

Annual Sports Report 2019-20

The Department of Physical Education and Sports marks itself as one amongst the most efficacious Departments of Miranda House. It strives to excel at all levels and bring laurels to the college. It is promoting sports at par with regular academics. A sport is a mean for overall personality development and Physical fitness is an empowering attribute and a key element for a healthy life. Hence to promote the cause of sports, in addition to nurturing the talent of acclaimed sportswomen, the department strives to reach out to each member of the Miranda community, through specially designed activities and events for the teachers, students and non-teaching staff.

The department has evolved into a team, which is committed to producing sportswomen of high standards. Sports & Games activities in the college were very much active and alive during the year 2019-2020. With the beginning of the session, the tussle of performing the best started within the teams. The year started in the lush green monsoon-perched fields of Miranda House with all teams participating hard. The session began with Fresher's Cross Country race on 9th August 2019, witnessing mass participation by 1st year students with enthusiasm and zeal towards fitness and sports. This was followed by beginning of coaching sessions of Archery, Athletics, Basketball, Chess, Shooting, Taekwondo, Table Tennis and Tennis.

This year witnessed the grand launch of 'Fit India Movement' by Honorable Prime Minister Mr. Narendra Modi on National Sports Day i.e. 29th August 2019. To carry forward this spirit, department organized various events. On the day of launch the department organized a walkathon in the campus in which the students of Miranda House enthusiastically participated. One week of Therapeutic Yoga sessions were organized for the Faculty of Miranda House. Two months of Yoga Sessions and Aerobic Sessions were organized for the students of the college in the month of October and November. These events witnessed the mass participation by the students of the college.

Erobern, the Annual Sports Fest of Miranda House, was successfully organized for the eighth consecutive year from 11th to 13th February 2020. Total seven sports viz. Aerobics (W), Archery (W), Chess (M&W), Netball (W), Rhythmic Yoga (W), Taekwondo (M & W) and Tennis (W) were organized. Vibrant participation of sports teams across the university in all the seven events had made it a grand success. Throw Ball and Relay Race were organized for the general students of Miranda house. Shot Put, Pop Up race and 50 mts race were organized for the especially abled students of Miranda House.

Miranda House sportswomen continued to excel in almost all disciplines of sports. Our player's performance were outstanding this year at International, National, All India/ North Zone Inter University, Inter College and other State level tournaments in Athletics, Archery, Basketball, Chess, Netball, Shooting, Table Tennis, Taekwondo, and Tennis.

Our students remained on the winning spree also in the open tournaments and college invitational tournaments organized. Our Tennis team players won gold and silver medals in mixed doubles in 10th Indraprastha Invitational Badminton and Tennis Tournament organized by Indraprastha College for Women. Our archery team member won 1 gold medal in Delhi gold cup -2019 (Archery) organized by Delhi Archery Club and A.K. Archery Solution Pvt. Ltd. In Youth Sports Fest of SRCC Chess team won silver medal, athletics team won 2 gold medals, 1 silver medal and 2 bronze medals. In Erobern 2020

In Delhi State Athletics Meet- 2019 the team won 4 silver and 3 bronze medals and in Junior Delhi State Athletics Meet- 2019 the team won 2 gold, 3 silver and 1 bronze medals.

Our students also participated and secured positions at International, National and Inter University level. The details are as follows:

Prachi, B.A. Program-II

- Participated in 11th Asian Netball Championship Held at Japan.
- Participated in All India Intersarsity Netball Championship held at Annamalai University, Chidambaram, Tamil Nadu
- I Position in 37th Senior National Championship held at Bangalore.

