2005 TRIPURA	7:17.8
	PRAMILA TEGGA	433 TERNA CRACON	08/20/2004 BHARHAT	7:05
	BELOHOM DEVI	518 LALITABHARUNIRASAN	02/01/2004 MANIPUR	DNS
EVENT # 69 WOMEN'S Under 20m 3000m Run				
1	SANGHAMITRA BAHATA	428 CHITTARANJAN MAHAJY	12/02/2004 BHARHAT	1:06.5
2	SUDHA KUMARI	258 ANSHU KUMAR	01/05/2005 BIHAR	1:02.8
3	WIPRA	250 VIKAS KUMAR SINGH	1/17/2009 BIHAR	1:07.9
4	ISANKALIT	878 HUNGGO	09/20/2004 KERALA	1:16.4
5	PIKASHAN LATA SHARMA	802 NIKHIL SHARMA	08/20/2005 PUNJAB	1:20.8
6	ANABHARA DEBNATH	685 CHITTARANJAN DEBPAI	02/06/2004 WEST BENGAL	1:20.1
7	MARLE REKHA SINGH	801 KOBALI PERUMAL	01/02/2007 TRIPURALAYA	1:20.8
8	MANISHA KUMARI	673 ANSHU KUMAR	12/20/2003 BIHAR	1:24.5
9	ANABHARA DEBNATH	685	08/20/2005 TRIPURA	1:25.8
	TONGHAM SHIVPA CHHAI	820 YUSHERAM SINGHACHARY	01/02/2004 MANIPUR	DNS
EVENT # 70 WOMEN'S Under 20m 5000m Run				

- Silver medal (1500m) & Bronze Medal (5000m) in 89th Bihar State Junior and Senior Athletics Meet 2023 held in Patna, Bihar.





Miranda House UNIVERSITY OF DELHI

19. Vidisha Khandelwal, B.A. Program- 3rd yr

- Gold Medal (Long Jump & Triple Jump) and Silver Medal (4x100m Relay Race) in Delhi University Inter College Athletics Tournaments held in Delhi from 28th to 30th November, 2023.

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Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम: **रमेश चर्मा** पिता का पता: **मधु चर्मा**
महाविद्यालय, संकाय/विभाग: **विशाल शर्मा** ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अंतर-महाविद्यालय प्रतियोगिता में, **एथलेटिक्स (Long Jump)** (पुरुष / महिला / मिश्रित)
प्रतियोगिता वर्ष: **2023-2024** में **पुरुष** श्रेणी में भाग लिया।
समय/दूरी: ऊँचाई: **1.73 मीटर**

Certified that Mr./Ms.
Father's Name: **Ramesh Sharma** Mother's Name: **Madhu Sharma**
College/Institute Dept: **Miranda House** has been awarded **Silver** position in the
Inter-College (Game Sports) **Athletics (Long Jump)** (Men/Women/Individual/Team Competition held
during the year **2023-2024**
Time/Distance/Height/Weight Category: **1.73 m**

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Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम: **रमेश चर्मा** पिता का पता: **मधु चर्मा**
महाविद्यालय, संकाय/विभाग: **विशाल शर्मा** ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अंतर-महाविद्यालय प्रतियोगिता में, **एथलेटिक्स (Long Jump)** (पुरुष / महिला / मिश्रित)
प्रतियोगिता वर्ष: **2023-2024** में **पुरुष** श्रेणी में भाग लिया।
समय/दूरी: ऊँचाई: **1.73 मीटर**

Certified that Mr./Ms.
Father's Name: **Ramesh Sharma** Mother's Name: **Madhu Sharma**
College/Institute Dept: **Miranda House** has been awarded **Silver** position in the
Inter-College (Game Sports) **Athletics (Long Jump)** (Men/Women/Individual/Team Competition held
during the year **2023-2024**
Time/Distance/Height/Weight Category: **1.73 m**

20. Aeshwarya Singh Pundeer, B.A. Program- 3rd yr

- Gold Medal (Hammer Throw) in Delhi University Inter College Tournament held at Delhi University from 28th to 30th November, 2023.

