



MIRANDA HOUSE

University of Delhi

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS



PRESENTS



Certificate Course In

Foundation Of Yog.

From 18 September, 2023

Duration Of Course- Four Weeks

Time - 7:00-8:30 a.m.

Credit Hours- 36 Hours

Classes- Monday- Saturday

**OFFLINE REGISTRATIONS ON FIRST COME FIRST
SERVE BASIS ONLY**

REGISTRATION BEGINS: 11 September , 2023

**LAST DATE FOR REGISTRATION: 15 SEPT
2023, 12 NOON**

Dr. (Prof.) Bijayalakshmi Nanda (PRINCIPAL)

Dr. Amita Rana (Teacher-in-Charge)

Dr. Neeru Yadav (Assistant Professor)

For any queries contact -

Vaidehi Singh - 95019 69164

(President, Sports Union)

[Brochure](#)