Sweta Priyadarshini, B.A. (H)- Pol. Sc.- III

- I Position in North Zone Intersarsity Chess Championship held at Mohali, Chandigarh
- Participated in All India Intersarsity Chess Championship to be held at Bhuwneshwar, Odisha

Medha Chauhan, B.Sc. (H)- Maths-I

- I Position in North Zone Intersarsity Chess Championship held at Mohali, Chandigarh
- Selected for All India Intersarsity Chess Championship to be held at Bhuwneshwar, Odisha

Adrija Biswas, B.A. (H)- Geography- I

- IV Position in All India Intersarsity Tennis Championship held at Gwalior , Madhya Pradesh
- I Position in North Zone Intersarsity Tennis Championship held at Murthal, Haryana
- Participated in FENESTA Nationals held at Delhi.
- Participated in AITA- 1 Lac held at Bahadurgarh
- Participated in AITA- 1 Lac held at Jaipur

Simar, B.A. P- II

- Participated in All India Intersarsity Archery Championship held at Bhuwneshwar, Odisha

Chhaya, B.A. (H)- Sociology-I

- Participated in All India Intersarsity Archery Championship held at Bhuwneshwar, Odisha

Pooja, B.A. P- II

- IV Position in All India Intersarsity Athletics Championship (21 km) held at Manglore.
- Selected for Khelo India Athletic Meet (21 Km) to be held at Bhuwneshwar, Odisha

Neetu, B.A. P- II

- Participated in All India Intersarsity Netball Championship held at Annamalai University, Chidambaram, Tamil Nadu

Agrima Rawat, B.A. (H.)- English-II

- Participated in All India Intersarsity Netball Championship held at Annamalai University, Chidambaram, Tamil Nadu

Ekagrata Vats , B.Sc. (H)- Zoology-I

- Participated in All India Intersarsity Netball Championship held at Annamalai University, Chidambaram, Tamil Nadu

- Participated in Centre Zone Netball Championship held at Durgbhilai, Chhatisgarh.

Vyakhya, B.A. (H.)- Music

- III Position in North Zone Athletic Championship (HJ) held at Sangrur, Punjab

Vinita, B.A. (H)- History- I

- Participated in Junior Athletics North Zone Championship (800mts.) held at Sangrur, Punjab

Neema, B.A. (H)- Hindi- I

- Participated in National Reliance Foundation Youth Sports Athletics Meet held at Mumbai, Maharashtra

Neeru, B.A. P- III

- Participated in FENESTA Nationals held at Delhi.

Ankita Hoon, B.A. (H)- Pol. Sc.- III

- Participated in AITA- 1 Lac held at Chandigarh

Prarthana Dwivedi , B.A. P- II

- Participated in AITA- 1 Lac held at Chandigarh

Chhavi Singh, B.A. (H)- Pol. Sc.- II

- III Position in UTT National Ranking Table Tennis Tournament held at Sonapat, Haryana

Shilpa Jaglan, B.A. P- I

- Participated in 7th Junior National Basketball Championship held at Patna, Bihar

Shweta Kakkar, B.A. P- III

- Participated in 63rd National Shooting Championship Competition held at Bhopal, MP

Sumedha, B.Sc. (H)- Zoology-III

- Participated in 63rd National Shooting Championship Competition held at Bhopal, MP

Sumita, B.A. P- III

- Participated in 63rd National Shooting Championship Competition held at Bhopal, MP

Mumal Vaishnav, B.A. (H)- Geography- II

- Participated in 63rd National Shooting Championship Competition held at Bhopal, MP

Visheshta Singh, B.A. P- II

- Selected in Indian Skating team for RGOI Rural Games Indo- Thailand Rollar Skating International Championship 2020 to be held at Thailand.
- Asia Book of Records along with 7 other Records of 96 hours Skating Marathon to promote Indian games and support the mission “Ek Bharat Shreshtha Bharat” at Belgaum, Karnataka
- Guinness Book of World Record entitled as Longest Conga Line of Saktis 48 hours at Belgaum, Karnataka

- 1 Gold medal and 2 Silver medals in Nationals Roller Skating Championship organized by Rural Games Organization of India held at Belgaum, Karnataka
- Selected for International Roller Skating Championship going to be held at Thailand.
- 3 Gold Medals in State Level Skating Championship organized by Rural Games Organization of India held at Satna, Madhya Pradesh
- Participated in Nationals Skating Championship held at Belgaum, Karnataka