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Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम: **अश्विनी सिंह पुंडेर** पिता का पता: **संध्या पुंडेर**
महाविद्यालय, संकाय/विभाग: **विशाल शर्मा** ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अंतर-महाविद्यालय प्रतियोगिता में, **एथलेटिक्स (Hammer Throw)** (पुरुष / महिला / मिश्रित)
प्रतियोगिता वर्ष: **2023-2024** में **पुरुष** श्रेणी में भाग लिया।
समय/दूरी: ऊँचाई: **48.18 मीटर**

Certified that Mr./Ms.
Father's Name: **Ashwini Singh Pundeer** Mother's Name: **Sandhya Pundeer**
College/Institute Dept: **Miranda House** has been awarded **Gold** position in the
Inter-College (Game Sports) **Athletics (Hammer Throw)** (Men/Women/Individual/Team Competition held
during the year **2023-2024**
Time/Distance/Height/Weight Category: **48.18 m**

21. Kanuganti Vyshnavi, B.A. (H) Economics – 3rd yr.

- Gold Medal (4x400mt Relay) in Delhi University Inter College Tournament held at Delhi University from 28th to 30th November, 2023.

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प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम: **कानुगंती श्रीरक्ष कदो** पिता का पता: **कानुगंती विजया**
महाविद्यालय, संकाय/विभाग: **विशाल शर्मा** ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अंतर-महाविद्यालय प्रतियोगिता में, **एथलेटिक्स (4x400m Relay Race)** (पुरुष / महिला / मिश्रित)
प्रतियोगिता वर्ष: **2023-2024** में **पुरुष** श्रेणी में भाग लिया।
समय/दूरी: ऊँचाई: **4:18.13 सेकंड**

Certified that Mr./Ms.
Father's Name: **Kanuganti Srihar Kaddo** Mother's Name: **Kanuganti Vijaya**
College/Institute Dept: **Miranda House** has been awarded **Gold** position in the
Inter-College (Game Sports) **Athletics (4x400m Relay)** (Men/Women/Individual/Team Competition held
during the year **2023-2024**
Time/Distance/Height/Weight Category: **4:18.13 sec**



Miranda House UNIVERSITY OF DELHI

22. Udit Mishra, B.A. (H) Political Science – 2nd yr.

- Gold Medal (4x400mt Relay) & Bronze Medal (Hepthalon) in Delhi University Inter College Tournament held at Delhi University from 28th to 30th November, 2023.



23. Prabhiti Rao, B.A. (H) Geography- 1st yr.

- Gold (4x400m Relay Race); Silver Medal (800 m); Bronze Medal (400m) in Delhi University inter-College Athletics Tournament held from 28th to 30th November, 2023.





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- Gold Medal (800m) & Participation (100m) in 83rd Delhi State Annual Athletic Championship 2023 held at Delhi from 23rd to 26th Sept, 2023.

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प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम अन्तर कुमार राय माता का नाम प्रीति राय
महाविद्यालय, संस्था, दिल्ली विश्वविद्यालय, दिल्ली दिल्ली विश्वविद्यालय
द्वारा आयोजित अन्तर महाविद्यालय प्रतियोगिता में भाग लेने वाले खिलाड़ी का नाम प्रतियोगिता वर्ष 2023-2024 में 800 मीटर का समय 1:01.70 मिनट

Certified that Mr./Ms.
Father's Name Atay Kumar Ray Mother's Name Priyanka Ray
College/Institute/Dept. Miranda House Age Second position in the
Inter College (Game Sports) Athletics 1000 Meters (Mixed Women) Individual/Team Competition held
during the year 2023-2024
Time/Distance/Height/Weight Category 1:01.70 min

