



MIRANDA HOUSE
University of Delhi
Department of Physical Education,
NSS & NCC

on the occasion of

International Yoga Day

jointly brings to you

- Therapeutic Yoga Session
- Webinar on 'Overcoming dualities of body and mind through Yoga'
- Online Poster Making Competition on 'Finding Balance Through Yoga'

Date: 21st June, 2021

**Dr. Bijayalaxmi
Nanda**
(Principal,
Miranda House)

Co-ordinators:

Dr. Amita Rana (Convenor, Sports)
CTO Dr. Archana Khushwaha (Convenor, NCC)
Dr. Rekha Kumari (Programme Officer, NSS)
Dr. Neeru Yadav (Assistant Professor, Sports)

A chance for all to make their souls happy. Be Yoga ready.

For Queries contact:

Nandini Sharma : +91 9680147321
(President, Sports Union)

Cheshta Agarwal: +91 9352569631
(Vice-President, Sports Union)

Nidhi Shill: +91 98705 23279
(SERGEANT, NCC)

Amita Singh : +91 7905979143
(President, NSS)