



MIRANDA HOUSE
UNIVERSITY OF DELHI
DEPARTMENT OF PHYSICAL EDUCATION,
NSS & NCC

On the occasion of
International Yoga Day

Jointly brings to you

A Therapeutic Yoga Session
with Ms. Neeva Singh



Ms. Neeva Singh
Yoga and Fitness Expert,
Senior girl cadet instructor,
Ministry of Defence

Date: 21 June 2021
Time: 08:30-09:30 am
Via: Zoom

Dr. Bijayalaxmi
Nanda
(Principal,
Miranda House)

Co-ordinators:

Dr. Amita Rana (Convenor, Sports)
CTO Dr. Archana Khushwaha (Convenor, NCC)
Dr. Rekha Kumari (Programme Officer, NSS)
Dr. Neeru Yadav (Assistant Professor, Sports)

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