2023/24, Regional Education

DELHI ATHLETICS ASSOCIATION
MERIT CERTIFICATE

This is to certify that PRABHITI RAO
Son / Daughter of ATAY KUMAR RAO
Representing NORTH WEST DELHI
Married I do Date 800 m hr
DOB & Birthplace of 2.3.22, SEES
In the age group of U-18 GIRLS
83rd DELHI STATE ANNUAL ATHLETICS CHAMPIONSHIPS 2023
Org. Delhi Athletics Association at Jawahar Lal Nehru Stadium, New Delhi
on 23rd to 26th Sep. 2023
Date of Birth 2.3.22-2.05.05 SEX F
R. Sanyal
R. Sanyal
Secretary, DAA
Secretary, DAA
Certificate is only valid if the original Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate

24. Anushka Choudhary, B.A. Program – 3rd year

- Silver Medal (1500 Mt) and Half-Marathon in Delhi University Inter College Athletics Tournament held at Delhi University on 28th to 30th November, 2023.

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प्रमाणित किया जाता है कि श्री/श्रीमती
पिता का नाम अन्तर सिंह माता का नाम प्रीति राय
महाविद्यालय, संस्था, दिल्ली विश्वविद्यालय, दिल्ली दिल्ली विश्वविद्यालय
द्वारा आयोजित अन्तर महाविद्यालय प्रतियोगिता में भाग लेने वाले खिलाड़ी का नाम प्रतियोगिता वर्ष 2023-2024 में 1500 मीटर का समय 01:40.31 मिनट

Certified that Mr./Ms.
Father's Name Anurag Singh Mother's Name Priyanka Lata Singh
College/Institute/Dept. Miranda House Age Second position in the
Inter College (Game Sports) Athletics Half Marathon (Mixed Women) Individual/Team Competition held
during the year 2023-2024
Time/Distance/Height/Weight Category 01:40.31 min

2023/24, Regional Education



Miranda House UNIVERSITY OF DELHI

- Participated in Rajasthan State Junior Athletics championship 2023 held at Kota, Rajasthan from 8th to 11th Sept, 2023 (Event - 3000 m & 1500m).

25. Aarti, B.A. Program – 2nd yr.

- Silver Medal (4x100mt) & Bronze Medal in (Long Jump) Delhi University Inter College Athletics Tournament held at Delhi University on 28th to 30th November, 2023.





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<p>26. Eera, B.A. Program – 1st yr.</p> <ul style="list-style-type: none">Silver Medal (High Jump) in Delhi University Inter College Athletics Tournament held at Delhi University on 28th to 30th November, 2023.	
<p>27. Ojaswani, B.Sc. (H) Mathematics – 1st yr.</p> <ul style="list-style-type: none">Silver Medal (4x100mt Relay & Hephthalon) in Delhi University Inter College Tournament held at Delhi University from 28th to 30th November, 2023.	



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28. Urvashi Malik, B.A. (H) Political Science – 1st yr.

- Silver Medal (4x100mt Relay) in Delhi University Inter College Tournament held at Delhi University from 28th to 30th November, 2023

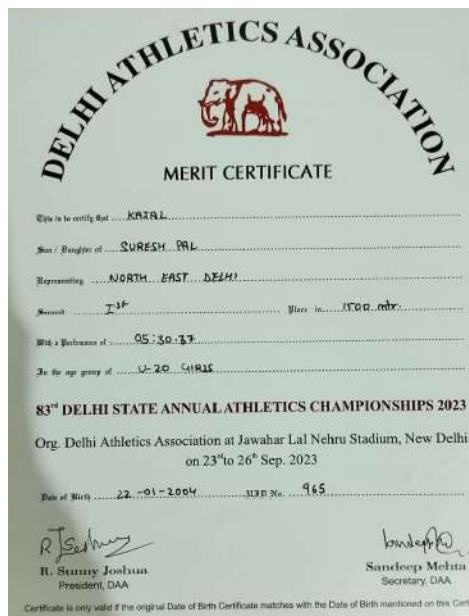


29. Kajal, B.A. Program – 3rd yr

- Bronze Medal in Delhi University Inter College Athletics Tournament held at Delhi University from 28th to 30th November, 2023.