The Netball team secured first position consecutively for fourth year in the Delhi University Inter College Netball Championship 2019-20. The team members were:

Khushboo Chauhan	M.Sc. (H.)- Physics
Priya Khokhar	B.A. P- III
Renu	B.A. P- III
Prachi Wadhawan	B.A. (H)- Economics-III
Kajol Singh	B.A. (H)- Economics-III
Neetu	B.A. P- II
Prachi	B.A. P- II
Agrima Rawat	B.A. (H)- English- II
Ekagrata Vats	B.Sc. (H.)-Zoology-I
Manvi Tiwari	B.A. (H)- Economics-I
Kinzong Doma Butia	B.A. (H)- Geography- I
Priyanka Gupta	B.A. P- I

The Archery team (Compound) secured First position in the Delhi University Inter College Archery Championship 2019-20. The team members were:

Simar	B. A. Prog. II
Chhaya Sharma	B. A. (H) Sociology III
Runa	B. A. (H) Hindi- I
Akanksha Bhardwaj	B. A. Prog. I

The Taekwondo team had continued their winning spree for the seventh consecutive year by becoming the Winner's in the Delhi University Inter College Taekwondo Championship 2019-20 with 4 Gold medals and 3 Silver medals. The team members were:

Deepika Chaudhary	B.Sc. (H.) Mathematics III
Parul	B.Sc. (H.) Zoology II
Akshita Saini	B.Sc. (H.) Mathematics III
Khemarun Yumnam	B. A. Prog. III
Rubal Grover	B. A. (H) English II
Reetika	B.Sc. (H.) Chemistry I
Muskan Maheshwari	B.Sc. (H.) Life Science I

The Tennis team secured Second position in the Delhi University Inter College Tennis Championship 2019-20. The team members were:

Neeru	B. A. Prog. III
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Ankita Hoon
Jahnvi Saini
Adrija Biswas

B. A. (H) Pol. Science III
B. A. (H) Pol. Science II
B. A. (H) Geography I

The Chess team secured Second position in the Delhi University Inter College Tennis Championship 2019-20. The team members were:

Smriti
Sweta Priyadarshini
Akriti Mishra
Richa
Medha Chauhan
Chahat Kaushal

M.Sc. (H)- Chemistry II
B. A. (H) Pol. Science III
B.Sc. (H)- Maths III
B. A. (H) Geography III
B.Sc. (H)- Maths I
B.Sc. (H)- Botany-I

The Shooting team secured Second position (Rifle) in Inter College Shooting Championship 2019-20. The team members were:

Shweta Kakkar
Sumedha
Mumal Vaishnav
Diksha Yadav

B. A. Prog. III
B.Sc. (H)- Zoology III
B.A. (H.) Geography II
B. A. Prog. III

The Basketball team secured Third position in the Delhi University Inter College Tennis Championship 2019-20. The team members were:

Priya Khokhar
Aruni Singh
Agrima Rawat
Titixa
Cheshta
Manvi Tiwari
Shilpa Jaglan
Kinzong Doma
Shrishti Sharma
Priyanka Gupta
Pritika Godara

B.A. P- III
B.A. (H)- History-II
B.A. (H)- English- II
B.A. (H)- Geography- II
B.A. P- I
B.A. (H)- Economics-I
B.A. P- I
B.A. (H)- Geography- I
B.A. (H)- History-I
B.A. P- I
B.A. (H)- Sociology-I

The Athletics team participated in the 96th Delhi University Inter College Athletics Meet 2019-20 and won 2 Gold medals and 3 Bronze medals. The team members were:

Pooja
Vyakhya
Neema
Sofia Bhardwaj

B. A. Prog. II
B. A. (H) Music II
B.A. (H.) Hindi -I
B. A. Prog. I