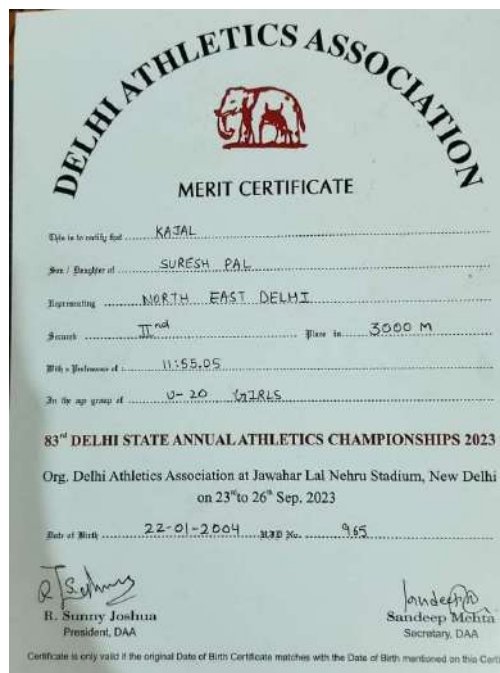
- Gold Medal (1500m) in 83rd Delhi Junior State held at Delhi on 26th September, 2023.





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- Silver Medal (3000m) in 83rd Delhi State at Delhi at Delhi on 24th September, 2023.



30. Chestha Choubey, B.A.(H) Political Science- 2nd yr

- Bronze Medal in (100mt hurdle) in Delhi University Inter College Athletics Tournament held at Delhi University on 28th to 30th November, 2023.



31. Suman Joshi, B.A. (H) History – 1st yr.

- Bronze Medal (5000mt) in Delhi University Inter College Athletics Tournament held at Delhi University from 28th to 30th November, 2023.





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32. Khushi Gulia, B.A. Program – 3rd yr.

- Bronze Medal (10 Km Race) in Delhi University Inter College Athletics Tournament held at Delhi University from 28th to 30th November, 2023



33. Vrinda Garg, B.A. (H) Economics – 3rd yr.

- Participated in All India Inter University Netball Tournament 2024 held in Kerala from 4th to 7th May, 2024.



- Participated in North Zone Basketball Tournament held at MJP Rohilkhand, Bareilly, Uttar Pradesh from 14th to 17th December, 2023.



- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.





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- 1st position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



- Participated in 37th National Games Goa held from 25th Oct to 9th November, 2023.



34. Mariot Thankachan, B.A. Program- 3rd yr.

- Participated in All India Inter University Netball Tournament 2024 held in Kerala from 4th to 7th May, 2024.



- Participated in North Zone Basketball Tournament held at MJP Rohilkhand, Bareilly, Uttar Pradesh from 14th to 17th December, 2023.





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- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.



- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



35. Vaidehi Singh – B.A. (H) Sociology – 3rd yr.

- Participated in All India Inter University Netball Tournament 2024 held in Kerala from 4th to 7th May, 2024.



- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.





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- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



36. Darshi Saini – B.A. (H) History – 3rd yr.

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.



- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



37. Lucky Shekhawat – B.A. (H) Political Science – 2nd yr.

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.





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- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



- 38. Tannu Ahlawat, B.A. (H) English – 3rd yr.**
- Participated in North Zone Basketball Tournament held at MJP Rohilkhand, Bareilly, Uttar Pradesh from 14th to 17th December, 2023.



- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.



- 39. Chahat Solanki – B.A. (H) Political Science – 2nd yr.**

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.





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40. Rishika Kanthali – B.A. Program – 2nd yr.

- Ist position in Delhi University Inter college Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.



41. Jiya Mann – B.Sc. (H) Chemistry – 1st yr.

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.



42. Parnika Srivastava, B.A. (H) Economics – 1 Yr.

- Participated in North Zone Basketball Tournament held at MJP Rohilkhand, Bareilly, Uttar Pradesh from 14th to 17th December, 2023.



- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.





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- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



43. Ruchika Choudhary – B.A. (H) Political Science – 1st yr.

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.
- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



- Participated in 73rd Junior Nationals Basketball Championship 2024 held in Bhubaneswar, Odisha from 4th Feb to 11th February, 2024.





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44. Dikshita – B.A. Program – 1st yr.

- Ist position in Delhi University Inter College Basketball Tournament 2023-24 held in Delhi from 4th to 8th December, 2023.
- Ist position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.



45. Simran Tyagi – B.A. (H) English – 2nd yr.

- Participated in All India Inter University Netball Tournament 2024 held in Cochin, Kerala from 04 May to 07 May 2024.
- Ist position in Delhi University Inter college Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.





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46. Palak, B.A. Program – 1st yr.

- Participated in All India Inter University Netball Tournament 2024 held in Cochin, Kerala from 04 May to 07 May 2024.
- Gold Medal in Delhi University Inter College Netball Tournament held at Delhi University.
- Gold Medal (Team) 41st Senior National Netball Championship 2023 held at Kharkhoda, Haryana from 21st to 24th September, 2023.
- Gold Medal (Team) in 37th National Games GOA 2023 from 26 Oct to 9 November 2023.





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- Gold Medal (Team) in 36th Junior National Netball Championship 2023 held in Madhya Pradesh from 25th to 31st Jan, 2024.



- Gold Medal (Team) in 17th Senior Haryana State Netball 2023 held at Kharkhoda, Haryana from 12th to 14th September, 2023.



- Silver Medal (Team) in 16th Junior Haryana State Netball Championship held at Rohtak, Haryana on 20th and 21st January, 2024



47. Mahima Beniwal, Political Science – 2nd yr.

- I position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.





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- Bronze Medal (Team) in 37th National Games GOA 2023 from 22 Oct to 27th Oct 2023.



- Bronze Medal (Team) in Delhi Olympic Games 2024 held from 8th to 12th February, 2024.



48. Muskan Sharma, B.A. Program – 3rd yr.

- 1st position in Delhi University Inter College Netball Tournament 2023-24 held in Delhi from 1st March to 07th March 2024.





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49. Yashsavi Joshi, B.A. (H) English – 3rd yr.

- Participated (Rank 4) in 66th National Shooting Championship held in Bhopal, Madhya Pradesh from 19th Nov to 9th December, 2023.
- Participated (Rank 7) in 6th Khelo India Youth Games held in Chennai, Tamil Nadu from 19th January to 31st January, 2024.
- Gold Medal in 21st Uttarakhand State Shooting Championship held from 27th July to 2nd August, 2023 in Dehradun, Uttarakhand.





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50. Saanvi Upadhyay, B.A. (H) Political Science-2nd yr.

- Participated in 66th National Shooting Championship 2023 held in Bhopal, Madhya Pradesh from 19th Nov to 9th December, 2023.



- Participated (Rank – 10) in All India Open Shooting competitions 2023 held at Karni Singh Shooting Range, Tughlaqabad from 21st October to 31st October, 2023.





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51. Dhriti Goyal, B.A. Program- 1st yr.

- Participated in 66th National Shooting Championship held in Bhopal, Madhya Pradesh from 15th Nov to 2nd December, 2023.



52. Srishti Saini, B.A (H) Economics – 2nd yr.

- Participated (Individual Rank 19 – 25M Standard Pistol) in 42nd North Zone Shooting Championship 2023 held at Karni Singh Shooting Range, Tughlaqabad from 26th August to 8th September, 2023.





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53. Kashish Jha, B.A. Program – 1st year

- Participated in 2nd Senior National Championship 2023 held in Nashik, Maharashtra from 13th to 15th October, 2023.



54. Manya Jain, B.A. (H) Economics – 3rd yr.

- Silver Medal in Rajasthan State Taekwondo Championship 2023 held from 19th to 21st June, 2023 at Alwar on 12th December, 2023.





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55. Akshita Meena, B.Sc. Physical Science with Computer Science – 1st Yr.

- Participated in North Zone Inter University Hockey Championship held in Punjab from 20 December to 24 December, 2023.





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Part A.2

Awards/medals for outstanding performance in sports organized by the institution/other institutions

Name of the Students	Supporting Documents
<p>Mariot Thankachan Vrinda Garg Vaidehi Singh Darshi Saini Tannu Ahlawat Lucky Shekhawat Chahat Solanki Rishika Kanthali Jiya Mann Parnika Srivastava Ruchika Choudhary Dikshita</p> <p>Ist Position</p> <p>60th Royal Club Basketball Tournament</p>	  



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Mariot Thankachan
Vrinda Garg
Vaidehi Singh
Darshi Saini
Varsha Kushi
Lucky Shekhawat
Chahat Solanki
Jiya Mann
Parnika Srivastava
Ruchika Choudhary

Ist Position

XXV New Delhi YMCA Inter College
Basketball Tournament





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Kushi Saxena – B.A. Program – 2nd yr.

Dr. Bharat Ram Sports Meet 2024, Annual Sports Meet of Lady Shri Ram College for Women

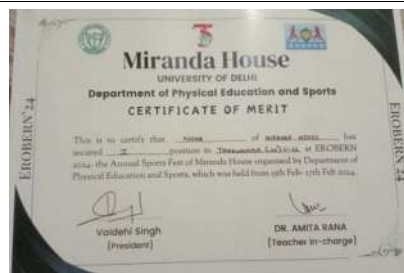
I Postion in Air Rifle (W)



Kanishka Mathpal – Ist Position
Kusha – Ist Position
Akshita – Ist Position
Payal – Ist Position
Priya – Ist Position
Kajal Choudhary – IInd Position
Kashish – IInd Position
Kashish Joon – IIIrd Position

Taekwondo

Erobern – Annual Sports Fest of Mirnada House held in the college from 15th to 17th February, 2024.





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<p>Vrinda Garg Tannu Ahlawat Parnika Srivastava Dikshita</p> <p>Ist Position – Basketball (3x3)</p> <p>Erobern – Annual Sports Fest of Miranda House held in the college from 15th to 17th February, 2024.</p>	 
<p>Vaidehi Singh Mariot Thankachan Darshi Saini Vrinda Garg Muskan Sharma Lucky Shekhawat Mahima Beniwal Simran Tyagi Parnika Srivastava Palak Shuchi</p> <p>Ist Position – Netball</p> <p>Erobern – Annual Sports Fest of Miranda House held in the college from 15th to 17th February, 2024.</p>	 



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<p>Devanshi Mahajan Anushka Aggarwal</p> <p>Ist Position – Rhythmic Yoga</p> <p>Erobern – Annual Sports Fest of Miranda House held in the college from 15th to 17th February, 2024.</p>	 



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<p>Mishti Mehra</p> <p>Ist Position – Rhythmic Yoga</p> <p>Dr. Bharat Ram Sports Meet 2024, Annual Sports Meet of Lady Shri Ram College for Women</p>	
<p>Devanshi Mahajan</p> <p>Ist Position – Traditional Yoga</p> <p>State Yoga & Sports Association (Delhi) held at Pitampur, Delhi on 27 April, 2024.</p>	
<p>Anushka Aggarwal</p> <p>Ist Position – Rhythmic Yoga</p> <p>Lehren '24 - Annual Inter College Cultural Festival of Kalindi College, University of Delhi</p>	